



# WHY NOT JOIN HAMILTON'S AND FURTHER YOUR RUGBY CAREER!









# Contents

Principal's message	2
A challenging future?	4
The Bishops' Sevens connection	12
1st XV review	16
1st XV results	24
2nd XV (Whites)	26
3rd XV (Stripes)	28
4th XV (Wild Boys)	30
5th XV (#Wives)	32
6th XV	34
7th XV	35
Under 16 teams	36
Under 15 teams	40
Under 14 teams	44
VUSA update	48
Preparing future stars	50
Skeeles 7s	52
The state of junior rugby	54
Whistle blowers	56
A lifetime dedicated to Bishops	58
Triumphant 50th at Villager 7s	60
Culture: getting the process right	62
ODs and rugby	64
Rugby on the Emerald Isle	66
Of rubber ducks and dubbined balls	70



Published by Editor

TFWcc & Assoc

Duncan Cruickshank (OD 1985G)

Advertising & Sales Tessa Fenton-Wells

Reg Hands (OD 1968F) Natheema Israel

Concept & Design Catherine Coetzer

Photographs

Carl Fourie

Petri Oeschger Shaun Roy Gallo Images Steven Riches

Printing

Creda Communications

# Principal's message



"OF ALL SPORTS though, Bishops has ever been fond of the football game played by them before any others adopted it in South Africa": from Paul Dobson's History of Rugby at Bishops.

Bishops has a long and proud rugby heritage and has always adopted a distinctive style of play, emphasising the running game. While the modern laws of rugby and improved defensive strategies have made it difficult to play the beautiful running game that we have always aspired to; we still favour a skillful 15-man approach.

Bishops has enjoyed a very successful 2018 season with our 1st XV leading the way. The future holds a great deal of promise with some excellent junior teams and much to look forward to; not least an overseas tour to Ireland next year, which has created a great deal of excitement.

Rugby is a special game; it caters for all boys, whatever their shape, size, skill or speed. There is place for the "fatty or thinny, the tall or the short, the fast or the slow". It fosters and engenders a wonderful sense of

camaraderie and spirit. It is a multi-faceted game which, if played properly, develops all-round skills.

I would like to thank everyone involved in the support of the Bishops rugby brand. All funds raised are used to develop coaching skills and to provide specialised equipment, which will allow us to offer top level coaching and conditioning of our boys.

Guy Pearson PRINCIPAL

# Internationalise

yourself, your wealth and your business

アナイナ

Private and corporate forex
Offshore investments
Dual citizenship applications
UK and Australian immigration
Cross-border financial planning
International business expansion

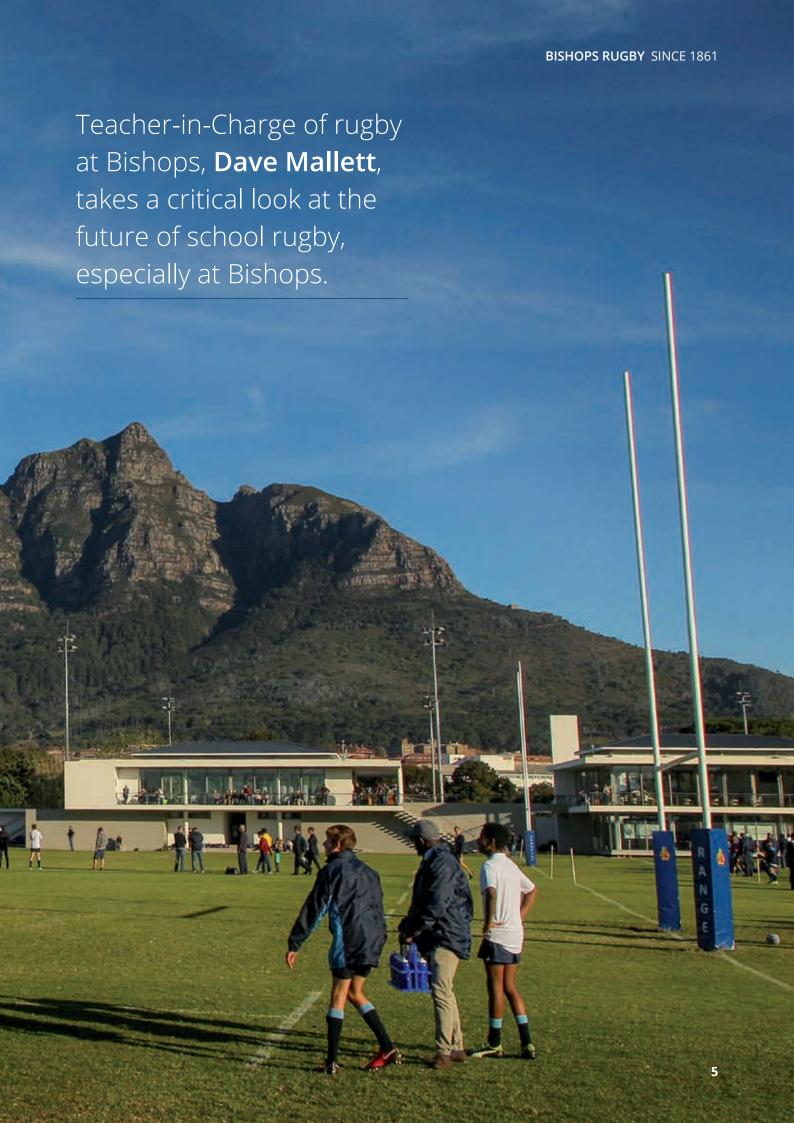
Call us to find out how we can help you.

Cape Town | Durban | Johannesburg | London | Melbourne











### THE WESTERN PROVINCE

Premier A League is arguably the most gruelling schoolboy rugby competition in the world.

Nowhere will you find a schedule as relentless as this – with local derbies (Rondebosch, SACS, Wynberg) regarded as "easier" fixtures, compared to facing four 'N1 opponents' (Paarl Gym, Paarl Boys, Paul Roos and Landbou) who are all ranked in the top 10 in the country. Let me say, however, that we're proud to participate in this league –

following in the footsteps of decades of Bishops teams before us. But what are the challenges we face, trying to remain competitive and relevant in this cauldron of a competition?

There are any number of factors that could be mentioned here (many of which I've listed before in a previous Platinum Blue article: *Quo Vadis Bishops Rugby?*), but for the purpose of this 2018 edition, I've identified three key areas that need to be addressed:

- 1. Grade 8 intake
- 2. Concussion concerns
- 3. The importance of team sports

#### Grade 8 intake

I should reiterate this at the outset – I believe that Bishops should strive to be a competitive and relevant participant in the Premier A League. Competitive across all age groups and relevant in the style of rugby we play. At present, there is no doubt that we are more than



Above: With dwindling numbers of boys playing rugby, could well-attended derbies against traditional rivals be a thing of the past?

holding our own against our local rivals in the southern suburbs – but the same cannot be said of our record against the 'Boland' schools. A sobering statistic is that in our four matches against Paul Roos, Paarl Boys, Paarl Gym and Landbou this year, Bishops won seven out of 66 games! Having said that, I do not believe that we should be

seeking to become a "Rugby School" like some of these rivals, chasing national rankings. That never has and never will be the ethos of the Diocesan College. However, if we are to keep our heads above water, it is critical that we benefit from a natural intake of rugby talent from our feeder schools. Bishops Prep, quite obviously, sits at the top of that list and the College needs to

concussions than any other school in the WP Premier A
League. Are our boys more vulnerable than others to the physical impact of this contact sport, or could there be another reason for these skewed statistics? Bishops is one of only three Premier A schools that runs a concussion programme from school – but when we look at the trends over the past couple

"This year, for the first time in 30 years, Bishops has struggled to put out three U14 teams each Saturday."

work as closely as possible with our colleagues down at Fir Road to facilitate this process. Wet Pups (Western Province Prep School) is our other major feeder – but that, clearly, is less of a 'controllable' for us. It is a well-known fact that most of the "successful" age groups in the past were a combination of strong Wet Pups and Bishops Prep teams coming through to the College.

If, for whatever reason, rugby loses momentum in our two feeder schools, then I believe that Bishops would need to be a little more flexible in our admissions policy, insofar as the applications we receive from talented players in other schools. We do not want, nor can we afford, to embark on the exorbitant recruitment drives of some of our state school rivals – but that is exactly what we would be faced with, in order to survive.

#### Concussion concerns

Anecdotal evidence suggests that Bishops suffers more

of years, it is interesting to note the curious spike in concussions during the exam periods and in the weeks before fixtures against the Paarl schools! As coaches, we joke about the so-called "N1 Fever" that lays low our lads before these fixtures - but what is no laughing matter, is the concern that boys seem to be capable of manipulating their baseline tests in order to miss exams and/or matches against these Paarl opponents. If Bishops is to remain with the Impact programme, run internally through our BSU (Bishops Support Unit), then far tighter control of the baseline testing needs to take place.

The "cry wolf" scenario that seems to have crept in could have disastrous consequences.

# The importance of team sports

This year, for the first time in 30 years (according to our veteran U14 coach, Phil Court!), Bishops has struggled to put out three U14 teams each Saturday. While injuries have certainly

contributed to this dire state of affairs, we picked up an alarming statistic at the beginning of the winter season. No fewer than 50 Grade 8s (out of a possible 165) signed up to play squash. Signing up for squash, in itself, is no crime (I'm an enthusiastic social player myself), but what is troubling, is that these lads were looking to play only squash and nothing else. The ethos at Bishops has always been that individual sports like squash are played in addition to a team sport - be it rugby or hockey, cricket or waterpolo.

If Bishops wants to continue playing in the WP Premier A League, then it is incumbent on us to enter at least three teams in each of the U14, U15 and U16 age groups and five teams in the U19

division. Failure to do so, will see us looking forward to derby encounters against the likes of Reddam and Westerford.

Perish the thought – Piley Rees would be doing multiple somersaults in his grave...!

In a recent article he wrote on the subject, Nick Mallett gives an interesting perspective on both individual and team sports:

"The wonder of sport is that it gives all personality types an avenue to compete.

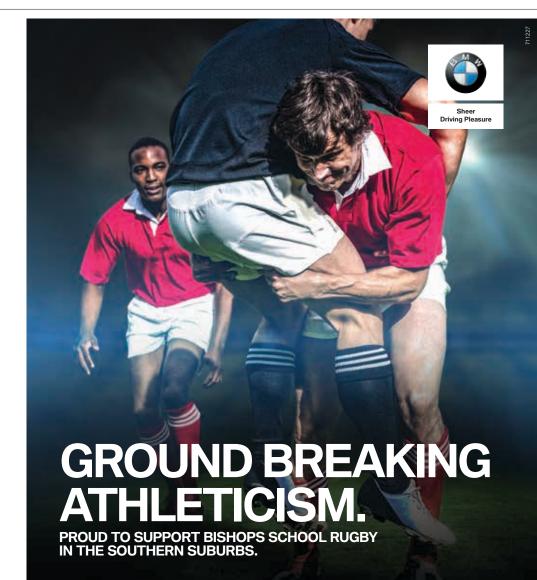
I am fascinated by the character traits that are required for success in individual sports, such as athletics, golf, swimming, boxing, tennis and squash as opposed to the character traits that are required for team sports, such as football, rugby, basketball, hockey and cricket.

I imagine that a person who chooses an individual sport is one who is motivated primarily by personal achievement. To be successful in an individual sport, you would need intense focus, dedication to hours of practice and training in order to shave off a few hundreds of a second from your personal best, or to serve or drive a ball more accurately. Your motivation is self driven and requires immense mental strength. The satisfaction of achieving personal 'bests' is what presumably drives you. You suffer failure and celebrate success alone. You are not dependent on anyone else and this can be a positive as well as a negative. Strong self-belief is essential as you have no-one to blame for failure but yourself.

In a team sport, the focus is

The Southern Suburbs have a proud rugby heritage and it is no surprise that many of our national sport stars honed their skills on fields in our area. We want this legacy to continue into the future, which is why the community can always count on Auric Auto to support school rugby.

Auric Auto. The dealership that's as committed to your journey as you are.



Auric Auto

215 Main Road, Claremont Tel. 021 670 1100 www.bmw-auricauto.co.za



completely different. Success or failure depends not so much on your individual performance, but far more on the team's performance. The ability to motivate each other is far more important than the ability to

motivate oneself. Unselfishness, tolerance of our individual differences and a searching for commonality are the requirements for creating a team culture. Under duress, the team culture will contribute to a team's success or

Left: Former Springbok coach Nick Mallet, now a rugby pundit for SuperSport, coached the Barbarians in 2009 and SA Barbarians in 2013.

failure. Team players, in most instances, place the importance of not letting their team-mates down, well above their own, personal success. Many team players perform poorly in individual competitions, but really well in team competitions. Their motivation lies in helping the team perform and not only in how they perform. Team players win for each other and not just for themselves."

The aforementioned challenges to our survival in the Premier A League are not intended to give a pessimistic outlook on the future of Bishops'





A challenge becomes an achievement when you partner with Marsh.

Marsh are proud of our long-standing association with Bishops.



rugby - far from it. Much has been done this year to create a positive culture in the sport. If an email I received recently from Andrew Campbell (OD and 1st XV captain: 1982) is anything to go by, then our 1st XV has set a very good example for other teams to follow:

#### Dave

I almost wrote you a note last week about how impressed I have been with the attitude, commitment, and results of the 2018 First XV. After yesterday's game, and its disappointment, and ahead of their final game against Rondebosch, I decided it's important that they and the coaching staff know that they continue to impress us old players.

At the start of every rugby

season there is interest in who will be in the team, who are the players to watch, and whether we can beat our rivals. Sometimes stars deliver, players for the future emerge, and optimistic projections are fulfilled. Other years teams don't deliver and things fall apart - usually because "stars" have attitude that isn't earned. Most often the team is judged almost entirely on key results, try scorers, Craven Week players, etcetera - and, irritatingly. on whether we run the ball from anywhere, attempt miracle offloads and win the try count.

However, as an ex-Bishops 1st XV player and captain who played in a team of underrated players in my Grade 11 year and a team of highly rated players in my matric year, I watch each year with interest, focusing on their

teamwork, defence, situational decision making, and playing in a way that makes old players proud of the new generation. This team has been very impressive on these criteria, and all the ex-players I speak to rate them highly. All of them!

This season has seen a great variation in tactics, outstanding pick-and-go technique, hunger to get up in defence, typical Bishops long-range tries, and great results with the northern suburbs teams re-learning respect for Bishops rugby. You've played Bishops running rugby, but intelligently. However, most importantly almost everyone mentions the team culture.

To you, Wes Chetty, your coaching staff, captain JJ Muller, and the team – well done on how



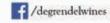


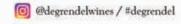
### Taste De Grendel wines in a setting that Table Mountain smiles upon

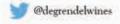
Nestled atop the Tygerberg Hill, just 20 minutes from Cape Town, one of Cape Town's oldest wine farms, De Grendel has a magnificent centuries-old history within the Graaff Family. Perfectly situated on high, sea-facing slopes overlooking unmatched vistas of Cape Town, De Grendel showcases Table Mountain, the city and the seaboard all in one landscape.

Indulge in a gastronomical sensation by visiting our restaurant. Enjoy our contemporary Cape Town cuisine, designed to complement our range of De Grendel wines. We use classic locally sourced ingredients and serve in creative flavour combinations with an inventive, modern edge.

We also have a beautiful Tasting Lounge area set exclusviely for wine tasting to truly include in the De Grendel experience. You can purchase De Grendel Wines direct from the Tasting Room, Restaurant, online shop at www.degrendel.co.za or if you are a De Grendel Loyalty Club member directly from our Loyalty Club Manager by email to club@degrendel.co.za









you've developed and delivered as a team this year. You've taken nothing for granted, put in the work, and have demonstrated a great team culture – something which is easier to aim for than to achieve.

Congratulations to all.



Right: Alex Castle, who played 18 games in the front row for the 1st VX in 2018, on the charge against SACS, with Bingo Ivanisevic in support.





Since 1990, Private Client Holdings has been assisting families define and implement strategies for managing their wealth. We take on the tasks associated with a traditional family office including; investment and portfolio management, tax and administrative services, estate and succession planning – ensuring your families wealth successfully grows from generation to generation.

Tel: +27 21 671 1220 . info@privateclient.co.za . www.privateclient.co.za







# Bishops' Sevens connection

### By Howard Kahn

### A HIGHLIGHTS REEL - entitled,

"The best schoolboy highlights you'll ever see!" – has been doing the rounds on social media recently – and has been racking up view after view.

It's packed with incredible skills and some scintillating Bishops Rugby tries, a couple of which were finished off by Mathew Turner.

Turner, who matriculated from Bishops in 2006, scored a staggering 35 tries during his final year of school; his pace, footwork and deceptive strength proving too much for schoolboy defenders across the country.

While Turner went on to thrill friend and foe alike in the 2008 Varsity Cup, in his first taste of senior rugby, he would go on to hit his straps at an even higher level when he moved to England and represented his adopted country in 34 Sevens World Series tournaments – scoring 92 tries from 2009 to 2013.

"I kind of got into Sevens by accident," admits Turner, "I was selected for an SA Universities Sevens team in 2008 (in Corboda, Spain) which we ended up winning.

"The physiotherapist in the England (Universities') team was a South African by the name of Brett Davison and he found out that I had a British passport... the next thing you know I was in England on a dual contract with Bristol and England Sevens and there was no looking back."

at schools level in South Africa," says Turner.

"I could list every single pro and just one or two cons, but the fact is that Sevens puts your skills under pressure and teaches you how to utilise space better. After all, it's also an Olympic sport (now), so I think it could

### "...one of his highlights no doubt being a World Sevens Player of the Year nomination in 2012"

Given what Mat achieved during his international rugby career, one of his highlights no doubt being a World Sevens Player of the Year nomination in 2012, his recollection of the abbreviated version of the game during his schooldays is, surprisingly, rather hazy.

He did play for Bishops in the Villager Sevens in his Grade 11 year in 2005, but he does not even remember how the team fared. (For the record, Bishops won the title that year.) In 2006, however, he remembers being part of a winning unit.

"I think Sevens could be a great addition as a summer sport

add real value as a summer sport back home."

Having moved away from the England Sevens set-up in 2013, Mat has spent a bit of time playing and coaching around the world since then. One of his initial assignments took him to Sri Lanka where he coached their national Sevens team, while he is currently the player-coach at the Seattle Seahawks in America's all-new Major League Rugby (MLR) – his team winning the inaugural title this past season.

He says: "Seattle is home now – I have committed to making the Seattle Seawolves one of the

powerhouses of the MLR and to continue to grow the game here in the States from grassroots up through a company called Atavus.

"The MLR is a start-up league/ company, so there's a lot of areas that need to be improved and will be improved for next season.

"All the conversations are very positive, however, with two more teams – New York and Ontario – joining the league. New York signed former England player Ben Foden and Ontario is the first franchise in Canada – all of which only adds to the excitement and potential of professional rugby here."

But even in between all his travelling, Mat still finds time to give back to Bishops and, as luck may have it, one such involvement coincided with the 2017 Villager Schools Sevens tournament.

Former Ikey Tigers and Varsity Cup teammate Wes Chetty got Mat involved in the build-up to last year's event at Villager and his intervention might just have played a small but significant role in the team's title-winning efforts.

"I just installed a really basic gameplan and tried to get all the players to pick up each other's attacking and defensive traits," explains Mat.

"The simple points for attack were: respect the ball, move the ball and don't hesitate. The defensive points were: stay connected, communicate and pick your breakdown battles."

Crucially, however, one bit of advice from Turner could easily have been traced back to his own playing days at school. "The main thing I told them was just to





Left: James Murphy made his début for the Blitzbokke at the 2018 Hong Kong Sevens, where the SA team placed third.

have fun. It was one of the last opportunities for some of them to play together... so I told them to make the most of it.

"But, really, I don't think it was all down to me. The fact is they did the simple things well and they played out of their boots to get the job done."

Given Bishops' open-minded approach to the game of rugby, it is rather surprising that not more players from the school have flourished at the highest level of Sevens rugby.

In fact, even more surprising is that Bishops' current international Sevens representative, James Murphy, is a former age-group hockey star. Yes, you read that right... a hockey player!

Murphy played rugby up until his Under-15 year, but he gave up the sport to concentrate on his budding hockey career – a decision which eventually saw him earning a bursary to Stellenbosch University.

As luck would have it,
Murphy never even made it to
one hockey practice... He laughs:
"I still feel kind of bad about it!
But it all happened quite quickly
for me. I went along to a firstyear's rugby tournament and I
made the Maties U19A team and
it just moved on from there. I
was in touch with the hockey
coaches up until a week before
practice started, but I never quite
made it (there).

"I played for the Maties Young Guns team in the Varsity Cup tournament and from there I moved into the Sevens set-up at Maties. There I came under the eye of a coach by the name of Ian Campbell-McGeachy... one of the first things he said to me is that he would make me a Sevens Springbok. It seemed absurd at the time and it took four years but I did a lot of extra work with

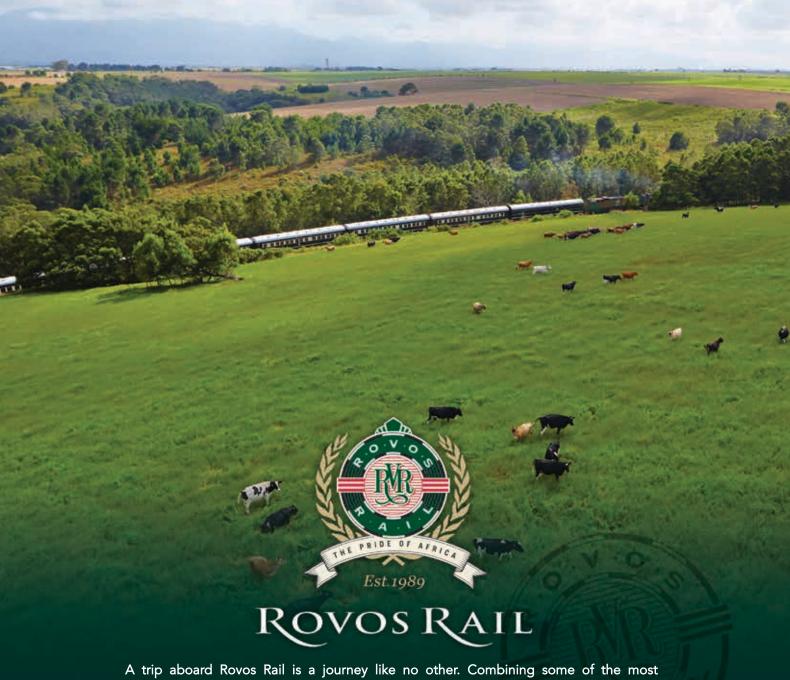
him to get where I am today."

Murphy's transition from aspiring hockey player to international Sevens player continued when he joined the Tigers Sevens Academy at the start of this year. He soon found himself in the SA Academy set-up and, amazingly, a BlitzBok debutant in Hong Kong a few months later. Now, he is a contracted SA Sevens player and based at the Stellenbosch Academy of Sport.

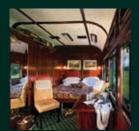
"Sometimes I still have to pinch myself," he admits. "When I first started playing rugby again (in 2015), I remember calling my dad saying, 'Dad, I'm playing for the Maties Under-19's this weekend. He was like, okay, which hockey astro are you playing on?' I quickly had to correct him... but the whole family came through to support which was nice!

"My dad (Paddy) actually played at centre for Natal, as did his brother, and my great grandfather was part of the Krige family, so I guess rugby is in my blood. I never quite expected this, given my hockey ambitions initially, but the best advice I ever got was from (SA Academy coach) Marius Schoeman about taking one's opportunities. I'd like to think I've done that.

"I still have loads to learn and a long road ahead of me to establish myself within the Sevens set-up, but I am in with a shout and that's all I can ask for at this stage."



magnificent scenery with the glamour and excitement of the golden age of rail travel, Rovos Rail will delight the most discerning traveller. With discreet and friendly service, spacious suites, five-star cuisine and a selection of South Africa's finest wines, the Pride of Africa harks back to a simpler, more elegant era encompassing the timeless grace and high romance of grand African exploration. In a series of train journeys lasting from 48 hours to two weeks, Rovos Rail links some of Southern Africa's greatest destinations.









The Most Luxurious Train in the World

# 1st XV review

### By Wesley Chetty

THE 2018 SEASON was one that the Bishops 1st XV and coaching staff thoroughly enjoyed. We started pre-season five weeks before the first game, which was to take place at the Porterville Rugby Festival, so there was plenty of work to be done. We put a big emphasis on 'running conditioning' as well as speed work. The whole squad, including guys who ended up playing 2nds and 3rds, put in a tremendous effort and that set the tone for what was a successful 2018 for Bishops Rugby. We also had plenty of help from outside coaches, which was fantastic. The boys bought in completely to the 2018 season, which made our jobs as coaches much easier. We can say without hesitation that the 1st XV did not disappoint out on the pitch and can be proud of their season.

As mentioned, we started our season with a trip to Porterville where we played a tough match against the Hopefield 1st XV. The game showed that our team was still finding their feet together, but the glimpses of magic were most encouraging. After the match against Hopefield, we set our sights on what was going to be a grueling tour to St Stithians where we would be up against some of the top schoolboy rugby sides. On Day 1 of the festival we had the task of taking on Grey PE. Before the match, the boys looked extremely focused and it was at that point we knew we had a chance. What followed was 70 minutes of great Bishops rugby where we made Grey move all over the field on attack and held them out on defence. In the end we were comfortable 27-10 winners. Day 2 of the festival saw us going up against the hosts, St Stithians who had the support of a large crowd at their own festival. During the warm-up a sudden Joburg thunder storm hit and the game was played in tough conditions, but this did not stop our boys from expressing themselves and some great tries were scored from all ends of the park. After the first two victories the boys had to put their success behind them and look forward to what was going to be a tough game against Michaelhouse. This fixture is always difficult but the boys showed their character and won convincingly 40-12.

Going into what is arguably the toughest schoolboy league in the world the boys were very confident, as we had won four on the trot . We started our league with a great win against Tygerberg before our Southern Suburbs neighbours SACS came to visit. It was a tough fixture where both sides were desperate for a win and again our boys showed great character and toughness and held out with 14 men to beat SACS 19-6.

What followed were four fixtures in a row against teams that were all in the top 10 of the schoolboy rankings. First up was Paul Roos who finished the season as the top team in SA. The boys were magnificent in the first half where they pushed Paul Roos all the way, and lead 14-12 at halftime. However, the substantially bigger Paul Roos pack came to the fore and was able to win the game for the visitors.

The following week against Boland Landbou, 20 minutes of poor rugby cost the boys a great victory, however, they showed tremendous fight to come back from being 0-24 down, eventually losing 14-24. Then came the task of Wynberg who were having one of the best seasons in their school's history. In what was a seesaw battle, and classic derby, Bishops came out on top 33-29. It was probably at that point that Bishops, finally, regained the respect as a real threat in the Premier League – we had proven ourselves against some of the top teams in the country! Next up, Bishops had the mammoth task of playing Paarl Boys away in very wet conditions. Paarl, of course, had been unbeaten at home for three years. In one of our bravest performances, with our side missing key players due to injury, the team showed tremendous guts before being pipped 14-13 in a memorable clash. The last game of the term was the usual derby between Bosch and Bishops. Another titanic battle ensued with the game going back and forth - our boys showed great composure and used the conditions to their advantage, tactically outsmarting Rondebosch and we were able to come away with a 25-20 victory.

What has always been a great tradition is the Independent Schools' Festival that we attended in the



Above: Bingo Ivanisevic was the top try scorer for Bishops in 2018 with 13 tries in the season. in support are Liam Kloosman and Justin Muller (right).

Below: William Rose gets the offload away to a supporting Tim Sharples. Michael Roche is in the background.





Above: Lock Ano Mtombeni played 12 games for the 1st XV in 2018, scoring one try.

Below: Contesting the line-out is Tim Sharples supported by Matt van Westenbrugge; the 1st XV ran out easy winners against Strand in the first game of the third tearm.



June holidays. We were given tough fixtures against the hosts Kingswood and an unbeaten Hilton side. The festival also ran over the annual Craven Week, which meant that we were missing five of our regular starters. The first game against Kingswood was different for our boys as it was the first time they would play under lights with a 7pm kick off. Here, our forwards dominated and put the backs on the front foot, allowing for some great tries and we won that match 19-10. The final game of the festival saw us going up against a Hilton side that was having a good season and were unbeaten. Once again the forwards laid the foundations for the backs to finish off – and finish off they did! We were able to come out with a 24-17 victory and, for the second time in 2018, completed an unbeaten tour.

The start of the third term is always a tricky one to face as the boys come back after a long holiday, however, they showed no signs of rust when they put Strand to the sword, beating them 81–5. The last of the schools from across the N1 was next, Paarl Gym, away. There was a lot of optimism as we had been playing very good rugby, however, we came up against a well-polished team which was very keen to lay the foundation for their derby against Paarl Boys the next week. Disappointingly, this fixture ended up being our most comprehensive defeat of the season.

SACS away was next and, in a stuttering performance, with Bishops never in danger of defeat, we ended up winning 22-20 – far closer than it should have been.

It was now time for our traditional rivals,
St Andrews, to come to town and, for me, the first half
was the best rugby the Bishops team played all year
– we looked really slick and dominated all facets of the
game. The second half saw us take our foot off the
pedal, but we still ran out convincing 38-22 winners.

One of the most anticipated matches in the calendar was the reverse fixture against Wynberg and what a game it was! Both sides went at each other very hard for 70 minutes, playing some great rugby and thrilling the crowds. It took a last-minute penalty from Wynberg to knock over our boys who fought until the very end.

Finally, it was time for the last game of the season, which was the big one against Rondebosch. The conditions were horrendous for both teams, with gale-force winds and rain spoiling the brand of rugby that both teams wanted to play. We played with the wind and in spite of complete territorial advantage,

were only able to take a five-point advantage into the half-time break. In a typical 'game of two halves', it then took everything to hold Bosch out and, in the end, the 10-all draw was probably a true reflection of the game.

It has been an absolute pleasure coaching the Bishops 1st XV in 2018. These young men have shown a great deal of character and pride in their school. They have made every effort to continue the great history of Bishops Rugby and, in my opinion, have left a really positive legacy. Their culture was one which our younger teams could aspire to. Every man played for the man next to him – they epitomized the description, 'teamwork'. They showed that passion, hard work, dedication and willingness to learn are all great components for success. Special mention should be made of the two players who led the team into battle each week: Justin Muller and his deputy, William Rose.

A big thank-you must also go to my fellow coaching staff members: Gareth Hayden, for his tireless efforts and giving our backs the tools needed to express themselves; Dylan Frylinck, for up-skilling the players magnificently; Tiaan Campher, for working throughout the pre-season and season with the team on their conditioning; the medical team of Doc Huber and Ken Kabongo who have done a great job of keeping the players on the park; Chris Ekron, who manages every detail of the year down to a tee and, of course, Mr Mallett for his guidance as Teacher-in-Charge. We must also thank all the guest coaches (John Dobson,

Norman Laker, Gary Gold, Nick Mallett, to name a few) who came down throughout the year and lent their expertise, which was of huge benefit. Finally, thank you to the parents – without your support the year could not have been possible. Good luck to the team of 2018 for your future endeavors – I am sure I will see you on the touchline cheering on the team of 2019 as they try to continue what you have started.

Below: Liam Kloosman on the attack in the home fixture against SACS, which Bishops won 19-6.

Bottom: David Nivison charges forward with Justin Muller and Victor Allen (right) in close support.





# 2018 Bishops 1st XV



JORDAN MEYER Flyhalf



BINGO IVANISEVIC Fullback



WILLIAM ROSE Scrumhalf



VICTOR ALLEN Centre



HARRY NEWMAN Centre



MATTHEW KLINGENBERG Flank



LIAM KLOOSMAN Scrumhalf



MICHAEL ROCHE Wing



ALEX CASTLE Hooker



DAVID NIVISON Flank



LUCA LIEBENBERG Wing



ISAIAH WHARTON No 8



JUSTIN MULLER (CAPT) Flank



JEFF MALHERBE Hooker



TIM SHARPLES Lock



OLIVER MACROBERT
Prop



MATT VAN WESTENBRUGGE Lock



ANO MTOMBENI Lock



TOM BURTON Utility back



DAVID COURIE Prop



AIDAN MACDONALD Prop



WESLEY CHETTY
Coach



		PLAYED	TRIES	CONS	PENS	DROPS	TOTAL
1	Jordan Meyer	19	3	29	8	1	100
2	Bingo Ivanisevic	19	13	0	0	0	65
3	William Rose	13	2	24	1	0	61
4	Victor Allen	19	10	0	0	0	50
5	Harry Newman	19	6	0	0	0	30
6	Matthew Klingenberg	14	6	0	0	0	30
7	Liam Kloosman	15	5	0	1	0	28
8	Michael Roche	18	5	0	0	0	25
9	Alex Castle	18	4	0	0	0	20
10	David Nivison	14	4	0	0	0	20
11	Luca Liebenberg	10	2	4	0	0	18
12	Isaiah Wharton	18	3	0	0	0	15
13	Justin Muller	16	2	0	0	0	10
14	Jeff Malherbe	10	2	0	0	0	10
16	Tim Sharples	18	1	0	0	0	5
17	Oliver MacRobert	16	1	0	0	0	5
18	Matt van Westenbrugge	12	1	0	0	0	5
19	Ano Mtombeni	12	1	0	0	0	5
20	Tom Burton	9	1	0	0	0	5
23	David Courie	11					
24	Aidan MacDonald	10					

# FORSYTH & NASH

# PROUD SUPPORTER OF BISHOPS!

FORSYTH & NASH is an independent broker, which allows us to deal with the entire short term industry, in obtaining the best possible insurance to suit your needs



DOMESTIC



MARINE



COMMERCIAL



AGRICIIITIIRE

T +27 (0) 21 671 6804 | **E** admin@fanib.co.za **W** www.forsythandnash.co.za



# 2018 1st XV results

DATE	VENUE	OPPONENT	RESULT	MATCH TYPE
Sat 24 Mar	Away	Hopefield High School	Won 24-7	Friendly
Thurs 29 Mar	Away	Grey High School	Won 27-10	Festival
Sat 31 Mar	Away	St Stithians College	Won 35-7	Festival
Mon 2 Apr	Away	Michaelhouse	Won 40-12	Festival
Sat 21 Apr	Home	Tygerberg High School	Won 66-5	League
Sat 5 May	Home	SACS	Won 19-7	League
Sat 12 May	Home	Paul Roos Gymnasium	Lost 21-24	League
Sat 19 May	Home	Boland Landbou	Lost 14-24	League
Sat 26 May	Home	Wynberg	Won 33-29	League
Sat 2 June	Away	Paarl Boys High	Lost 13-14	League
Sat 9 June	Away	Rondebosch	Won 25-20	League
Sat 23 June	Away	Kingswood College	Won 19-10	Tour
Mon 25 June	Away	Hilton College	Won 24-17	Tour
Sat 21 July	Home	Strand High School	Won 81-5	League
Sat 28 July	Away	Paarl Gymnasium	Lost 27-52	League
Sat 4 Aug	Away	SACS	Won 22-20	League
Thurs 9 Aug	Home	St Andrew's College	Won 38-22	League
Sat 18 Aug	Away	Wynberg	Lost 20-22	League
Sat 25 Aug	Away	Rondebosch	Draw 10-10	League

PLAYED 19 WON 13 LOST 5 DRAW 1





# 2nd XV (Whites)

### By Ruan Ellis

2018 WAS A SOLID YEAR for the 2nd XV of Bishops. With regular call-ups from the 1st XV, building continuity was guite tough. All the players should be commended for their efforts and commitment every week as this served as the basis of building our team character and gusto needed to play in such a demanding league. Great memories were made throughout the season and many precious lessons were learnt when things got tough. Memorable victories definitely include the tight encounter against Boland Landbou, great rugby against St Andrews and the 46–7 thrashing of Wynberg in which we played our best game of the season. The boys were always willing to put their bodies on the line and this was rewarded with the sought-after "Triple Crown" at the end of the season. This was a great send-off for our matric players who really played a vital role in welcoming and guiding the Grade 11s to senior rugby. I am confident that these lessons will pay off in 2019 as we look to further build and improve our rugby going forward.

### 2018 SQUAD

Raafiq Adams, Tio Bakre, Kyle Beley, Gregory Bolus, Tom Burton, Stephen Fourie, Jack Hampshire, Alex Jankovich-Besan, Cole Kruger, Matthew Lennett, Aiden MacDonald, Innocent Macha, David Nivison, Theodore Psillos, Matthew Smith, Daniel Stehlik (Capt), Luke Stevens, Michael Steytler, Anton van Wyngaarden, Dallas Wichmann, Aaron Woodman, Charlie Yates, Robert Young, Tom Rudston (Manager)

### **PLAYING SUMMARY**

Played 14; Won 9; Drew 0; Lost 5; Points for 333; Points against 238

Below: Despite the attention of a couple of opponents, Aiden MacDonald powers through.





Above: Try time! Cole Kruger scores. Below left: Luke Stevens on the run against SACS at home. Below right: Robert Young showing determination in the game against Paarl Gymnasium, which the 2nds lost 0-32.





# 3rd XV (Stripes)

### By Justin Rowe-Roberts

WHAT AN INCREDIBLE JOURNEY the last few months have been. From an absolute bunch of strangers, to a tight, cohesive family like structure, where everyone's interests were put aside for the team. The year started off in celebratory fashion with a thumping win over a below-par Tygerberg outfit. This victory gave us a false sense of security and the following week we were humbled on our own turf by a quality SACS outfit. That thumping defeat, one of the darkest days of my coaching career, was the cornerstone of our successes that were to follow.

The training week to follow will never be forgotten and the harshness of training experienced that week could only be compared to that of the infamous "Kamp Staaldraad". That character-building infused week of training led to a winning streak that included stunning victories over Paul Roos, Boland Landbou and Wynberg. With the core of our squad either injured or with the 2nd XV, the first Rondebosch derby was always going to be an uphill battle, one in which we got pipped in the final seconds by a team that, quite frankly, wanted it more.

Back to the drawing board we went and the third term produced some great rugby from "the stripes". First, we swept aside an English touring side before putting in a great effort away at Paarl Gym, where the scoreline did not fairly reflect the game. The SACS away fixture was arguably our biggest of the season, as I wanted to see how much we had progressed as a team. After dominating the match, we narrowly went down in the final minutes. Although we didn't win the match, I felt we won the hearts.

Good Karma was to follow with two closely fought derby wins over Wynberg and Rondebosch, making me feel privileged to have coached this team. We won games and we celebrated those wins accordingly. We lost games and learned lessons from those defeats. Results are important, but there is so much more to the game of rugby. The friendships and memories made will last a lifetime and that is far more valuable than any result we had this season.

I would like to thank Luke Kuhn, Cameron Doyle and Eddy Bester for being part of the coaching staff and for their time and effort they put aside for the team. I also want to thank our captain, Terrance Petterson (TP), for leading the boys every week with such pride and passion, a true leader whose commitment to the team was undeniable.

Below: Reuben Mndende



### 2018 SQUAD

Terrence Pettersson (Capt), Jonathan Pletts, Dallas Wichmann, Michael Steytler, Max Martin, Sam Elliott, Innocent Macha, Aaron Woodman, Michael van der Merwe, Ryan Sneddon, Caide Spriestersbach, Ubaid Francis, Luke Stevens, Reuben Mndende, Ryan Labberte, Liam Agnew, Max Stewart, Matthew Smith

#### **PLAYING SUMMARY**

Games played 12; Won 7; Lost 5; Points for 246; Points against 304

Right: Caide Spriestersbach forces his way through the tackle to score.





# 4th XV (Wild Boys)

## By Zukile Ncube

THE 2018 RUGBY SEASON for the Wild Boys will definitely be one to remember, not only for our results, but also the character, attitude and camaraderie displayed by the team.

At the beginning of the season our challenge was not to let the off-field hype get the better of us, but rather to use it help us perform on the field. The boys worked very hard to ensure this and the development throughout the season showed.

One of the highlights of the season was beating Paul Roos after going two tries down. We would have liked to claim a victory or two down the N1 but it was not to be, going down to both Paarl Boys and Gym and we will wonder what could have been...! However, we can hold our heads high with our efforts.

A special mention and thanks to our Matrics Junho Ko, Connor Price, Hector Orrell and captain, Matteo Lupini for showing great leadership and courageous efforts in a young team.

I'm sure that the Grade 11s, if they continue to apply the same attitude, will go on to do great things next year. A special mention, too, to our vice-captain, Brett Tucker, for being the constant feature in the backs and giving us direction.

For the rest of the team who still have another year or more I look forward to seeing you progress with lots of self-belief, discipline and hard work. I take my hat off to the boys, my fellow coach, Christian Stehlik, and parents for the unwavering support I have received this year – many thanks!





### 2018 SQUAD

Julian Dower, Slaide Marquis, Cameron Good, Luke Flint, Sean Murphy, Zander Brooks, Matthew Leong, Mbongeni Mavuso, Michael Wesson, Michael Mondry, Stuart Cottrell, Josh Kirsch, Tano Sivertsen, Max Stewart, Junho Ko, Hugo Janssens, Hector Orrell, Drew Burton, Connor Price, Brett Tucker (Vice-Capt), Matteo Lupini (Capt)

#### PLAYING SUMMARY

Games played 12; Won 9; Lost 3; Points for 281; Points against 178



Top: Supported by Matteo Lupini, Tano Sivertsen takes a clean line-out ball. Left: Cameron Good and Junho Ko pack down against Strand. Above: Mbongeni Mavuso evades the attention of a Paarl Gym prop.

# 5th XV (#Wives)

### By Darryl Ndjadila

THIS TEAM, in particular, is a composition of some of the most exemplary young men the College has to offer. This group presented themselves as balanced young adults who not only played exciting rugby, but could also manage responsibility and self-leadership.

Season statistics tell the story of a team that changed constantly around its core and provided the 4th team with a continuous stream of talented rugby footballers. The numbers overlook the fact that the boys really gelled together in the second half of the season and improved tremendously as players, individually and as a team.

Up front, our most notable performer was George Jones who played hockey for the second team on Fridays and still ended the season as our top try scorer. For the backs, Sihle Kahla and Marco de Nysschen

provided spectacular moments frequently. Both players displayed determination and superstar quality, both at practice and in matches. Our co-captains, Aedan Foulkes and Liam Gordon-Turner, were outstanding in helping the team achieve the goals that we set for ourselves.

Our best results included a 35-21 win over SACS (away), as well as a hair-raising victory over Boland Landbou (10-7) at the beginning of the season.

Lastly, a big thank-you goes out to coach Kyle Bowman who took a personal interest in the development of each player. Kyle always shared his technical expertise with a smile and a personal demonstration, leaving a lasting impression on everyone involved.

#### 2018 SQUAD

George Jones, Jamie Naude, Ryan Wonfor, Aedan Foulkes, Drew Burton, Hugo Janssen, Max Tedder, Alex van Hoogstraten, David Kingdom, Simon Craig, Noah Syndercombe, Rory Schram, Cameron Braun, Nic Gleeson, Logan Tait, Thomas van Breda, Julian Dower, Jack Clayton, Dean Jacobs, James Young, Aidan Murphy, Sihle Kahla, John Grieves, Stuart Cottrell, Adam Fernandez, Nikhil Reddy, Michael Coles, Marco de Nysschen, Michael Mondry, Liam Gordon-Turner.

#### **PLAYING SUMMARY**

Played 9; Won3; Lost 6; Points for 140; Points against 188



Above: Stuart Cottrell flat foots the defenders in the 5th's storming 52-0 win over Strand.

Top right: Adam Fernandez breaks through the Paarl Gym tackle.









We We

T: 27 21 551 6180

E: office@southernair.co.za www.southernair.co.za

# 6th XV

### By Darryl Ndjadila





THE 6TH TEAM of 2018 had an impressive season, despite the lack of weekly fixtures. The boys had a good couple of wins and a few narrow losses to good rugby schools.

The team consisted largely of Grade 11s who illustrated a lot of maturity and leadership. What impressed about this side was their effort during practice and matches. The boys were eager to learn and improve every facet of their game and had a 'never-say-die' attitude on defence. Ryan Campbell, as the captain, created a conducive environment in which working hard, learning and having fun, co-existed. Not only was he inspiring, he displayed class as our team's pivot. Other notable individuals who were the 'glue' of the 6th team were Hugo Janssen, Tom Byrone, Kyle Elliot, Tristan Le Fluer and Simon Craig to name a few. Credit must also go to Jason Hofmeyer for his skillful

work throughout the season in crafting appropriate drills and his inspirational coaching style.

#### **2018 SQUAD**

2018 squad: Linda Farr, Hugo Janssen, Jordan Velosa, Tom Byrone, Rory Schram, Liam Jameson, Kyle Elliot, Ryan Campbell, Thomas van Breda, Noah Coleman, Matthew Sherrel, Max Tedder, Thomas Slaven, Nikhil Reddy, Simon Craig, David Kingdom, Gift Hokwana, Tristan Le Fluer, Adam Fernandez, Drew Burton, Sean O'Brian, Alexander van Hoogstraten

#### **PLAYING SUMMARY**

Played 7; Won 3; Drew 1; Lost 3; Points for 111; Points against 113

### 7th XV

#### By Caleb Nel



Far left: Ryan Campbell. Centre: Nikhil Ready playing against Paarl Gym.

Left: Freddie Davies shrugs off the attention of two Paarl Gym defenders.

"THE MIGHTY MARSHMALLOWS" began the season with one very lofty aspiration – to have fun at all costs. We took this very seriously and sacrificed fitness, ball skills, pattern and, in some cases our dignity, in pursuit of smiles, banter and the perfect game of touch rugby. It was quite evident from the start that all of the boys favoured social interaction over sports development and, once I understood this and stopped threatening the lads with demerits, we really began to bond as a team. Despite going against everything in my nature as a coach and former 1st team player, I found myself enjoying the season more and more as we banded together against the norm like so many of the rebellious icons of the 70s – swapping out the mantra "peace not war" for "banter not boots". All in all the results for the season were to be expected considering our philosophy – Played 4, Lost 3, Won 1. However, our single victory against Rondebosch in the final game of the season overshadowed any perceptions of failure

and the boys, with their heads held high, found their nirvana. Thank you to all the gents who made this season so memorable and for reminding an old bureaucrat that there is more to sport than simply winning.

#### 2018 SQUAD

Tristan Sides; Travis Bradfield; David Court; Liam Jameson; Daniel Le Jeune; Justin Maree; Julian Steyn; Andrew van Voore; Patrick Bowman; Joshua Mol; David Kingdom; Grant Leslie; Ryan Solomans; Tristan Lee; Matt Marr; Rushay Shiba; Alexander Russell; Peter Worthington-Smith; Jan Smuts; Damian Smith

#### **PLAYING SUMMARY**

Played 4; Won 1; Lost 3; Points for 26; Points against 71

## **Under 16 teams**

#### **U16A** by Warwick Richter

THE U16A TEAM of 2018 moved up to this division with a reputation of being a side to reckon with and they managed to live up to the expectations created by their previous seasons at the College. They were competitive in all facets and this made them a versatile and unpredictable team on the field as their strength in all the positions allowed them to vary their game and catch the opposition off guard.

Their kicking game put the opposition on the back foot on numerous occasions and they were able to gain ascendency and play a good territorial game. This was then complemented by a positive attitude on defence. Once possession was gained, they displayed an excellent set of

handling skills that allowed them to bring the pace men into the equation after the forwards created the go-forward that the backs needed to operate from. This team managed to secure victories in all their games against their Southern Suburbs rivals and they were particularly impressive against SACS and Wynberg in the second round of these derby fixtures – both of these on foreign soil.

The two wins against
Rondebosch were most pleasing
too – even though played in difficult
weather conditions. Have I
mentioned that they beat Paul
Roos and Boland Landbou? I am
really looking forward to seeing
them run out as U19s in the future.

#### 2018 SQUAD

Keagan Blanckenberg,
James Bolton, Mustapha
Cassiem, Nicholas
Christodoulou, Connor Evans,
Mikey Ford (Capt), Wafeeq
Francis, Euan Groenewald, Ollie
Jones, Dan Kirsten, Joe Kirsten,
Sam Marthinussen, Masood
Meyer, Sacha Mngomezulu, Aya
Ngcwangu, Undi Ngxangane,
Cameron Parker-Forsyth, Sam
Rudston, Adam Suliaman,
Keegan van Wyk, Ross Vintcent.

#### **PLAYING SUMMARY**

Played 17; Won 14; Lost 3; Points for 534; Points against 203

Below: Michael Ford passes to James Bolton, with Sacha Mngomozulu in support in the game against Paarl Gym, which they lost 14-35.



#### **U16B** by Barry Emms

A GLANCE THROUGH the U16B results for 2018 could prove quite frustrating and confusing. There were some outstanding performances like the 59-0 victory over Boland Landbou and the sublime 45-7 victory over Rondebosch, however, there were too many bitterly disappointing losses like the two against SACS, the loss to Rondebosch in the first derby and the penultimate game against Wynberg.

When facing the schools further north they showed guts and went down bravely. This team was capable of playing some fantastic, attractive rugby but was unfortunately let down by injury and a lack of depth and numbers in general in the age group, which meant that if we were down four or five players in certain positions, it was very difficult to get any penetration or momentum on the field.

Most disappointing for me were the two second halves in the return games against Wynberg and SACS. In both cases the game was evenly poised at halftime, only for us to concede three tries in the second half to teams hungrier than us. The final game of the season made up for much of the disappointment. It is tragic to see a talented and well-coached team not live up to their potential, but the boys showed great character and belief after the losses to the other Southern Suburbs schools, to run out positively against Rondebosch and completely dominate a team that had beaten them convincingly earlier in the season.

These boys were privileged to be coached by Lihleli Xoli (better



Above: James Bolton playing for the U16Bs against English touring team RGS Worcester, which the Bs won 26-5.

known as X) and Colin Richmond, two School House stooges, passionate and very knowledgeable about the game, who created a fun but challenging environment. Their own immense work ethic really rubbed off on the boys and I wish to thank them for their outstanding contribution to Bishops Rugby this year.

The boys will certainly enter the senior age group with a far better understanding of the game and sharpened individual skills. Chang, Ethan, Simi and Grindley need to be commended for playing every game, while Chang (Cameron May) was the most consistent performer and Adam Suleiman the most improved over the season. I wish the boys all the best for open rugby – I will be watching their progress with keen interest!

#### **2018 SQUAD**

Ethan Keiffer (Capt), Sadock Magai, Zimvo Mahlati, Undi Ngxangane, Teubes van Niekerk, Luke Grindley-Ferris, Luke Avis, Seb Alison, Ian Sherwood, Josh Levy, Mitch Labberte, Niall Maloney, Charlie Barratt (exchange), Fred Nash (exchange), Cameron May, Greg Metcalf, Aya Ngcwangu, Ethna Keiffer, Ross Vintcent, Matt Dinan, Dylan Plaatjies, Simi Mehlomakulu, Luke Shuttleworth, Cameron Parker-Forsythe, Adam Suleiman.

#### **PLAYING SUMMARY**

Played 12; Won 4; Lost 8; Points for 216; Points against 234

#### **U16C** by Keith Warne

"WE'RE GOING TO GET slaughtered!" My unfortunate thoughts as what was left of my team, after being rather seriously decimated by all sorts of illnesses and maladies in the preceding week, ran out under the poles to face a seriously intimidating Paul Roos team. We had worked hard at practices but with the number of last-minute changes I feared the worst. Even though we were playing at least one team down (their U16 Es) they looked as if they could easily take on our Bs. So, going 5 points up within no time was a surprise to day the least! That it came after some impressive rucking, ball retention and straight running simply added to our amazement, as Mike, Harry and I tried desperately to claim responsibility for the brilliant rugby we were witnessing. A welldeserved 28-12 victory was

the unexpected result.

That game however proved, unfortunately, to be not only one of the few highlights this season but also somehow set a rather strange precedent. Some two weeks later, as we ran out against one of our local opponents after a week of spectacular practices and with a full squad, I found myself thinking, "This is going to be good!" However, it was not to be. We played like a shadow of the team that defeated Paul Roos and only seemed to kick into gear late in the second half and were resoundingly beaten. This pattern unfortunately seemed to become our modus operandi and we came away with only three wins.

A season of underperforming when we should have shone and surprising brilliance when least expected left us mostly rather frustrated. Mention must be made of the hard graft up front from the

likes of Luke Beachy-Head, Francis Bayly, Sadock Magai, Zimvo Mahlati, Jean-Luc Fourie, Luke Negrine, Sam Bury, Nick Koch, Liam van Schalkwyk, Will Makin and Daniel Mudge. Regular backline performers: Ben Gukelberger, Sam Hanssen, Jake Stewart, Lawrence Masha, Max Nixon, Jonathan Border, Rayan Hendricks, Matt Dinan, Andrew Koen and Chad Francis. Well done, lads - I've thoroughly enjoyed the season. Take the few things we've worked on with you through to opens; Tackle low, run straight, draw the man, pass the ball! Don't drop your heads. Enjoy yourselves. You looked great when you got it right! The Wild Boys are waiting for you.

Coaches Harry Makin and Mike Peters worked enthusiastically and tirelessly all season producing the most technically aware and wellstructured defence and attack I have seen at this level. Thanks, gentlemen – it has been quite a season and your hard work has been appreciated.



Above: Sadock Magaithe in the C's game against Strand High School, which they narrowly won 15-12.

#### **2018 SQUAD**

Luke Beachy-Head, Francis
Bayly, Sadock Magai, Zimvo
Mahlati, Jean-Luc Fourie, Luke
Negrine, Sam Bury, Nick Koch,
Liam van Schalkwyk, Will Makin,
Daniel Mudge, Ben
Gukelberger, Sam Hanssen,
Jake Stewart, Lawrence Masha,
Max Nixon, Jonathan Border,
Rayan Hendricks, Matt Dinan,
Andrew Koen, Chad Francis.

#### **PLAYING SUMMARY**

Played 10; Won 3; Lost 7; Points for 115; Points against 281



## **Under 15 teams**

#### **U15A** by Gerry Noel

THE U15AS of 2018 have had an unforgettable rugby season. They played 18 matches, won 13, drew 3 and lost 2, with a points difference of 295. The odds of a team drawing 29-29 two weekends in a row to Paul Roos and then Boland Landbou must be near impossible. However, the main reason this season was unforgettable was because of the attitude and values that these boys demonstrated while playing some exhilarating rugby at the same time.

There are three main points here that need to be highlighted. Firstly, never in my coaching career of 10 years have I seen a team that demonstrates such patience on attack and defence. Call it "phase rugby", call it "building or withstanding pressure", call it what you want, but I believe that this is a demonstration of the team's grit and resilience, the ability for the team to absorb shock and to respond calmly and decisively.

Secondly, the team demonstrated a willingness to learn that has been unmatched by most teams that we've coached. Individual skill development is emphasised at this level and it was incredible that these boys would ask question after question around how they could better themselves and their rugby.

Finally, this team was made up by an honourable group of young men who made it clear that they wanted to be remembered as being "good

#### **2018 SQUAD**

Ilyaaz Arnold, Torben Bergh, Alastair Bruce, Aidan Burns, Bruce Campbell, Josh Carnell, Jordan Dare, Nassar De Kock, Ben Forsyth, Suleiman Hartzenberg, Benjamin Jack, Imad Khan, Joshua Michau, Alex Myeki, Luke Parker, Chris Pittaway, Jonathan Roche (Capt), William Ross, Joe Ruiz von Walter, Benji Voogt

#### **PLAYING SUMMARY**

Played 19; Won 14; Drawn 3; Lost 2; Points for 535; Points against 208

okes". This was made easier by the leadership and example set by their humble, yet strong captain, Johnny Roche and vice-captain, Luke "Tony" Parker. I extend my gratitude to them for the fine role they played this season in steering the team in the right direction.

Some highlights of the season have to be our successful ISRF festival where we beat the favourites Helpmekaar with the famous "Scaley Mallett-Tony" try in the latter part of the game, after defending our try line for what seemed like an eternity, as well as playing some incredible support rugby which saw us drawing spectators from near and far. We also defended a 13-man Rondebosch maul in both derby matches which showed our ability

and strength in overcoming an aspect of rugby that arguably kills any enjoyment for both spectators and players, and has very little benefit both for the growth and development of skillful rugby players.

Finally, my thanks goes to the coaching and management staff, André van Vuuren and Angus Firth for their support and dedication in helping to shape this team into something special.

#### **U15B** by Angus Firth

THE RUGBY was both hugely rewarding and horribly frustrating at times. The team was plagued by injuries and especially concussions throughout the season so it was difficult to maintain stability in selection and practices which meant we never really got into any rhythm. Incredibly, 32 players represented the U15Bs!

Nevertheless, the boys played their hearts out each week and managed some stunning victories, the most memorable of which was probably the last game against SACS.

At one stage, we were looking good to take a double triple crown but uncontrollables prevailed and this was not be. We practised mostly with the As and I believe this had a very positive effect on the players as a whole and certainly meant some developed enormously and will certainly pose a few



Right: Suleiman Hartzenberg powers through the Paarl Gym defence.

Below: John Fisher playing for the U15B side in their game against the mighty Paarl Gym.

questions to the selectors in 2019: look out for Marc Nelson, Joseph Ruiz von Walter, Ben Jack, Jack Pace, Sam Aitken, John Fisher and Ben Forsyth. I also know that Chad Louw will play 1st XV!

One aspect that will need to be improved on is starting the game at full intensity as too often they started games far too gently and were left too much to do by the end. This was a spirited team with loads of characters who thoroughly enjoyed playing for one another.

#### **2018 SQUAD**

Samuel Aitken, Adam Clarke, John Fisher, Gray Fogarty, Ben Forsyth, JP Freddy, Liam Harrison, Benjamin Jack, Chad Louw, Joshua Michau, Keenan Mills, Peter Myburgh, Daniel Nelson, Marc Nelson (Capt), Oliver Nicklin, Scott Nixon, Jack Pace, Dylan Redding, Joseph Ruiz von Walter, Schyler van der Westhuizen, Luca Van Wyk, Benji Voogt

#### **PLAYING SUMMARY**

Played 11; Won 5; Lost 6; Points for 171; Points against 213



#### **U15C** by Ronald Jacobs

IT HAS BEEN a revelation, to put it mildly, to be involved in the U15 division after many years at senior level. The "Mighty C's" performed exceptionally well throughout the season with sterling performances while playing a good brand of rugby. The skill level of many of the players improved, with a visible change in attitude towards their approach to rugby. As usual, we were hit by injuries towards the end of the second term and illness towards

the end of the third. After excellent wins against SACS and Wynberg in the first half of the season, we ended off with a forgettable match against Rondebosch. The boys were motivated to set the record straight and, after recording second-round victorious over the same opposition, the return match against Rondebosch went down to the wire with a close 7-10 loss. This is testament to the boys' character and willingness to work hard

towards improving the level of performances on a Saturday. The team was ably led by the eventual captain Dylan Wood with Aidan Brand and Keenan Mills his deputies.

#### **2018 SQUAD**

Dylan Wood (Capt), Keenan Mills, Irshaad Abrahams, Thomas Bester, Aidan Brand, Berkeley Graaff, Liyema Liwani, Jermaine Lwande, Ben Reid, Sipho Ndlovu, Mangaliso Nogantshi, Peter Myburg, Areeb Tyler, Josh Mansfield, James Turner, Solomzi Tshiki, Matt Byron, Oliver Nicklin, Liam Harrison, James Mason, Sergey Huish, Donald Wilkin, Christopher Schuyling van Doorn, Daniel Nelson, Luke Solomons

#### **PLAYING SUMMARY**

Played 11; Won 6; Lost 5; Points for 165; Points against 181

Right: Jody Whittaker

Below: The U15Cs went down 0-33 against Paarl Gym in a tough game against strong opposition.



#### **15D** by Rodney Warwick

OUR TEAM had a reasonable season - four victories out of eight matches played. Considering that, as the bottom team in the age group, we were changing our side each week according to illness and injuries in those teams above us. Our first match against SACS was a well fought 24-24 draw but overall, we probably let this game slip. A tough match against Boland Landbou followed; after being down 4-28 despite good play by James Mason and Jody Whittaker, we made a commendable comeback but still lost 17-28 - with Whittaker and Solomzi Tshiki both scoring - the latter a great breakaway try.

Our first win came in a 10-man game against Wynberg (34-29) with tries scored by Luke Bruchhauser (2), Nic Claassen (2) and Tshiki; following this was a heavy away defeat against Paarl (0-43). Our

remaining matches were a triumphant return match against SACS (12-10) and a return 10-man game against Wynberg – unfortunately this time a 14-28 loss.

Our season ended with a wonderful highlight against
Rondebosch – we had been unable to honour the first fixture due to virtually no available players; in a very hard-fought battle where the boys played with tremendous gusto and pride, the team snatched a last minute 7-5 win due to a spectacular try (and conversion) by Mpofana Skwatsha who had just joined the team – and rugby – a few practices previously.

Our practices were well attended and the boys were coached with efficiency by School House stooge Aphiwe Qaba and Rob Lee, both senior UCT students whose efforts the team fully appreciated.

#### **2018 SQUAD**

Benjamin Audinwood , Luke
Bruchhauser, Josh Brummer,
Nic Claassen, Dylan Davies, Max
De Romijn, Gabriel DyssellHofinger (Capt), Sergey Huish,
Daniel Kruger, James Mason,
Mihlali Mbeteni, Callum
Musselwhite, Tshepiso
Oliphant, Max Rebe, Reid,
Mpofana Skwatsha, Sebastian
Sturrock, Finn Tedder, Solomzi
Tshiki, James Turner, Hugh Van
Hasselt, Jody Whittaker, Donald
Wilken.

#### **PLAYING SUMMARY**

Played 8; Won 4; Drawn 1; Lost 3; Points for 132; Points against 177





## **Under 14 Teams**

#### **U14A** by Carrie Bester

The U14A side had a relatively good season. There were some tough lessons along the way and the boys have a good idea of areas of the game they will need to work on as they progress through their time at the College.

The season started well and the boys showed they had good potential. The stand-out performance in the early stages of the season was probably the match against Curro, where the boys managed to maintain a high level of focus and aggression throughout the game. The first rugby term set the standard from which we would need to build.

The boys worked hard, ably assisted by a group of outside

coaches: Cam Doyle (defence) and James Murphy, (breakdown, carry and contact continuity skills). Also introduced were EMOM workout sessions to give a taste of things to come next year, in terms of conditioning. If we consider success to be progress towards a goal, then the boys succeeded. If we use as a yard stick our repeated games versus our local rivals, the boys did very well. In both games during the first half of the season, we were well beaten. However, in both games during the second half of the season, we showed huge character and fight, not to mention skill and, if not for some silly errors, we should have won both. Against Wynberg, we were really good on attack and

#### **2018 SQUAD**

Jaytee Abrahams, Luca Broggian, Shariq Davids, Adam de Waal, Dylan Krause, Storm Lanfear, Andrew Lawson, Abel Mokwena, Daniel Neuhoff (Capt), Fiekie Petersen, Michael Richardson, Jack Ryan, Max Seymour, Bruce Sherwood, Karl Smit, Nick Steinhagen, Michael Sun, Sebastiaan Terblanche, Connor Todd, Trae Turner, Luke van Wyk

#### **PLAYING SUMMARY**

Played 15; Won 6; Drawn 1; Lost 8; Points for 272; Points against 331





Above: Bruce Sherwood in action in the home game against SACS, which the U14A won 29-12.

Left: Nick Steinhagen on the attack against Paarl Gym.

scored arguably the best team try of the year by Storm Lanfear after a kick-pass from Nick Steinhagen with brilliant build-up play.

So, the boys showed huge progress and should be heartened by this. The loss to Rondebosch in the final play of the game was tough to take, but again there was so much good and heartening about the first half and they showed great character on defence into the wind.

Mention must be made of the captain Daniel Neuhoff, who grew into his leadership role and provided exceptional service to his backs.

#### **U14B** by Fiona Mallett

The U14B team had a tough introduction to high-school rugby, losing a number of games over the course of the season. They faced some tough opposition and a combination of small numbers in this age group plus countless injuries meant that the team had many obstacles to overcome. However, the most important thing to emphasize is the incredible camaraderie, determination and positivity displayed by each and every boy in this team – regardless of the result. Particular mention can be made of Murrough Epstein for his gutsy performances, Karl Smit for his valuable captaincy and leadership and Zimvo Joxo for his motivation and determination. The

#### **2018 SOUAD**

Lukas Barnard, Ronan Dutton,
Trae Turner, Aadam Jaffer,
Murrough Epstein, Sean Craig,
Rahul Chagan, Zimvo Joxo, Max
Olbrich, Kyle Bastick, Motheo
Seseli, Luke Botha, George
Rodinis, Oscar Baum, Zolile
Muleya, Josh Grindley-Ferris,
Thomas Withers, Craig Ressell,
Karl Smit, Jack Moyle, Dean
Sneddon, Sebastiaan
Terblanche, Connor Todd,
Jaeseo Hyun, Andrew Lawson.

#### **PLAYING SUMMARY**

Played 12; Won 1; Lost 11; Points for 75; Points against 428



Above: Tom Withers readies himself for a hand-off against an opponent from Strand High School.

Opposite: Jimvo Joxo on the attack against Paarl Gym

final game against Rondebosch was a closely contested match with a narrow 5-10 loss, but the improvement and development across the board was evident. Well done to all the boys and the coaches Gavin Maasch and Brandon van der Westhuizen, for a passionate effort that displayed much sportsmanship.

#### **U14C** by Phil Court

It was a difficult season in the U14 Cs (known as the 'C Turtles') this year due to the shortage of boys playing rugby (although you would not think so looking at the long list of boys who played in the team over the course of the season). If it was not for the boys who play hockey joining us, we would not have been able to field a team each Saturday! Nevertheless, the boys had lots of fun practising and playing rugby under the watchful and supportive eyes of coaches Boutros Mbina (affectionately known as 'Spoon') and Tom Liefeldt. Each boy improved as a player during the season, had his moment or two 'in the sun', and never gave up. The highlights of the season: Alessio's warm-up screams and beating RBHS in the away game!

#### 2018 SQUAD

Aidan Lotter, Zolile Muleya, Ferris Moser, George Rodinis, Thomas Withers, Oscar Baum, Michael Naude, Kyle Bastick, Craig Ressell, Rahul Chagan, James Barrett, Andrew Lawson, Tyrone Slauck, Motheo Seseli, Zac Oaker, Alessio Dundulachis, Chris Welby-Solomon, Bryce Herbert, Nic Bradfield, Robbie Dicey, Wonyong Choi, Luke Botha, Jack Moyle, Musawenkosi Nyoka, James Raubenheimer (Capt), Murrough Epstein, Luka van der Merwe, Joshua Smith, Oyama Mandindi

#### PLAYING SUMMARY

Played 10; Won 2; Lost 8; Points for 63; Points against 310



## **VUSA** update



WE HAVE JUST COMPLETED an

exciting and very gratifying rugby season. Our boys playing for the Busy Bee RFC youth section have acquitted themselves very well. We have been included in the Western Province Primary Schools league, with fixtures against WPPS, WBJS, SACS, Bishops and local community clubs. The improvement in playing standards has also been most pleasing.

Our rugby coaches have attended the Western Province Level 1, BOKSMART and IRB Level 1 Sevens courses. We have been most fortunate to have had Nick Venter of Equip EQ Solutions run a coaches development workshop and UCT RFC have been involved in our coaching sessions. Players from the Varsity Cup squad have been down to Langa each week to add their expertise to our players.

The programme has grown and we currently have 100

children involved. Our academic programme is making a significang difference in our boys' efforts at school where the extra English and Maths classes reinforce their curriculum content and adds enrichment.

Based on our assessments, we have discovered a major issue with reading and comprehension. To remedy this we have started a Grade 1 and 2 reading programme.

In addition to this, we have two ladies who we have sent on The Word Works course, which promises to be an exciting and rewarding addition to our programme.

African Impact, an organization that places international gap students into programmes, have been a wonderful addition. They bring an energy and different set of skills that enrich the boys' lives.

This has been a wonderful year for VUSA. We continue to

grow and expand as we partner with organisations that share a similar vision to ours, "creating opportunities" in communities for children to experience a wide range of stimulating experiences in order to improve their lives.

A sharing of facilities, expertise and funds is the way forward to create an inclusive future for all our children. We look forward to engaging more with the Bishops community next year.

Please visit our website www.vusaruagbyacademy.com for further information.

A programme of this nature would not be able to run without the support of our founding partner Kepu trading and sponsors Investec Asset Management and Checkers.

Next seasons promises to be even better as we gain more traction in the community and continue to offer the opportunities for development.





Some 100 boys from Langa and surrounding areas are introduced to the game by the VUSA programme.

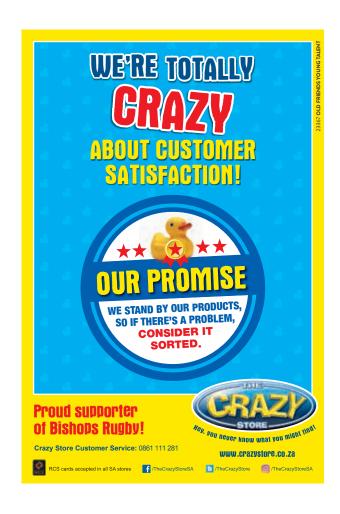
















#### PREPARING

## future stars

**Brendan Fogarty** and **Chris Groom** report on another successful season at the Prep.

FOLLOWING A rather shaky start to the season, the U13A boys found their confidence and went on to play an exciting brand of rugby. The team had a mixed success rate, but overall kept the win/loss ledger fairly even. From the 16 games played, the results were 6 wins, 2 draws and 8 losses. The team scored 358 points with 471 points against them.

On the sidelines it was nailbiting stuff, because for every game the boys put their hearts into it. The great sense of achievement and smile of success on the boys' faces with our wins, especially against Rondebosch and Wynberg, was great compensation for the times they left the field exhausted and defeated. It was a pleasure to coach such a motivated group of young men, whose enjoyment of the game, sportsmanship, camaraderie and skill development were a real feature. All the team members should feel proud of their efforts and

the immense degree of improvement throughout the season.

There were many highlights throughout the season. Who could ever forget the 45-47 loss to Wetpups? The boys played amazing rugby, making a total of 170 passes in the game everyone handled the ball, tackled, ran and came off the field exhausted, but happy to have been involved in such an epic battle. The two wins against Rondebosch will surely be remembered by the boys. Since U9, these boys had lost to Bosch, but they managed to turn things around in the 2018 season.

There is much to be positive about throughout Prep rugby. The U9 age group has good depth and they certainly enjoyed the first year of contact rugby. The U10 group worked hard and will grow in time. We need to ensure that they are enjoying the game.

U11 teams had a very good season. All three sides played good rugby and there is a good balance of size and speed. Speed is always that most sought after commodity in order for Bishops rugby to flourish.

The U12s played some good rugby, they have talent,



however, they need to keep working hard on individual skills. Passing, catching and running lines need to be constantly honed. They have ability and will do well next year.

Coaches coached well and practice days are always a hive of activity: boys being put through their paces, focusing on the basics – passing, catching, avoiding contact and correct contact techniques.

Parents play a key role in our rugby programme. The lifting to matches, the sideline support and general enthusiasm for the game make rugby season a pleasure.

Long may this continue as our young charges grapple to master the skills required to play the Bishops way, bold in attack and resolute in defence.

Pictured: There was plenty to be positive about with the 2018 Prep rugby season with the boys learning to play classic Bishops rugby, with an emphasis on passing, catching and avoiding contact.







Skeeles 7s

THE 2018 RUGBY SEASON kicked off with the now annual traditional Skeeles Sevens. It has grown to include all age groups, with the U13s being the marquee event on the Friday evening, which acts as a celebration of the start of the season. The rest of the age groups play on the Saturday morning. The joy of props playing as backs, the worry and procrastination of backs playing as props - joy to behold! The legendary Richard Skeeles, after whom the festivals are named, would have loved it. We need to create more of these events where there is less focus on scores; what is important is seeing the ball move and the sheer joy of playing this great game.





#### Artificial intelligence. Real results.





Increases sales revenue



Increases customer satisfaction



Reduce operational costs



Mitigate risk and ensure compliance





chefs warehouse

BEAU

+27 (0)21 794 8632 EXT. I CW@BEAUCONSTANTIA.COM BEAU CONSTANTIA

+27 (0)21 794 8632 EXT. 2 RESERVATIONS@BEAUCONSTANTIA.COM

#### THE STATE OF

## junior rugby

#### By **Brendan Fogarty**

HAVE WE LOST the essence of the game of rugby, where the focus is on fun, growing the individual and ensuring that we teach the right values? While many will argue that this is not case, the stats, the sidelines and intensity during games will tell a different story.

I have referred to this change in coaching style, ethos and emphasis in a previous article. Paraphrased; pre-season rugby in February, tournaments in April, and 10 months of the year specialisation, a win at all costs level driven by logs for U11 and U13 Primary schools and schools marketing themselves based on rugby results. The use of social media has played a massive role in parents and schools posting results, video clips and opinions on games and officials. The murky underground world of "poaching talent" is in itself a whole article on its own. In my opinion all of the above are totally counterproductive to producing quality rugby players. A game turned into a programme to drive all of the above.

We are seeing more softtissue injuries and an alarmingly big increase in concussions. Once again, in my view, these are caused by rugby no longer being Above and right: For boys to continue to enjoy the game, head of rugby at the Prep, Brendan Fogarty suggests that there are changes

coached as a contact sport, but rather as a collision sport! We see it on TV and we try to emulate it with our junior sides. Their young bodies are not ready for this and certainly their young minds are ill-equipped to be dealing with the intensity that is being imposed on them.

Is there a solution? Yes, we need to be looking at innovative ways to make the game safer

without losing the ethos of the contact nature of the game.

required in the approach from

with coaching.

adults, both on the sidelines and

Coaching philosophy is key, as are correct tackling and rucking techniques and, above all, educating the adults on the sidelines. The UK has recently brought out a coaching curriculum that emphasises age-appropriate coaching and law amendments at certain ages. In simple terms there is a gradual

#### **BISHOPS RUGBY SINCE 1861**













build-up to the game as we know it. Many South African coaches see this as a "soft" option arguing that our boys need to be tough and battle hardened, it's the South African way! Once again the stats will tell a different story: the alarming drop-out of players after school; the drop-off of playing numbers as boys and parents seek a "better game"; the longterm wear-and-tear type injuries, often as a result of bad management in the preadolescent years.

Rugby is a game for all shapes and sizes, it's a game of evasion, it's a game of skill and, above all, it's a game when coached correctly, boys can learn many vital life skills: team before individual, respect for opposition and team mates, respect for the laws of the game and the referee, self-control, resilience, decision making, critical thinking and camaraderie. It's a game that can produce future national and international stars.

It should not be a structured, robotic coach-driven programme that delivers players who play by rote and who constantly look to the coach for advice. If this is the case, we have stifled our players, we have increased their

risk of injury and have done very little for the longterm development of the individual.

We need to acknowledge that rugby is a game for the late maturer. We need to keep boys in the game for as long as possible, thus ensuring that we don't lose talent.

We need to sit back and ask ourselves what the role of rugby is in our education system. It remains a key "teaching tool" for boys when coached correctly and played in the right environment. We have work to do across all our junior rugby structures in South Africa.

## Whistle blowers

There is an encouraging trend to get schoolboys into the refereeing ranks. **Duncan Cruickshank** spoke with two of them.

**STARTING REFERES** "young" is an exciting development for the game and Bishops has embraced the concept, giving aspiring referees the opportunity to blow the whistle from a young age.

Given the complicated – and often subjective – nature of the interpretation of rugby's laws (yes, laws, not rules!), experience and coaching are vital to becoming the world's best referee. Identifying those characters who have a talent and flair for adjudicating the mistakes and transgressions of 30 rugby players is vitally important for both the present and the future of the game.

Bishops has two notable young referees who are climbing the ladder in the refereeing world and both of these young men's passion for their craft is palpable.

Wesley Holtmann is in Grade 11. When he was in Grade 8, a notice on the board caught his eye; he admits that playing rugby wasn't exactly his thing at the time and the opportunity to be involved in the game that he is obviously passionate about from a different perspective piqued his interest.

An introductory referees'

course at Newlands gave him the basics and he was soon making his debut at the Skeeles Sevens Tournament, a memory not exactly filled with highlights! "It was a tough introduction, especially dealing with comments from parents and coaches," he remembers with a laugh.

"We've been trained to say 'thank you for your opinion, sir, I'll certainly take your comments on board' and to then to carry on as we've been coached," he explains. Unfortunately, it seems, this continues to be the referee's greatest challenge. "However, on the field, you're in charge, so if there is any negativity from the players, a chat with the captain quickly sorts that out!"

There is a rule for schoolboy referees starting out that they can only officiate in games involving players of the same age or younger, so Wesley spent his Grade 8 and 9 years refereeing the lower U14 and U15 games respectively. By Grade 10, he had caught the eye of Ben Theron, the legendary WP Referees' Society man, who seconded him onto his five-man "panel" of schoolboy referees and he has been refereeing at schoolboy festivals

and some club sevens tournaments around the Cape.

A passion for medicine has seen Wesley become head of First Aid at school – Friday evenings are usually spent patching up survivors of ball and stick injuries around the hockey fields, while he also volunteers on ambulances and in hospital ERs (he has a thing for trauma, clearly) and, during the summer months, as a lifeguard at Fishhoek beach. He is also managing to fit in playing the euphonium in various music ensembles, all while achieving academically in order to study medicine when he finishes school! One is left wondering where he finds the time - and just how much time his mom spends chauffeuring him around the peninsula!

A devastating rugby injury at a young age and a realization that the referees who should have assisted in avoiding that injury were not very good are just some of the early motivations that got Calum Wehmeyer to learn the laws and take up the whistle.

"During one particular U12 game I was scrumming against a loosehead who couldn't support his own weight without holding himself up with his arm on the ground. I pointed this out to the referee, but he did nothing about it and I ended up with a neck injury that prevented me from playing again," he explains.

Fortunately, the injury was not so severe that he couldn't continue to lead an active, physical lifestyle and rowing became his first passion, leading to provincial colours while at Bishops. At the same time, he took the opportunity to do the schoolboy referee course, joined the referees' society and started refereeing games at school.

Calum finished at Bishops in 2017 and has moved to Scotland to Edinburgh University, where he is studying biomedical science.

His philosophy on refereeing is a disarmingly simple one, "I always want to be seen to be enjoying myself out there and I will smile a lot," he explains.

He also believes that the voice is often a more powerful tool than the whistle and believes in communicating clearly to players, especially when it comes to offside lines.

Calum has caught the eye of the referees' society in Scotland, a welcome youthful addition to their ranks and has been increasingly called in to referee club games, many of which are women's matches.

When asked what makes a good referee, he is quick to emphasise the importance of positioning on the field. "The best referees in the world are those who are in the right positions to make decisions," he explains, "It's something I work on a lot."

With these two young men among a growing group of Bishops boys in charge of rugby



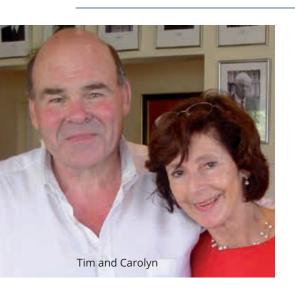
Above: Wesley Holtmann started refereeing in Grade 8. Inset and right: Calum Wehmeyer refereeing recently at Bishops and in the Scottish Conference Cup semi-final.

matches around the world, it is only a matter of time before the school celebrates another international rugby call-up.



# A lifetime dedicated to Bishops

**Paul Dobson** looks back fondly on the life of the legendary Tim Hamilton-Smith, a friend and colleague for more than 50 years.



#### THE WINDSOR CASTLE

steamed into Cape Town on 27 December 1967, onboard two young people from Oxford, five months married – Tim Hamilton-Smith and his wife Carolyn, who had had her 21st birthday a day out from Southampton.

The ship docked and down on the wharf there was Vivienne Mallett who, after all the formalities were done, took them home to the principal's house at Bishops, into an energetic family that included four children and some dogs.

Tim and Carolyn had come home. Bishops was much more to Tim than his 41 years of teaching at the school. It was more than his achievements – head of the geography department after Denis Hunt, housemaster of Founders for 12 years, vice-principal for five years till he retired in 2007, after which he became the creative OD Secretary for six years. It was home, the home of his being, the delight of his soul.

He genuinely did not understand a comment such as: "I'm looking forward to the holidays." Tim would say: "Why? Don't you like your job?"

He cared for the place, spending hours on the woodwork in Founders and on the organ in the Brooke Chapel.

The saying goes that those

who can, do; those who can't, teach. Tim could do many things. He coached and played rugby, cricket, and badminton, played golf off a single handicap, played nimble squash and, not often known, played the trumpet. He started the Geographical Society and was the founder of the Bishops Society and its first director. He was also graduate of the Silwood Cookery School and specialized in curries.

Like Apollo, he was a man of many parts, a man of thought and a man of action, but with a relaxed way of going about things, seeming to do nothing, and, unlike Apollo, he had a great sense of humour. On the Windsor Castle, on Carolyn's 21st birthday, Tim went to the purser and said: "Could you do something for my wife's 21st birthday – at the least possible expense?"

Tim joined in in staff

activities. He was a particularly ugly villain in a staff play and went on tours to the Karoo and the Eastern Cape with the Stags, the staff cricket side. Inevitably he became a member of the Olympic Sports Cup where several Bishops masters were happily members and where the flags were dropped to half mast in respect for Tim.

Tim was very much a man's man, happy in the company of men with its beery banter, and what better place than in the rugby environment. Just one look at Tim and you would immediately think "Prop". He looked like a prop and was a prop. The boys called him, The Honourable Timothy Hamilton-Smith, the son of Lord Colwyn, "Tank". That was his nickname throughout his time at Bishops. (Tim's brother Anthony is the present Lord Colwyn.)

There was another prop called Tank at Bishops – Andrew Lanning, a huge boy. Once, in Tim's class, the chair on which the younger Tank was sitting, gave way under the weight and there was sudden consternation. Tim sent the hapless Lanning running round and round the Founders quad, carrying the chair – so that he could lose weight.

It was through rugby that Tim got to Bishops. After schooling at Cheltenham College, where he played rugby, Tim went up to Oxford. He played for Oxford but just missed out on a Blue (awarded only for the Varsity match with Cambridge) and instead played for the second team. But there were South Africans there at the time who impressed him greatly – amongst them Errol Moorcroft, Elwyn

Lloyd and Tommy Bedford.

Tim told Moorcroft that he was intending to go to South Africa and had heard such wonderful stories about Cape Town from his mother's military brother that he wanted to go and teach there. Moorcroft told him that he should apply for Bishops, which Tim did with the devotion of a lifetime.

Tim was born on 28 June 1944, which meant he was 23 when he arrived at Bishops, considerably younger than other members of staff. A new man in a new environment, he realised that

the backs that they want them to use their hard-won product in the best way possible – by running and scoring tries.

Later Tim became Basil's assistant and they produced wonderful teams. Apart from the biennial trip to Grahamstown to play St Andrew's, Bishops toured overseas. Tim and Basil went to England, which included a visit to Cheltenham College, where the film *If* had just been made, Ireland where Guinness became a substitute for food, and Australia too.

#### "Just one look at Tim and you would immediately think 'Prop'. He looked like a prop and was a prop."

rugby was a great way to get to know people and so he joined the UCT RFC and played prop for them. From there he went down to False Bay and played tighthead for them when the loosehead was Basil Bey, whose hip would pop out from time to time, only to be bashed back so that he could play on. In 1972, Tim was playing for False Bay and Basil was coaching the team when for the first time False Bay won the Grand Challenge.

From his first year at Bishops, Tim coached the Under-16 A. Alan Douglas was then coaching the 1st XV and Basil joined the Bishops staff. Alan soon made the generous gesture of moving out of the 1st XV so that Basil could coach it, and Bishops had props coaching all its A teams - Alan Douglas, Paul Dobson, Tim and Basil. And Bishops played wonderful, running, creative rugby. Perhaps props know just how hard it is to get the ball to

Tim was a really good rugby coach, being especially creative in the use of loose forwards.

If you go to the Heatlie, you wil see Basil and Tim commemorated next to each other there. It was Basil's drive that built the first Heatlie, Tim's drive that built the second, enlarged Heatlie.

Tim Hamilton-Smith, who had had a long battle against cancer, died peacefully in his own bed during the night of Monday-Tuesday, 24-25 September 2018, after a great life of activity and service. He is survived by his heroic wife Carolyn who was his primary carer and their two daughters, Annabel and Fiona and their families.

Not long before he died, after Carolyn had left the room, Tim said: "I can't believe that's the little girl I married. She's so strong and looks after me so well."

Go well, good friend.

## Triumphant 50th at Villager 7s

THE BISHOPS 2018 rugby season ended with a superb victory at the 50th occasion of the Villager School Sevens. Bishops has the most successful record of any school at the annual event dating back to 1969, having won 22 of the past 50 tournaments. This included last year's victory, the first since 2009. The tournament has become very competitive in the last few years with big-name schools like Paarl Gym being included in the draw. This is on top of 'sevens-specialist' schools like Tygerberg and Excelcior who have won four of the last nine tournaments.

Bishops started off with good wins against Rondebosch B, Bergvliet and Wynberg B. Perhaps the toughest game of the evening was in the quarters, where huge heart was shown to eventually come out on top

against a determined SACS A side. The semi-final against Wynberg A started off tightly, but Wynberg tired (thanks to the Bishops B team giving them a good run in the earlier game) and they ran out easy winners 36-19.

The final is the sixth game of the evening - so physical and mental fatigue is a big factor. The match against Paarl Gym was a repeat of last year's final and was another close affair. Bishops started off emphatically, playing their best sevens of the night and scored two memorable length-of-the-field tries. Paarl Gym fired back quickly with two tries. The side 'hung tough' and a try by Luca Liebenberg sealed the game and back-to-back victories for Bishops at the Villager Sevens.

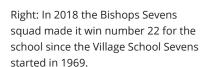
The boys can be really proud of their attitude, flair and the

mental strength they showed to win the tournament. The victory represented everything that Bishops rugby stands for.

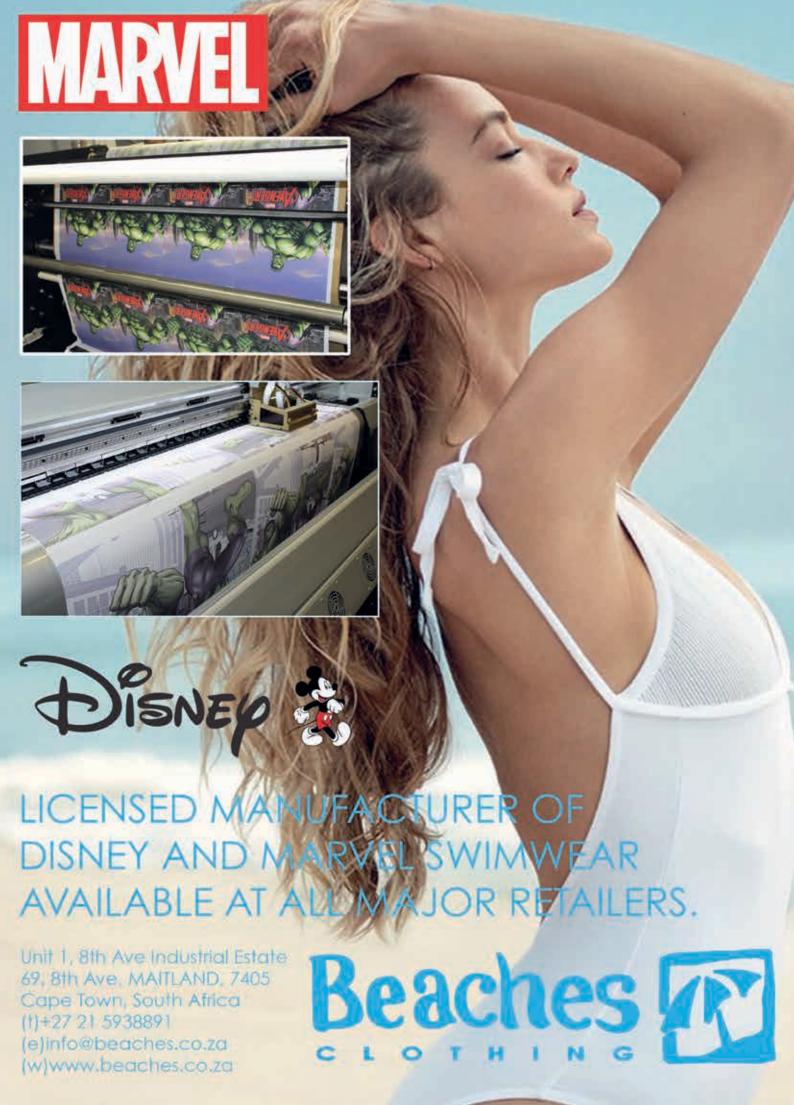
A big thank -ou to Josh Moon and James Murphy who were with the team all week. Their experience and fresh approach were instrumental in the boys' preparation! Congratulations to Daniel Stehlik and William Rose who were named Forward of the Tournament and Player of the Tournament, respectively.

#### **2018 SQUAD**

Victo Allen, Alex Castle, Bingo Ivanisevic, Alex Jankovich-Besan, Liam Kloosman, Luca Liebenberg, Jordan Meyer, Harry Newman, Mike Roche, William Rose, Tim Sharples and Daniel Stehlik.







## Culture

#### GETTING THE PROCESS RIGHT

#### By Chris Ekron

#### CULTURE, HUMILITY, RESPECT,

perseverance are often buzzwords thrown around in the change rooms among many sporting teams, but very few really know how to implement these concepts or what they really mean.

After several discussions amongst the coaches, we realized that the idea of, or what it means to be, a Bishops 1st XV rugby player needed some improvement. We needed to answer the question, what does it actually mean to put that blue jersey on?

The 1st XV squad needed to understand that if they were to wear the blues, it would come with a responsibility; and if they were to be successful, they needed to create a 'culture'. They had to 'Get the process right'. What this all meant in practice was simple: if you can't get your academics up to scratch, if you can't get your discipline right, if you can't be an inspiration and role model to the younger lads, then what gives you the right to wear that blue jersey? If you can't get it right off the field, you won't get it right on the field! The message from the coaches was clear, "Get Bishops rugby to the standards that it should be!"

Goals are part of any team's preparation before a season starts, but what exactly does it mean to run onto the hallowed



Above: At the beginning of the 2018 season the 1st XV committed to AUL – Attitude, Unity and Legacy. As demonstrated by Jeff Malherbe!

turf of the Piley Rees and wear the Mitre? This was the type of question asked at our team meeting before we went off to the St Stithians festival in March. The team came up with the theme "AUL" and it would often be heard amongst them when training got tough or when they were defending their line.

#### AUL – Attitude, Unity, and Legacy.

A - Attitude: Have no excuses; take ownership of practice time and your own mistakes; positive encouragement; correct pregame mindset.

**U - Unity:** Brotherhood; vibe; trust in your teammates.

L – Legacy: Wherever we go we

leave a legacy; enjoyment and humility on and off the field; being role models; never giving up in any situation; respect for your coaches, teammates, practice time, school time and the value of the jersey.

It is evident that teams don't always "Get the process right", however, this group under the leadership of Wesley Chetty has started that process and the coaches are confident that the culture and what it means to be part of the Bishops 1st XV has been set and the jersey will be left in a place where the next generation will not only aspire to play for the Bishops 1st XV, but also live up to the standards and expectations that have been set to wear that blue jersey.





#### We do IT in Africa













Brandon - 083 324 9539

## ODs and rugby

OD Union secretary **WP van Zyl** reports on Bishops Old Boys who are making their mark on rugby around the world in 2018

#### **RUGBY SELDOM ENDS** for Rishops hove when they

Bishops boys when they finish school.

Happily we can report that three ODs represented South Africa in the 2017 year-end tour to Britain: Dillyn Leyds (2010S), Nizaam Carr (2009M), and Francois Louw (2003W). Dillyn went on to captain the Western Province 2018 Currie Cup side, Nizaam signed for Wasps in the UK, and Francois has again represented the Springboks against England and in the Rugby Championship in 2018. James Murphy (2013F) had the honour of representing the Blitzbokke at the prestigious Hong Kong Seven's Tournament; Dasch Barber (2006M) continues to play for Germany; and George Spencer (2017F) represented Scotland Under 19.

Speedster Keenan Jacobs (2014W) applied his sevens skills in America; so too did Mathew Turner (2006W) who played 15's



The OD side turned out in pink shorts in celebration of Women's Day when they took on an Old Andreans side at the Piley Rees, winning 21-7.

for the Seattle Seawolves; while Nick Koster (2007F) put his body on the line (as captain of the side) to help Cambridge secure a win in the 2017 derby over Oxford. And Nick Fenton-Wells (2004F) captains the Bristol Bears.

At club level Graham Knoop (20050) led False Bay to a memorable win in the 2017 South African Club competition - the Gold Cup. Ghaalieb Kenny (2017F) is the captain of the Maties Junior Victorians. Christian Stehlik (2016F) made his debut for the UCT First XV.

Even coaches abound: Robbie Fleck (1993O) coaches the Stormers, while John Dobson (1985K), who coached Western Province to a 2017 Currie Cup victory, continues as the head coach of the Currie Cup side. Gareth Hayden (2000K), Wesley Chetty (2006O) and Tim Swiel (2011F) all coached the Bishops

First XV this year, and a plethora of ODs assisted with other Bishops sides. Internationally Stephen Knoop (1998F) is coaching university students in Ireland.

OD Branch Secretary for Scotland, Dr Rob Murray, lives in Melrose, the southern-border village where a local butcher conceived the game of rugby sevens. Rob is a non-playing member of the Melrose Rugby Club. He has recently caught up with Calum Wehmeyer (2017B), who is studying at Edinburgh University and is working his way up the Scottish rugby refereeing ranks.

Matthew Pearce (1987G) continues to commentate on SuperSport for Springbok, SuperRugby and Currie Cup matches. Anton Taylor (2005B) is also making headway with the same broadcaster and has commentated on club and school derby games alike. Anton had the honour of commentating on the biggest schoolboy derby in the world, between Paarl Boys High and Paarl Gymnasium. He followed that up with the Under 18 Springbok series against England, France, and Wales. Wilson Mathidza (2004G) directs the derby games between Bishops and Rondebosch for SuperSport; and then there is Glen Biderman-Pam (2007F), who hosts his own hilarious rugby show, Off the Bench.

Barry Heatlie was instrumental in starting the Old Diocesan Rugby Football Club, back in 1896. The club has experienced a breath of revival this year. Roland Evans (2006F) took a sevens side to the St Stithians festival, where they beat Old Stithians 17-5 in the curtain raiser to the match between the two school sides.

Simon Richman (1992W) took over the captaincy for a National Women's Day match against Old Andreans. Playing in pink shorts out of respect for women, the ODs won 21-7.

Matt Norton (2017S) led the ODs to an unbeaten run in the qualifying rounds of the 2018 Villager Old Boys Sevens. They met a very determined Rondebosch Old Boys' side in the final and the ODs narrowly lost 10-12.

Rob Beighton (1995G) has been the inspiration behind OD touch rugby on Thursdays at the Lutgensvale Fields.

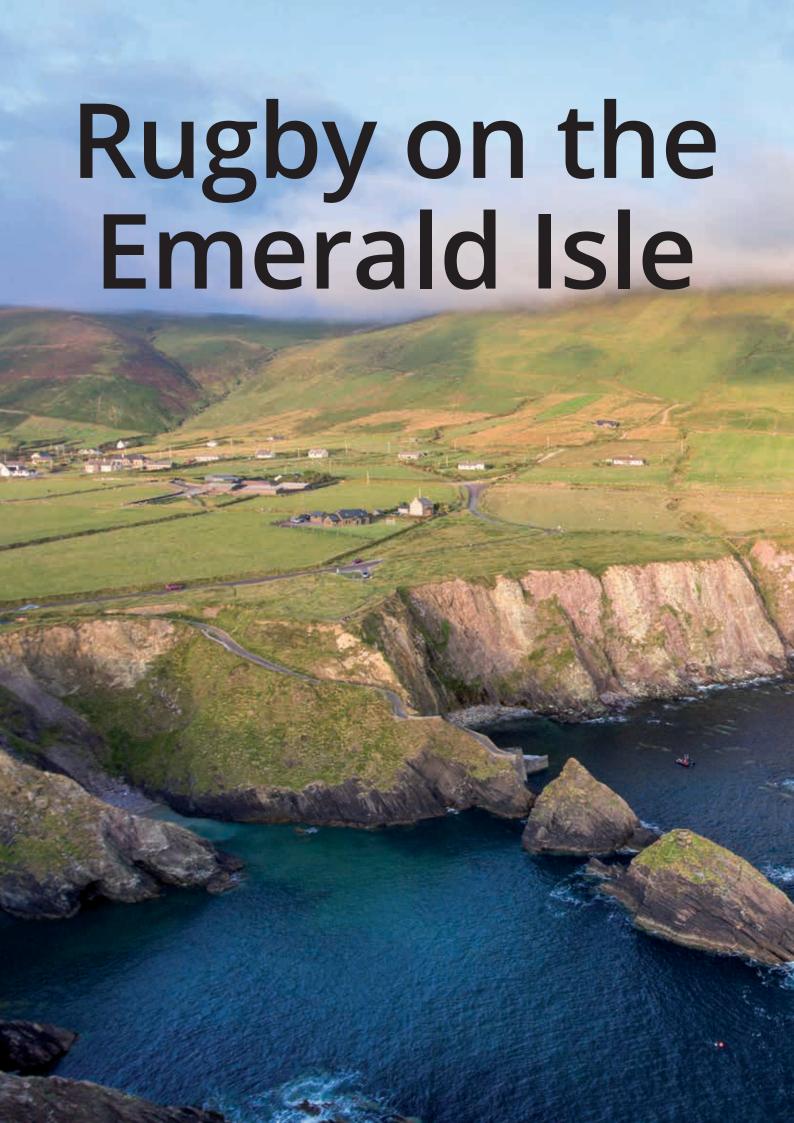
Many ODs are also participating in University Internal League or Koshuis sides. At UCT the Cobras, consisting mostly of ODs, have come through the round-robin phase unbeaten.

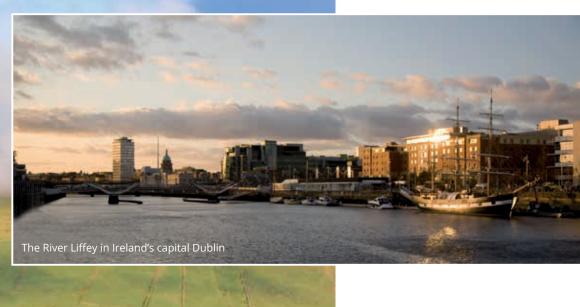


Above: The Cobras, made up mainly of ODs, came through the round-robin phase of the UCT Internal League unbeaten.



Above: Skills aplenty are on display on a weekly basis at Lutgensvale, where an informal game of touch rugby has been started by Rob Beighton (1995G).







The Bishops
1st XV will tour
Ireland in
March 2019.
Richard Evans
(OD 1995F)
shares some
insight on
schools rugby
there.

SCHOOLS RUGBY is very different in Ireland – but don't be fooled, it is fiercely competitive at U18 level.

Most junior rugby players in Ireland start their introduction to rugby at clubs, not at school – there are a handful of private schools that have junior-school teams, but these are few and far between. Rugby is played at high schools, so there is a serious drop-off at club level in the U14 to U18 age groups.



The focus of schools rugby is the junior (U15) and senior (U18) cup knock-out competitions. In the lead-up to these, schools prepare by playing friendlies against neighbouring schools in their province from September to January. These are organised on an ad hoc basis – there's no such thing as traditional schools derbies as we see in SA – until the cup competition kicks off after Christmas. If you lose, you are out, your season is over!

Finals are played across all four Irish provinces on Saint Patrick's Day. The most famous of the four is the Leinster Schools Senior Cup.

Johnny Sexton, Cian Healy, Garry Ringrose, Gordon D'Arcy, Luke Fitzgerald, Denis Hickie, Brian O'Driscoll: these are just some of the countless names that have been produced for the Irish rugby system by the Leinster Schools Senior Cup, a schools' cup competition that can only be rivalled by that of New Zealand, and has typically attracted crowds in the thousands, with strong school allegiances bringing alumni to games long after their graduation. The cup final typically sells out the 25 000 capacity, RDS Arena,

with the atmosphere at the games becoming a thing of folklore.

In recent years there have plenty of unforgettable moments such as Blackrock's come-frombehind victory over Cistercian College, Roscrea in 2013's semi-final, the subsequent revenge from the Roscrea men and their maiden title in 2015 and Belvedere College's two-in-a-row in 2016 and '17.

Of course, the Senior Cup is synonymous with the fantastic breeding ground for rugby talent that is Blackrock College. The school has won the trophy on 69 occasions, producing players such as O'Driscoll, Ringrose and Fitzgerald, as well as the likes of Jordi Murphy, Victor Costello, Leo Cullen and Joey Carbery. They have been through a period of relative drought in recent years as they waited for the elusive 69th title. They captured it last year over great rivals from the north-side, Belvedere College, with recent Leinster academy entrant, Liam Turner, lifting the trophy.

Belvedere College has emerged as a real Senior Cup powerhouse in the last couple of decades, winning back-to-back titles in '16 and '17 to take their

Above: The RDS Arena at which schools play the cup final to capacity crowds.

Inset: Blackrock College, pictured here with the cup in 2014, are heavily favoured again in 20119.

total to 12 and moving them into second position in the list of most overall cup victories. Past pupils include Ollie Campbell, Cian Healy and Ian Keatley, but the more recent graduates of the school are yet to break into the professional scene. Many of them are still in the Leinster Academy and junior ranks. It is only a matter of time before the world of rugby will have the privilege of watching them on the biggest stage of all.

Terenure College and Clongowes Wood will both stake their claim to being the next most dominant side on the list with 10 and 8 wins respectively, with their last coming in 2003 and 2011. In recent years it has been Blackrock's neighbours, St Michaels, that have really stood out as the biggest challengers to the crown. They have won two titles in the last 10 years and have produced some fantastic

talent as their rugby grounds have undergone expansion and renovation. Players such as James Ryan, Rory O'Loughlin, Ross and Harry Byrne make up a significant percentage of Leinster's current squad and are all alumni of the school.

This year's competition is just around the corner as the new school year kicks off.

Preparations will be well underway in all of the schools involved, with many pupils looking forward to this year's competition since they finished playing Junior Cup (U15) some three years ago.

As always, Blackrock will be in the mix, especially after reclaiming their title last season. However, it is widely regarded as even more difficult to win that second title and St. Michaels and Belvedere will be waiting for them in the wings. St. Michaels may be favourites for the competition this year, as they were last year for many pundits.

When Bishops tours in March 2019, the boys can expect bitterly cold, wet weather. Games will probably be played on all-weather pitches and don't be surprised if games are called off if there are weather warnings (that sometimes spell treacherous road conditions)!

The boys can expect to be up against attractive, expansive attacking-style rugby – the success of Leinster has done much to influence this style of play throughout Irish Schools rugby.

Expect world-renowned, warm Irish hospitality, plenty of singing and perhaps even a visit to the Guiness factory... What an experience awaits!

BISHOPS 1ST XV RUGBY 25-MAN SQUAD IRELAND MARCH 2019		
NAME	GRADE	HOUSE
Beley, Kyle	Grade 11	Ogilvie House
Blanckenberg, Keagan	Grade 10	Founders House
Bolton, James	Grade 10	School House
Cassiem, Mustapha	Grade 10	White House
Evans, Connor	Grade 10	White House
Ford, Michael	Grade 10	Mallett House
Francis, Wafeeq	Grade 10	Founders House
Groenewald, Euan	Grade 10	White House
Hampshire, Jack	Grade 11	Founders House
Jones, Oliver	Grade 10	Mallett House
Kappatos, George	Grade 10	School house
Kloosman, Liam	Grade 11	White House
Lennett, Matthew	Grade 11	Ogilvie House
Liebenberg, Luca	Grade 11	White House
MacDonald, Aidan	Grade 11	Kidd House
Martin, Max	Grade 11	Founders House
Mngomezulu, Sacha	Grade 10	Founders House
Rudston, Samuel	Grade 10	Ogilvie House
Smith, Matthew	Grade 11	Founders House
Sneddon, Ryan	Grade 11	Mallett House
Van der Merwe, Michael	Grade 11	Birt House
Van Wyk, Keegan	Grade 10	White House
Vintcent, Ross	Grade 10	Founders House
Wharton, Isaiah	Grade 11	Founders House
Yates, Charlie	Grade 11	Kidd House

RISHOPS 1ST XV/ RLIGRY 25-MAN SOLIAD



Having coached at Bishops and UCT during his university days, Richard Evans moved to Ireland after completing his degree to pursue his love of coaching at a club in the West of Ireland. That pursuit led to 18 years in Ireland, the last eight of which was as Director of Rugby at a then "underperforming" club in Dublin. Richard is married to Aoife and they have two young children. They recently moved back to Cape Town where he continues to run the popular Ultimate Rugby app, started by the legendary Brian O'Driscoll.

## Of rubber ducks and dubbined balls

By John Dobson

I REMEMBER in my latter days of College playing for one of Rubber Duck's nether U19 teams and, late in the season, we were still unbeaten.

Rubber Duck was of course the nickname, for reasons we could only guess, of the legendary schoolmaster John Gardener, then vice-principal, and future principal, Rhodes Scholar and meticulous setter of the school timetable. That distinctive handwritten and roneoed (google it) timetable would give you the dreadful, year-altering news of double Maths after lunch, or make sure that you came to school after a free period for 40 minutes of Latin. Cruel and calculating. They also say - and I don't think this is just legend - that he is the only man in the history of matric examinations to get full marks for an English essay. I know it must be true, because The Hon. Brian Bamford, SC, MP and Rhodes Scholar the subsequent year, told me - he was a politician, so it must be true.

I wouldn't say I learnt a vast amount about rugby from Rubber Duck. I learnt a lot about English from him – he once talked for an entire 40-minute period about



lying in the bath and putting one's toe against a dripping tap. On the rugby field, like then housemaster of Kidd, Captain Mike "Spike" Fisher, he was more worried about our socks being up (a challenge if you had forgotten a garter) and he certainly banned my white laces – a stark and obvious contrast to the any-colour-you-like-as-long-as-it-is-black rugby boots of the day.

In these trendy times, when catchphrases like Better People Make Better All Blacks are first off the lips and us coaches like to beat our chests in producing better players and better people – not always for some altruistic

reasons, often just to win a competition – Gardener was a world leader 30 years ahead of his time without, I suspect, having a clue.

Remember, those were the days when all rugby balls were dubbined, their laces cleaned and all given names individually – Rosie being a very popular one. Ask Basil why.

But, for me, Rubber Duck's greatest lesson was in that season when we were cheerfully unbeaten going deep into the third term – in the days when we used to play a lot of rugby in the third term. In fact it was the second-last match and we'd



MADE, MATURED AND BOTTLED BY BOEKENHOUTSKLOOF FRANSCHHOEK SOUTH AFRICA





already seen off the muscleencrusted specimens of the Paarl and Stellenbosch schools and we only had, I think, Strand High School and, of course, Rondebosch to go.

This was a splendid time of the season, especially when you are unbeaten and you have Rondebosch at home to finish as your coronation and then go on to that most sacred of institutions, housematches. I could go on about those Black Southeaster September afternoons in which the results of furious internecine rivalry filled the sanatorium, but safety is important these days, sigh, and soon we will have to drive to school in crash helmets with the mitre on them...

Now Strand, whose parents all

apparently worked at the dynamite factory nearby – this was long before the area boasted a Mugg & Bean – I don't think had won one game the entire season. Well, they would've beaten SACS, because everybody did.

With brilliantly shined brogues, our hair polished and teeth combed, we went out there in the normal glittering convoy of parents' cars (mine excluded, our ageing, yet sensible, Peugeot 404 didn't glitter) – and lost.

We slumped crestfallen into the changing room, with the odd sob from a Founders boy breaking the silence, until Rubber Duck walked in, clutching his shooting stick and wearing a broad smile.

"Thank God," he said, "I was worried that we were

going to go unbeaten."

Golly, we thought, what's the Duck on about? His logic was, of course, that the point of being at the school was our broader education (for most of us) and that we would learn far more from this defeat than we would have had we gone unbeaten. He was, of course, completely right.

I know in recent years we have probably made overuse of this lesson and probably become quite proficient in processing defeat, but it is very important in the school of life to know how to handle these setbacks. Trot out the clichés, blame the ref if that's all you can do, but most importantly, pick yourself up and look forward.

I suppose the key is not to become too adept at it.

Pick n Pay has cared passionately about the communities we serve with various programmes designed to give back. With the Pick n Pay School Club we partner with other well-known brands to provide educational material to more than 3 000 schools every year. Find out more at www.schoolclub.co.za







# Putting your money to work since Day 1.

From the day Coronation opened its doors, with so much change in the air, our purpose has never wavered. For 25 years, through the highs and the lows, we work every day to earn your trust and make your money work for you.

July 1993

CORONATION

TRUST IS EARNED™

To invest your money today, speak to your Financial Adviser or visit coronation.com.