

# BISHOPS PREP



SMIKE 2016

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# CHESS

This term was exceptional and the chess teams achieved some brilliant results. The first team won the Bishops Inter-Schools Tournament and the WPA Chess League. The 2nd team did magnificently in the same tournament ending up in a respectful

5th place. The 3rd team won the WPB League. Chess is growing every year at Bishops and I'm happy to say that we have over 30 Chess Club members. We are looking forward to increasing that number in 2017.



*Matthew Brodziak making an important move*



*Great concentration from Jordan de Sousa*



*Akshay Thakersee planning his final moves*

1st	Result	2nd	Result	3rd	Result
SACS	Won 6-0	Fish Hoek	Won 4-2	Groote Schuur	Lost 2-4
Reddam	Won 6-0	Herzlia Constantia	Won 4-2	Kirstenhof	Won 4-2
RBPS	Won 5-0	Kirstenhof	Lost 1-5		
Inter-School	Won	Inter-School	10th place		
WPPS	Won 4-2	RBPS	Lost 2-4		
Kirstenhof	Draw 3-3	SACS	Won 5-1		





# PREPARATORY SPORT





*Charlton boys working hard*

## CROSS COUNTRY

The Prep Cross Country team had a great 2016 season led by an exemplary (*"A leader is one who knows the way, goes the way, and shows the way."* — John C. Maxwell) and humble (*"The price of greatness is responsibility."* — Winston Churchill) Captain Fantastic, **Matthew Tripe**.

The season started with the seasonal runners participating in the Southern Zone races which took place on Fridays. The team had seven runners who successfully made it to the Zonal Championships (ZC) and five of our team members achieved the top 20 positions in the Zonals to qualify for the Western Province Championships (WPC). In the Western Province Championships, two runners made it to the Western Cape Championships (WCC). Congratulations were in order as follows: U13: **Gabriel Dyssell Höfinger** (ZC), **Oliver Kennedy-Smith** (WPC) and **Matthew Tripe** (WPC); U11: **Michael Kruse** (ZC)

and **Jacob Phillips** (ZC); U10: **Carwyn Davies** (WCC), **Adam Constant** (WPC) and **Lucca Mynhardt** (WCC).

The second phase of our season was the Inter House event held in the last week of July on Friday 29 July 2016. After all the rain, we were fortunate to have a beautiful, warm day for the event. The results were close and the winning House was Charlton. A fantastic effort by all the learners in Charlton House, but also CONGRATULATIONS to all the learners who participated on the day!

The top ten finalist from the Inter House event for each of the age divisions (U9 – U13), participated in the Pentangular event which was organised by Wynberg Boys Junior School at Wynberg Park on the 19th August 2016. The boys did exceptionally well with the hilly challenge provided by the beautiful landscapes of the Park. Out of the five schools involved in this event, Bishops Prep placed in second position overall.





*Brooke boys setting the pace*



*Ben MacFarlane looking at ease*

We finished the season with the High Noon Cross Country Camp held on the 3rd and 4th September 2016 in Villiersdorp. Our boys and the girls from Rustenburg Junior School had a lot of fun and the Outreach Programme of the Camp for the children of Villiersdorp was a great success. The team led by Mrs Tripe, Mrs Byron and Mrs Macdonald-Höfingher distributed 150 goodie bags, 18 prizes, second hand clothing and also shared refreshments with all the participants after the races from U11s to U13s. Thanks to the Prep PA team led by Ms Petersen and all the sponsors and donors that helped to achieve the objectives of the outreach programme of the Camp.

I would also like to thank the parents and friends who came to support and cheer the learners on throughout the 2016 Cross Country events. Also my gratitude goes to the Prep teachers and the Bishops maintenance and grounds staff who helped to make the Inter School and the Inter House successful events.

Bon voyage to all the Grade 7s and I hope that you keep your passion for this sport going at the College next year. We will meet again at the starting line of the Sanlam Cape Town Marathon, The Gun Run, The Old Mutual Two Ocean Marathon and ultimately at the Comrades Marathon.

**Matthew Tripe, Gabriel Dyssell-Höfingher, Matthew Byron, Seth Nieburg, Boyd Gannon, Oliver Kennedy-Smith, Thomas Newton, Oliver Carey, Ben MacFarlane, Andrew Kleye, Liam Day, Jacob Phillips, Michael Kruse, Carwyn Davies, Luke Johnstone, Thamsanqa Siko, Lucca Mynhardt, David Handley, Thomas Welsh, Zachary Anderson, Thomas Ludlam, Sebastian Jack, Adam Constant, Noah Edmunds, Jack Breslin, David Tripe, Rowan Piorkowski, Conor Day, Benjamin Watt, Ryan Voigt, John van der Watt, Jean de Villiers**

*T Siko*

## HOCKEY

**HOCKEY vs Reddam, Kirstenhof and Wynberg Festival -21, 22, 23, 27, 28 July 2016**

<b>Under 13A</b>	Invitational XI	<i>Won</i>	15-0
<b>Under 13A</b>	Grey Junior	<i>Lost</i>	1-4
<b>Under 13A</b>	Selborne	<i>Won</i>	1-0
<b>Under 13A</b>	Reddam	<i>Won</i>	3-1
<b>Under 13B</b>	Reddam	<i>Won</i>	4-1
<b>Under 13C</b>	Reddam	<i>Won</i>	13-0
<b>Under 12A</b>	Reddam	<i>Lost</i>	0-1
<b>Under 12B</b>	Reddam	<i>Won</i>	5-1
<b>Under 12C</b>	Reddam	<i>Won</i>	3-1
<b>Under 11A</b>	Reddam	<i>Drew</i>	2-2
<b>Under 11B</b>	Reddam	<i>Won</i>	6-0
<b>Under 11C</b>	Reddam	<i>Won</i>	7-0
<b>Under 10A</b>	Reddam	<i>Won</i>	4-1
<b>Under 10B</b>	Reddam	<i>Won</i>	4-0
<b>Under 10C</b>	Reddam	<i>Won</i>	10-0
<b>Under 10E</b>	Kirstenhof U9A	<i>Lost</i>	1-7
<b>Played: 16</b>	<b>Won: 12</b>	<b>Drew: 1</b>	<b>Lost: 3</b>

**HOCKEY vs St Andrews and WPPS - 2, 3 and 4 August 2016**

<b>Under 13A</b>	St Andrews	<i>Won</i>	3-0
<b>Under 13B</b>	St Andrews	<i>Drew</i>	0-0
<b>Under 11A</b>	WPPS	<i>Won</i>	3-1
<b>Under 11B</b>	WPPS	<i>Lost</i>	1-2
<b>Under 11C</b>	WPPS	<i>Won</i>	2-0
<b>Under 11D</b>	WPPS C	<i>Lost</i>	1-10
<b>Under 11E</b>	WPPS D	<i>Lost</i>	0-2
<b>Under 10A</b>	WPPS	<i>Won</i>	7-2
<b>Under 10B</b>	WPPS	<i>Lost</i>	0-3
<b>Under 10C</b>	WPPS	<i>Won</i>	5-0
<b>Under 10D</b>	WPPS	<i>Won</i>	2-1
<b>Under 10E</b>	WPPS	<i>Drew</i>	1-1
<b>Played: 12</b>	<b>Won: 6</b>	<b>Drew: 2</b>	<b>Lost: 4</b>



**HOCKEY vs SACS - 10, 11 August 2016**

<b>Under 13A</b>	SACS	<i>Won</i>	4-0
<b>Under 13B</b>	SACS	<i>Drew</i>	1-1
<b>Under 13C</b>	SACS	<i>Drew</i>	1-1
<b>Under 13D</b>	SACS	<i>Won</i>	3-2
<b>Under 12A</b>	SACS	<i>Won</i>	5-0
<b>Under 12B</b>	SACS	<i>Won</i>	1-0
<b>Under 12C</b>	SACS	<i>Won</i>	5-0
<b>Under 12D</b>	SACS	<i>Won</i>	5-0
<b>Under 11A</b>	SACS	<i>Won</i>	2-1
<b>Under 11B</b>	SACS	<i>Drew</i>	0-0
<b>Under 11C</b>	SACS	<i>Won</i>	3-0
<b>Under 11D</b>	SACS	<i>Won</i>	2-1
<b>Under 10A</b>	SACS	<i>Won</i>	7-4
<b>Under 10B</b>	SACS	<i>Drew</i>	3-3
<b>Under 10C</b>	SACS	<i>Drew</i>	2-2
<b>Under 10D</b>	SACS	<i>Lost</i>	1-4
<b>Under 10D</b>	SACS	<i>Won</i>	4-0
<b>Under 10E</b>	SACS	<i>Lost</i>	0-10
<b>Under 10E</b>	SACS	<i>Drew</i>	1-1
<b>Played: 19</b>	<b>Won: 11</b>	<b>Drew: 6</b>	<b>Lost: 2</b>

**HOCKEY vs Rondebosch - 24, 25 August 2016**

<b>Under 13A</b>	Rondebosch	<i>Drew</i>	0-0
<b>Under 13B</b>	Rondebosch	<i>Lost</i>	3-4
<b>Under 13C</b>	Rondebosch	<i>Lost</i>	0-2
<b>Under 13D</b>	Rondebosch	<i>Won</i>	5-1
<b>Under 12A</b>	Rondebosch	<i>Drew</i>	2-2
<b>Under 12B</b>	Rondebosch	<i>Won</i>	4-1
<b>Under 12C</b>	Rondebosch	<i>Won</i>	2-1
<b>Under 12D</b>	Rondebosch	<i>Drew</i>	2-2
<b>Under 12E</b>	Rondebosch	<i>Won</i>	4-2
<b>Under 11A</b>	Rondebosch	<i>Drew</i>	1-1
<b>Under 11B</b>	Rondebosch	<i>Won</i>	4-2
<b>Under 11C</b>	Rondebosch	<i>Won</i>	5-1
<b>Under 11D</b>	Rondebosch	<i>Drew</i>	1-1

<b>Under 10A</b>	Rondebosch	<i>Drew</i>	3-3
<b>Under 10B</b>	Rondebosch	<i>Won</i>	8-2
<b>Under 10C</b>	Rondebosch	<i>Lost</i>	1-3
<b>Under 10D</b>	Rondebosch	<i>Lost</i>	1-3
<b>Under 10E</b>	Rondebosch	<i>Lost</i>	0-9
<b>Played: 18</b>		<b>Won: 7</b>	<b>Drew: 6</b> <b>Lost: 5</b>
<b>HOCKEY vs Wynberg and St Charles Natal - 17, 18 &amp; 19 August 2016</b>			
<b>Under 13A</b>	Wynberg	<i>Won</i>	3-0
<b>Under 13A</b>	St Charles Natal	<i>Drew</i>	2-2
<b>Under 13B</b>	Wynberg	<i>Won</i>	4-2
<b>Under 13B</b>	St Charles Natal	<i>Lost</i>	0-1
<b>Under 13C</b>	Wynberg	<i>Won</i>	2-1
<b>Under 13C</b>	St Charles Natal	<i>Won</i>	3-1
<b>Under 13D</b>	Wynberg	<i>Won</i>	4-3
<b>Under 13D</b>	St Charles Natal	<i>Won</i>	6-1
<b>Under 12A</b>	Wynberg	<i>Drew</i>	1-1
<b>Under 12B</b>	Wynberg	<i>Drew</i>	1-1
<b>Under 12C</b>	Wynberg	<i>Drew</i>	0-0
<b>Under 12D</b>	Wynberg	<i>Won</i>	4-0
<b>Under 12E</b>	Rondebosch	<i>Drew</i>	1-1
<b>Under 11A</b>	Wynberg	<i>Won</i>	5-1
<b>Under 11B</b>	Wynberg	<i>Won</i>	7-1
<b>Under 11C</b>	Wynberg	<i>Won</i>	8-0
<b>Under 11D</b>	Wynberg	<i>Drew</i>	1-1
<b>Under 10A</b>	Wynberg	<i>Won</i>	5-4
<b>Under 10B</b>	Wynberg	<i>Won</i>	5-0
<b>Under 10C</b>	Wynberg	<i>Won</i>	7-4
<b>Under 10D</b>	Wynberg	<i>Won</i>	5-0
<b>Played: 21</b>		<b>Won: 14</b>	<b>Drew: 6</b> <b>Lost: 1</b>

### U13A

In the second term we started the season off well, experienced a slight hiccup or two in the middle of the term and ended the quarter off in emphatic style with an unbeaten tour of KZN. The team felt that we had laid the

foundation to build even further in the third term. After a good holiday, we were thrust into some intensive action at the Wynberg 175 Winter Festival where we encountered some stiff opposition on the final two days. From a hockey point of view, this was great, but with





*Seb Panieri in control*



*Brett Horn looking to pass*

so many rugby players in our team, the boys were over extended, which would haunt us for the remainder of the season as many players either suffered injury or were sick. From June until early September we were unable to field a full strength team. In hindsight, this was not a total disaster and afforded some of our players to experience playing in different positions and give some U13B and U12A players the chance to play off the bench. All the boys involved gained valuable experience and acquitted themselves well. The boys enjoyed an unbeaten third term league season and carried this confidence into the Top Schools' Tournament which traditionally brings an end to the season. Here, we won the bronze medal. A very good performance indeed.

In most matches we strived to play an attacking entertaining style of hockey, but were able to adapt in some cases and play a highly defensive system where we caught teams on the break. This was implemented when we were outgunned by more skilful, quicker

opposition or merely short of fit players. The former didn't happen often as we were dominant in most matches, but when we had our backs to the wall, this die-hard attitude made us as coaches and supporting parents extremely proud of them. It also reiterated, that a highly committed team with good tactical systems in place and a sound skill set could punch above their weight.

The team was captained by our only provincial representative, **Imad Khan**. He also captained Western Province to a silver medal at the Inter Provincial Tournament. In his second season of First Team hockey, **Imad** once again proved to be a highly-skilful and hard-working player who possesses exceptional ability. He led from the front and must be commended for his superb commitment on the field. He was supported by **Bruce Campbell** as vice-captain. Unfortunately, he injured himself while in KZN missing much of the rest of the season, but returned for the Top Schools' Tournament. **Bruce** displayed good

pace, a will to go forward and an eye for goal. He also adapted well to a role in the mid-field.

**Clayton Warner** developed into a most dependable and courageous goalkeeper and ended the season on top of his game, making many vital and brilliant saves. **Rowan Howard** marshalled the troops from the back. His ability to relieve pressure, pick high lying strikers and score goals from short corners with his very good hit was crucial to our success. **Luke Parker** proved to be a useful attacking central defender. He also gave us an abrasive edge with much needed speed on defence, superbly tracking down attackers. **Liam Harrison** provided our thrust down the right from deep defensive areas which was integral for our pattern to work effectively. His work rate and commitment was brilliant. **Adam Clarke** was the find of the season. His brilliant tackling position and improved forehand skills proved to be highly effective. He became our 'silent assassin' with his passionate displays on defence which always kept us in the game.

**Sebastian Panieri** grew in stature and confidence as the season progressed. He has very neat close quarter skills and is rapidly expanding his excellent skill set and passing ability. The experience gained during this season will stand him in good stead as next year much will be expected of him within the team. **Johnny Fisher** established himself as the first choice right mid-fielder and shouldered much tactical responsibility. He worked tirelessly on defence and attack and was able to provide our attacking players good ball with some telling passes.

**Daniel Neuhoff** was our incredibly quick and skilful right wing. For a player so young, he displayed wonderful flair and spacial

awareness. He was our attacking weapon and set up some excellent goals, forced corners and finished off some memorable attacking movements. His odd appearance in mid-field was good experience for him as he returns to the team next year. **Oliver Kennedy-Smith** started the season off in his preferred position as a mid-fielder, was also needed as a utility defender and was finally converted into a centre forward where he enjoyed a very successful season scoring some lovely goals. This was all done to benefit the team and I commend him highly for this selfless attitude. His work rate was outstanding and he also possesses the ability to perform some extremely intricate skills under pressure.

**Josh Lander** was our live wire left wing who caused every team a headache. His acute understanding of our defensive pattern and ability to intercept passes was brilliant and key to our effective counter attacking ability. He also scored some fantastic individual and opportunistic goals, ending the season as our top goal scorer.

**Bryce Herbert** was used off the bench as an U12A team player. A talented player with a useful skill set and a competitive edge, his abilities were put to good use with many a fine performance in the First Team shirt. He will be a stalwart of next year's team. **Brett Horn** and **Ben MacFarlane**, both U12s, also seized every opportunity to play for the First Team. Brett, a highly enthusiastic player with good skills and tactical awareness played very well for us while Ben, a striker, displayed ability to go forward with pace and effectively link with other players. He too did himself proud in the team.

I would like to thank our assistant coach, Steve Mendes for his help in coaching the



team and umpiring all our matches. His awareness of team dynamics, care for the boys and passion was greatly appreciated by all. I would also like to thank our magnificent group of travelling support, the parents, for their positive support of the team and us as coaches.

*Murray Anderson*

### U13B

Despite an abundance of talent, the team did not always achieve the best results. At times we completely dominated territory and midfield, but were unable to convert this advantage into goals. Of the eight matches that we lost, four were lost by only one goal. We also drew five matches, so the potential was there for a much better season. The team enjoyed the opportunity of playing full-field hockey whilst on tour, as well as some games at home. In fact, playing half-field looked too small for these “boys” towards the end of the season; they are definitely ready for the complete game! It is my hope that many of them will continue with hockey as they get older, especially once they leave school, and discover the social benefits of joining a club one day.

*Richard Goedhals*

### U13C

The team had a phenomenal season. They started off with a win against Reddam and that set the tone for the rest of the games. They were determined to be unbeaten and all of them were eager to improve their skills. The team worked hard at practices and we had a great deal of fun. They bonded well as a team and played some incredible hockey. We managed to win 11 of our 14 matches, draw

2 and lose 1 to an unbeaten Rondebosch side. Despite team changes and absentees, the boys never gave up. It was such a pleasure and an honour to coach them this season. Good luck to all of you in the years to come.

*Leanne Hamman*

### U13D

The U13D squad can be very proud of their efforts in what was an enjoyable and memorable season. We managed to go through the season unbeaten in the 11 games we played, winning seven, drawing four and netting 36 goals in the process. There was a great team spirit and camaraderie amongst the boys and the hard work and commitment they always displayed on match days showed in the great results. The side grew as a unit as the season progressed as we were able to move the ball around with more and more pace and accuracy. We finished off the season in style, scoring some brilliant goals in the big wins over St Charles (6-1) and Rondebosch (5-1) and then showed great spirit to win our final game 3-2 away against Sweet Valley.

*Matthew Riches*

### U12

The year got off to the usual rigours of balancing skills and fitness acquisition with team selection. New players, different positions, training goal keepers, new coaches and changing game plans all contribute to the excitement and stress of a new season. With enough boys to field five full teams in the age group, our space utilization was always at a premium. Our enthusiastic and competitive coaches were always willing to try new drills and this contributed greatly to a very positive hockey environment. At the

end of the season one can use the results to judge the successfulness of the season ... the results would suggest an awesome season: The U12s collectively played 54 matches; won 34, drew 14 and lost only 6. They scored 164 goals and conceded only 54. Certainly a fabulous season. However, the success of the season should also include the boys' attitude and commitment; one should reflect on their determination to play hard from the first whistle to the last. Their ability to fit into any position on the field. And most importantly to believe in themselves. By these measures, we really did have a successful season.

The A team, weakened by losing two top players to the U13 division, took some time to reorganize. Many new playing positions were tried throughout the season with some boys frequently unavailable to play matches. The season looked destined to end poorly with a second and comprehensive loss to Sweet Valley. Two weeks later, however, the boys rose to the occasion and won the annual U12 tournament. **Reyne de Klerk** was handed the top goal scorer trophy. **Brett Horn** and **Bryce Herbert** were devastating on the night with their sniping runs and control of the ball. **Tim van Heerden**, **Dean Sneddon**, **Oliver Beek** used their opportunities to get the ball in the net whenever possible. The defensive team of **Nic Bradfield**, **Ben MacFarlaine**, **James Boustead**, **Oliver Selb** and **Robert Kotze** were particularly stingy in conceding goals. It was a real pleasure to work with such pleasant and talented boys.



*Rishay Thakersee steady on the ball*

The B team enjoyed a highly successful season. Brilliantly coached by Mr Cassa Cassiem, the boys often upset the A team in practice matches. Every boy was able to push for a spot in the A team and all played in at least one A team match. **Kian Gounder** went from strength to strength throughout the season. **Oscar Baum**, always one of the most determined defenders. **Jared Chu**, **Rishay Thakersee**, **Haydn Dempers** and **David Border** played with impressive determination in every match. **Richard Alfredo**, with his first season in goals was stunning. His diving saves are now legendary.

The Bishops U12C team had a tremendous season, winning all but one of their games. **Ferris Moser** kept us in games with unbelievable saves, and a courageous attitude. A fantastic goalkeeper who let through only two goals during the entire season! The



*Mohammad Johaar on the move*

defence, made up of **Dayne Levick, Sam Schluter** and **Zolile Muleya**, kept the opposition at bay many a time, conceding under ten goals for the entire season, a remarkable achievement. The links were superb this season. **Murrough Epstein, Axel Harrison, Teboho Mashologu** all played equally important roles in creating goal-scoring opportunities, as well as further understanding their roles on the field. The forward line, led by **Lance Brilus, Mohammed Johaar, Max Molyneux**, were extremely efficient in scoring, as well as assisting their team mates with goals. An incredible season, well played boys.

This D team was special. Student coach, Michelle Fisher, brought her competitive spirit to every practice and match. The boys quickly realised that they were going to really enjoy their season. Undeclared, and with only one draw, the boys played every game as if it were their last. Incredibly, they scored 45 goals and gave away only four. **Thando**

**Kumalo, Aiden Iotter, Oliver Carey, Luka van der Merwe, Axel Harrison, Thomas Withers, Cameron Selb, Suhayl Khalfey** and **Kiran Pillay** can be so proud of themselves.

Congratulations too, to the E team who also remained undefeated this season. Mr Thami Siko worked tirelessly to teach new skills and to balance skills sessions with enjoyment. **Trae Turner, Thomas Burton, Caleb Francis, Thomas Maurel, Alesandro Papa, Michael Naude, Zami Moyo, Aleksandr Selby** and **Suhail Janoodien** can be proud of their results – particular in having scored 21 goals and only conceding 11.

*Mark Erlangsen*

## U11A

The team has transitioned well, after some initial hiccups, from the six-a-side game played at U10 level. This transition is never easy and everybody feels a little awkward as the tactics, positional play and structure of the game changes significantly. The boys dove straight into the new season and embraced the format whole heartedly. Without a moan and groan they have listened, engaged with the new platform and developed themselves into confident hockey players who have, together, achieved some amazing results. **Johan Steyn** was superb in the goals, ably assisted by **Cole Crawford** and **Nick Allison** as halves. Together they kept the score-line down and made sure that any attack was broken down and cleared away from the danger area. Our links of **Devon Marshal, Cole Crafford, Sam Berrisford** and **Ben Norton** passed the ball around beautifully and were responsible for the winning of many a short corner and the set-up of numerous goals.

**Oscar Blatch, Kayan Jagger** and **Connor Watson** were superb up front and finished many goals with a composed, skillful approach. The final results for the season were as follows: Played 14 matches, won nine matches, drew three matches, lost two matches. Goals for: 37; goals against: 13. These are quite outstanding results and I couldn't be prouder of the boys for their hard work this season. They deserve the excellent results. I want to wish them all well as they transition to U12 hockey next year where they will be challenged and developed further. Enjoy the challenges, continue to be open to new ideas and skills and above all, enjoy this great game.

*Steve Mendes*

## U11B

For me as a coach, it was certainly the game against a very talented and robust Langa Hockey Club that epitomised this team's spirit. They scored an early goal and defended their goal with superb accuracy. The team work and determination was fantastic and they walked off the field 1-0 up to the open admiration of the parents in the stands. On attack was where this team shone. **Kayan Jaga** pounced on any loose ball in the circle with Olympian skill and placed it firmly in the goal. It was most pleasing to see him earning a place in the A team as the season progressed. **Michael Kruse** got more confident as the season continued and finished his last game as man of the match. With the tireless efforts of **Cayden Smith, Thomas Jacob, Cullum Jenman, Jack Whitaker, Timothy Walsh, James Whiffler, Zac Heyns** and **Devon Botha** this team was able to amass 53 goals for and concede only eight. One must mention that the amazing goal ratio was in a huge part due to

the spectacular reactions of the brilliant **Dylan de Groot** in goals. Played 14 matches, won 11 matches, drew two matches, lost one match. Congratulations U11B, I look forward to seeing your progress next year.

*Mark Erlangsen*

## U11C

From the outset of the season our goal was to play attacking hockey, to be creative and to support the collective. The boys worked as a team which created a great team spirit and exciting match play throughout the season. Individually, each player in the U11C team developed and extended his skills level and learnt to understand where and when to apply one's skills during matches. As far as positions were concerned, this age group often still views playing a certain position as a reward, but soon they realized that every position counts, that different type of players have different qualities and therefore suit different positions. The boys were also exposed to switching positions from time to time which gave them the opportunity to experience different roles and responsibilities and which contributed to their overall hockey development. They were a fantastic group of players that showed great passion. They grew from strength to strength and can be proud of how they progressively developed their personal and team skills during the season.

*Maaike Taden*

## U11D

The U11 D and E teams had a good season together. As much as it was difficult to get matches for the U11E team, they showed good skills every time they had an opportunity to play. The teams played well



together and the boys showed great potential throughout the season. There was incredible growth and team spirit from the players, from the beginning of the season till the end. We are very proud of their performances and wish them well for next year.

*Mqomboti and Cassiem*

## U10

U10 hockey continues to flourish, building on the foundations that were laid at U9 level. A pleasing addition to the rules this year was the inclusion of the self-pass at U10 level. This made for a quicker, more exciting aspect to our play. The A team experienced a most enjoyable season. The boys' progress was very noticeable. They were competitive and soaked up the coaching sessions. Practices with the B team were sometimes highly charged, which augurs well for this group of boys as they progress to eight-a-side and eleven-a-side in the future. Our midfield domination was not always converted into goals and this aspect will have to receive ongoing attention as the boys progress. Despite this, the team lost just one match during the season, an excellent achievement! The U10B team had an incredibly successful season. Their sportsmanship was super and they worked together as a team, stringing excellent passes together to culminate in numerous goals. There is much talent in the boys in this side and their hard work and determination ensured that their skills improved week in and out. This U10C hockey team accomplished so much this year, providing their coach with much enjoyment and making her very proud! They improved with every game they played and only lost two games. The cherry on the top was when they were 0-2 down against

Sweet Valley and managed to win that last game 3-2. That showed character and a belief in themselves which will take them into another exciting hockey season with confidence. Well done, boys! The U10D and E teams played very well and showed overall improvement during the course of the season. They had a great deal of fun and played their hearts out. They gave their coaches a lot of pleasure, both during training sessions and during matches! Congratulations to all the teams on a wonderful season!

*Richard Goedhals, Penny Graney, Jill Walsh, Leanne Hamman and Chris Gooddall*

## U9

U9 hockey marks the beginning of a more structured approach to skills development whereby we focus on instilling age appropriate technical and tactical skills that create the basis from where boys can naturally slot into the next phase of their hockey career. It also indicates the stage at which the boys start to play friendly Inter-Schools matches. These weekly Round Robins took place on a Wednesday afternoon and were a great opportunity for the boys to put their practiced skills to use and to learn how to compete. This year's U9 hockey group consisted of 40 motivated and inspired players that were keen learners and it is exciting to see how competent and confident the boys have become during this hockey season. Every player positively contributed to making 2016 a fantastic hockey year and the boys can be commended for creating a great team spirit and excellent team work. Well done boys! We wish you many exciting hockey moments in U10 next year.

*Maaikie Tladen*

## RUGBY

**BISHOPS VS DPHS, Jan van Riebeeck, Parklands, St Josephs, SACS - 21 & 23 July 2016**

<b>Under 13A</b>	Grey Junior	<i>Lost</i>	12-57
<b>Under 13A</b>	DPHS	<i>Lost</i>	7-24
<b>Under 13A</b>	Queens	<i>Lost</i>	0-29
<b>Under 13B</b>	DPHS U13B	<i>Lost</i>	0-36
<b>Under 13C</b>	DPHS U13D	<i>Lost</i>	5-19
<b>Under 13D</b>	DPHS U13F	<i>Won</i>	17-12
<b>Under 12A</b>	DPHS U13C	<i>Won</i>	19-17
<b>Under 12B</b>	DPHS U13E	<i>Lost</i>	17-24
<b>Under 11A</b>	DPHS U11A	<i>Lost</i>	0-35
<b>Under 11B</b>	DPHS U11B	<i>Lost</i>	0-66
<b>Under 10A</b>	DPHS U11C	<i>Won</i>	7-5
<b>Under 9A/B</b>	Jan van Riebeeck A	<i>Won</i>	40-0
<b>Under 9B/A</b>	Parklands A	<i>Won</i>	35-15
<b>Under 9C</b>	Parklands B	<i>Won</i>	30-5
<b>Under 9D</b>	St Josephs	<i>Lost</i>	0-40
<b>Under 9E</b>	SACS	<i>Drew</i>	15-15

**Played: 16****Won: 6****Drew: 1****Lost: 9****BISHOPS PREP VS Durbanville - 30 July 2016**

<b>Under 13B</b>	Durbanville	<i>Lost</i>	0-29
<b>Under 12A</b>	Durbanville	<i>Lost</i>	0-52
<b>Under 12C</b>	Durbanville	<i>Lost</i>	5-24
<b>Under 11A</b>	Durbanville	<i>Lost</i>	0-19
<b>Under 11B</b>	Durbanville	<i>Lost</i>	5-15
<b>Under 11C</b>	Durbanville	<i>Won</i>	24-20
<b>Under 10A</b>	Durbanville	<i>Lost</i>	0-15
<b>Under 10B</b>	Durbanville	<i>Lost</i>	0-35
<b>Under 10C</b>	Durbanville	<i>Lost</i>	0-31
<b>Under 10D/U11D</b>	Durbanville	<i>Lost</i>	0-75
<b>Under 9A</b>	Durbanville	<i>Lost</i>	0-55
<b>Under 9B</b>	Durbanville	<i>Lost</i>	0-60
<b>Under 9C</b>	Durbanville	<i>Lost</i>	0-60
<b>Under 9D</b>	Durbanville	<i>Lost</i>	0-60

<b>Under 9E</b>	Durbanville	<i>Lost</i>	0-40
<b>Played: 15</b>	<b>Won: 1</b>	<b>Drew: 0</b>	<b>Lost: 14</b>

### BISHOPS PREP VS WPPS - 5 August 2016

<b>Under 13A</b>	WPPS	<i>Lost</i>	19-33
<b>Under 13B</b>	WPPS	<i>Won</i>	52-0
<b>Under 12A</b>	WPPS	<i>Lost</i>	0-52
<b>Under 12B</b>	WPPS	<i>Won</i>	—
<b>Under 11A</b>	WPPS	<i>Won</i>	26-12
<b>Under 11B</b>	WPPS	<i>Won</i>	24-7
<b>Under 10A</b>	WPPS	<i>Won</i>	19-14
<b>Under 9A</b>	WPPS	<i>Drew</i>	25-25
<b>Under 9B</b>	WPPS	<i>Lost</i>	15-25
<b>Under 9C</b>	WPPS	<i>Won</i>	25-10
<b>Played: 10</b>	<b>Won: 6</b>	<b>Drew: 1</b>	<b>Lost: 3</b>

### BISHOPS PREP VS SACS - 13 August 2016

<b>Under 13A</b>	SACS	<i>Lost</i>	19-22
<b>Under 13B</b>	SACS	<i>Won</i>	31-5
<b>Under 13C</b>	SACS	<i>Won</i>	32-0
<b>Under 12A</b>	SACS	<i>Won</i>	27-17
<b>Under 12B</b>	SACS	<i>Lost</i>	5-20
<b>Under 12C</b>	SACS	<i>Lost</i>	10-22
<b>Under 11A</b>	SACS	<i>Lost</i>	7-21
<b>Under 11B</b>	SACS	<i>Lost</i>	7-71
<b>Under 11C</b>	SACS	<i>Lost</i>	5-17
<b>Under 10A</b>	SACS	<i>Lost</i>	5-7
<b>Under 10B</b>	SACS	<i>Lost</i>	10-41
<b>Under 10C</b>	SACS	<i>Lost</i>	0-38
<b>Under 9A</b>	SACS	<i>Drew</i>	5-5
<b>Under 9B</b>	SACS	<i>Won</i>	20-10
<b>Under 9C</b>	SACS	<i>Lost</i>	5-25
<b>Under 9D</b>	SACS	<i>Lost</i>	0-50
<b>Under 9E</b>	SACS	<i>Lost</i>	5-40
<b>Played: 17</b>	<b>Won: 4</b>	<b>Drew: 1</b>	<b>Lost: 12</b>

### BISHOPS PREP VS WYNBERG - 20 August 2016

<b>Under 13A</b>	Wynberg	<i>Lost</i>	5-26
<b>Under 13B</b>	Wynberg	<i>Lost</i>	19-24
<b>Under 13C</b>	Wynberg	<i>Won</i>	29-19
<b>Under 12A</b>	Wynberg	<i>Lost</i>	19-21
<b>Under 12B</b>	Wynberg	<i>Lost</i>	5-20
<b>Under 12C</b>	Wynberg	<i>Lost</i>	7-27
<b>Under 11A</b>	Wynberg	<i>Won</i>	35-20
<b>Under 11B</b>	Wynberg	<i>Won</i>	25-7
<b>Under 11C</b>	Wynberg	<i>Won</i>	51-7
<b>Under 10A</b>	Wynberg	<i>Lost</i>	5-7
<b>Under 10B</b>	Wynberg	<i>Lost</i>	7-22
<b>Under 10C</b>	Wynberg	<i>Lost</i>	14-24
<b>Under 9A</b>	Wynberg	<i>Won</i>	30-5
<b>Under 9B</b>	Wynberg	<i>Won</i>	15-10
<b>Under 9C</b>	Wynberg	<i>Drew</i>	10-10
<b>Under 9D</b>	Wynberg	<i>Won</i>	20-10
<b>Played: 16</b>	<b>Won: 7</b>	<b>Drew: 1</b>	<b>Lost: 8</b>

### BISHOPS PREP VS RONDEBOSCH - 27 August 2016

<b>Under 13A</b>	Rondebosch	<i>Lost</i>	21-24
<b>Under 13B</b>	Rondebosch	<i>Won</i>	17-5
<b>Under 13C</b>	Rondebosch	<i>Won</i>	17-5
<b>Under 13D</b>	Rondebosch	<i>Won</i>	40-30
<b>Under 12A</b>	Rondebosch	<i>Lost</i>	19-34
<b>Under 12B</b>	Rondebosch	<i>Lost</i>	5-17
<b>Under 12C</b>	Rondebosch	<i>Lost</i>	10-25
<b>Under 11A</b>	Rondebosch	<i>Lost</i>	7-21
<b>Under 11B</b>	Rondebosch	<i>Lost</i>	0-33
<b>Under 11C</b>	Rondebosch	<i>Lost</i>	7-22
<b>Under 11D</b>	Rondebosch	<i>Lost</i>	30-40
<b>Under 10A</b>	Rondebosch	<i>Lost</i>	0-40
<b>Under 10B</b>	Rondebosch	<i>Lost</i>	0-35
<b>Under 10C</b>	Rondebosch	<i>Lost</i>	5-36
<b>Under 10D</b>	Rondebosch	<i>Lost</i>	0-40
<b>Under 9A</b>	Rondebosch	<i>Lost</i>	0-35



<b>Under 9B</b>	Rondebosch	<i>Lost</i>	10-35
<b>Under 9C</b>	Rondebosch	<i>Lost</i>	0-30
<b>Under 9D</b>	Rondebosch	<i>Lost</i>	5-60
<b>Under 9E</b>	Rondebosch	<i>Lost</i>	15-30
<b>Played: 20</b>	<b>Won: 3</b>	<b>Drew: 0</b>	<b>Lost: 17</b>

### U13A

If one had to judge a season purely on results, then 2016 was not a successful one. Thankfully, rugby is so much more than winning and if one judges success on commitment, attitude, growth, opportunity and how much fun the boys had, the 2016 season was very successful. A total of 28 boys had an opportunity of playing at the highest level for their school and all acquitted themselves well. Many players had an opportunity of playing in unaccustomed positions, and one has to applaud them for putting the team above their own personal preferences. The season started off with a very impressive win against Sweet Valley on Lut 1. Sadly, we lost a few games on the trot and we were hoping that the Durban Rugby Festival would turn the season around. Our first match at the festival was against the fancied Merchiston team. The boys played brilliant rugby and managed to win 14-12. Unfortunately, injuries to key players stunted our momentum and we lost the next, albeit very closely, two matches in Durban. After many close losses and disappointments, strong leadership was needed to keep the players positive and **Liam Harrison** and **Luke Parker** must be commended for their efforts. Liam led from the front, always had a smile on his face and kept on motivating every boy when things got tough.

At practice Mr Jacobs and I kept on working on the basics of rugby and we are confident that each boy under our watch has improved his skills and become a better player. We are sure that as the boys grow and can match teams physically the close losses that they experienced will be turned into victories. The team finished the season off very strongly with close losses against SACS and Rondebosch. The final match of the season against Rondebosch was a true reflection of what this team was all about. After losing the first match against Bosch, the boys rallied together and after being down against their traditional rivals late in the second half they produced some champagne rugby to get ahead. Sadly, Bosch scored in the last minute to win the game. This monumental effort certainly epitomised what the 2016 team was all about – full of guts and a never -say-die attitude to every match in their beloved school colours.

Many thanks to an incredible bunch of supportive parents. Your support, encouragement and generosity were greatly appreciated.

Thank you boys for all the wonderful memories this season. You have been a very special group and Mr Jacobs and I have enjoyed every minute spent with you. We will remember the laughs and tears we shared together as we did our best for the school we love so much.



*Jake Greenberg on the run*

I am indeed indebted to my assistant coach, Luke Jacobs. He was a tower of strength for me throughout the season and had a very special relationship with the players. Mr Mitchell and Mr Turner, thank you for your support and encouragement throughout the season – I know the boys really enjoyed your input and words of encouragement in the huddle after the match. Mr Fogarty, thank you for your guidance – you were always very supportive and affirming when things got tough. Mr Mqomboti, many thanks for refing most of our games this season – you have a wonderful manner with the players and they enjoyed the interaction with you on tour and at the Wynberg Festival. Your organisation around the tour and Wynberg Festival was superb and greatly appreciated.

■ **TEAM:** **Liam Harrison (Captain), Luke Parker (Vice- Captain), Sipho Ndlovu, Benji Voogt, Gray Fogarty, Areeb Tyer, Rowan Howard, JP**

**Freddy, Luke Solomons, Irshad Abrahams, Christopher Scheepers, Daniel Nelson, Dylan Redding, Marc Nelson, Jake Greenberg, Imad Khan, Berkeley Graaff, Bruce Campbell, Johnny Fisher, Josh Lander, Adam Clarke, Ilyaaaz Arnold, Muhammad Koor, Schyler Van Der Westhuizen, Zain Dawood, Oliver Kennedy-Smith, Mangaliso Nongantshi, Oliver Nicklin.**

*Chris Groom*

### U13B

The core of the team stayed together from a very successful U12 year. As it happens, rapid physical development starts to make a greater impact on boys' abilities in the U13 year. This necessitated some team selection and positional changes from the previous year. This is always a good thing, for safety reasons as well as competition within the age group. The style of attacking and highly-skilled rugby that we tried to coach the boys to play also meant that a lack of skill from previous years would very quickly come to the fore and meant that the more skilled players would be selected. After a tough start to the season with losses to Paarl Boys and Reddam, due to the above, the team settled a bit more and won their next four fixtures against SACS, Primrose, Kirstenhof and Collegians. A loss to Wynberg and a win against Rondebosch ended our Term 2 before embarking on our Grade 7 tour.

The team showed tremendous resilience and skill in the three matches on tour winning two and showing the KZN schools what Bishops rugby was all about. This tour set them up to know what they were capable of when faced with difficult times in a match or

life in general.

The third term started with two defeats to DPHS and Durbanville PS and many lessons were learnt. However, the team won four of the last five matches of the season with the loss against Wynberg being a close result. I have been extremely proud of the growth in skill, ability and confidence of the boys from beginning of the season to the end against Rondebosch on derby day. I wish all the boys best of luck in their future rugby careers and will keep a keen eye on them at College. Many thanks to Nick Venter for his committed coaching and enthusiasm during the season and I look forward to working with him again. Thank you to all the parents for their support of the boys and coaches.

■ **TEAM:** A. Tyer, P. Njoroge, Z. Dawood, C. Potgieter, S. Ndlovu, C. Warner, D. Redding, R. Howard, C. Scheepers, I. Abrahams, C. Toy, O. Kennedy-Smith, M. Byron, M. Rebe, J. Carnell, S. vd Westhuizen, A. Clarke, M. Nogantshi, P. Smith, O. Nicklin, M. Koor, I. Arnold, N. Kotze, K. Walker, C. McDonald.

*Clayton Turner and Nick Venter*

## U13C AND D

This was the strongest C and D rugby squad I have ever coached. It was not surprising that we hardly lost a game in both terms. We had incredible depth and it was a nightmare selecting the teams as the players were all good. The boys were by far the toughest and most resilient I have coached. They could take a knock and then give it back even harder to the opposition. Often our boys are a bit soft and “get shot by the sniper on the turret” after taking a hit, but not these boys this year. The

rough and tough opposition teams were often very surprised at how battle-hardened our boys were. These boys are the type that you would want alongside you in the trenches. You could rely on them to make the hit. As a result it was a tremendous pleasure coaching them. They played such a good style of play keeping the ball alive and never ever kicking it away like our national team so often does! The highlight of the season was undoubtedly the number of tries we scored off the “Harvey” penalty move. Many opponents fell for the trick hook, line and sinker. Thanks to the merry band of parents who supported us so joyfully on the side of the fields, often at first light and in the ice cold.

■ **TEAM:** S. Liwani, G. Dysell-Hofinger, P. Njoroge, B. Daniel, G. John, S. Huish, T. Newton, M. Byron, J. Bull, O. Kennedy-Smith, C. Macdonald, C. Musselwhite, G. Walsh, K. Walker, N. Kotze, N. Claassens, S. Sturrock, M. Skwatsha, E. Topat, D. Davies, N. Pabst, B. Audinwood, S. Nieburg, L. Ridgway, S. Tsiki, B. Gannon, K. Vavatzanidis, S. Magai, N. Tiaden, A. Tyer, C. Toy, P. Smith, M. Noganthshi, O. Nicklin, G. Fogarty, JP. Freddy.

*Bruce Mitchell*

## U12A

What a pleasure to coach a group of enthusiastic, eager to learn, humble boys. It was clear from the start of the season that these boys wanted to play a fast-paced, high-skilled style of rugby. The passing was very good as were their running lines. Some memorable tries were scored where they had opposition defences at sixes and sevens.

Defence improved as the season progressed and the boys can be proud of the fact that they did not concede soft tries around the rucks. The double tackles became a highlight as the season progressed. Our first game against SACS was won by resolute defence, as was the win against Paarl Boys and Durban Prep. We were on occasion during the season beaten by sheer speed and size. These are factors that play a major role in rugby nowhere more evident than at Prep school level. They scrummed very well, a tight cohesive unit that on many occasion took on packs much bigger, and gave a very good account of themselves. Lineouts will need some attention. Boys will grow and become more athletic and stronger. The backs were a joy to watch. Their passing was crisp and accurate, and they were able to put people into space. Many of their set piece starter moves split defences and allowed us to play the open game that we strive for at Bishops. We did not always capitalize on these breaks as at times we lacked a little self-confidence or some outright speed. These will come as our boys grow and mature. It was most encouraging to have had ex Bishops 1st XV coach, Andre Jacobs, heap praise on them after the Rondebosch game for their skill, but most importantly their willingness to play and try things on the field. Their ability to take the ball wide and retain possession with deft changes of direction and keeping the ball alive will stand them in good stead as they continue playing this great game. We need to be patient as they grow and develop. Time spent mastering basic skills and developing a love of the game will ensure that when growth, speed and maturity meet, they will be force to be reckoned with. I am willing to put money on

it! To the parents thank you for your support and understanding the process of developing future sportsmen. Love your boys and enjoy their trials, tribulations and highs as they grapple to master this intricate yet stunningly simple game. To the boys, thank you, I loved coaching you, your rugby was exciting, your willingness to give of your best rewarding and above all your ability to laugh and enjoy what you were doing was infectious. Who will ever forget laughing with **Richard Alfredo!** Good luck for the seasons ahead.

■ **TEAM: R. Alfredo, L. Broggian, R Dutton, R de Klerk, N. Bradfield, J. Abrahams, R. Kotze, B. Herbert, E. Smith, M. Epstein, D. Sneddon, T. Turner, D. Warton-Hood, D. Neuhooff, J. Ryan, K. Smith, B. Horn, D. Krause, L. van Wyk**

### U12B

We have really enjoyed our time this year coaching rugby at Bishops. We can see that the boys have a real love for the game and are very keen and enthusiastic. They are eager to learn new things all the time and are always on time for practice. The season was tough with the boys battling against sides each Saturday. Our basic skills did let us down at times. The boys need to keep working hard on mastering the key areas of the game, passing, catching, rucking and tackling (defence). They need to build a good work ethic as a group and push each other during practices as this attitude and hard work will see the basics improve. To the boys' credit they played each match as hard as they could with some tremendous second half fight backs. This is to be commended and we hope to see them continue growing as young sportsmen. Well



done to the players who represented the A team and those who came up from the C team. Keep working hard and above all ensure that you enjoy the game.

■ **TEAM:** O. Baum, T. van Heerden, M. Epstein, T. Turner, D. Warton- Hood, C. Green, G. Rodinis, H. Dempers, J. Barrett, F. Moser, M. Naude, Z. Muleya, M. Olbrich, N. Bradfield, C. Border, B. MacFarlane, S. Terblanche, D. Karlein,  
*Rigby and Dallas*

## U12C

At the beginning of the season I was impressed with the way the boys knuckled down during trial matches. They showed great enthusiasm during the defence sessions with Braam van Straaten, and displayed courage in during the first few matches. It emphasized the character of this group of boys and I knew we were in for an enjoyable season. We leaked a couple of tries later in the season, therefore we went back to basics in terms of defence, and worked very hard in order to stick to the defensive structures that we had put in place. It took some time before everybody was confident in implementing this system, but hats off to the boys for persevering in order to achieve their goals. They arrived at practice sessions with enthusiasm and the team spirit was second to none. We were blessed with a mixture of strong runners, combined with some players with great skill and creative ability. On attack we outwitted defences with our confidence and flair. In the first game against Wynberg we showed good creativity, and we also competed very well at the breakdown. We managed to continue our great form the next week with good

commitment and skill against Rondebosch. This was certainly a start to a very enjoyable season. Due to hard work by the boys during practice sessions, it was a season with more ups than downs. Never did anybody drop their heads after a defeat, but rather reflected and moved on to better performances. I wish this group of boys all the best for next season. I would also like to thank the parents for their continued support throughout the season.

■ **TEAM:** M. Beaumont, L. Botha, O. Carey, C. Green, T. Kumalo, D. Levick, N. Mahlati, M. Molyneux, D. Ramiah, C. Ressel, G. Rodinis, M. Seseli, T. Slauck, K. Spotswood, D. Thom, O. Thom, L. van der Merwe, M. Olbrich, C. Border.

*Willem Louw*

## U11A

**Nic Allison** (Captain) writes: We started our season with a bang with the Durbanville Tournament where we were runners up in the Plate final. As the season progressed we had some memorable wins and a few disappointing close losses, but we learnt something in every game. We played some of our best running rugby that I've ever seen us play, moving the ball from side to side. Our forwards pack grew in strength over the whole season and we became like the Raptors, working in a pack to take down our "enemy"! The end of term 2 saw us face Rondebosch, the biggest game of the season! Unfortunately it ended in a very narrow one point loss, but we had some great things to take away from the match. Over the next term we were determined to do the best we could possibly do. We were encouraged and supported all the way, and our coaches always raised the spirit of the whole team. I

would like to thank the coaches for their hard work, support and dedication to our team. Finally to my team, thanks boys for all the great memories.

As Prep school rugby becomes more powerful, ruthless even, let's be honest, it becomes more like watching a super-rugby match. I believe that prep school rugby is in a downward spiral and an unrealistic drive towards performing and winning at the cost of the individual development of each boy. My strategy for this season was to create an atmosphere where the boys could learn about themselves in many hard-hitting situations and then express themselves in an environment where winning is not the most important outcome. The boys responded well and before we knew it they were putting in performances that were exceptional, even though we were on the losing side. I believe that the boys have developed into wonderful ambassadors for Bishops. Their sportsmanship on and off the field has been commented on by many opposition coaches. One such moment will always stick in my mind: when they decided to clap off Kenridge after losing to them in the final at the Durbanville Tournament. Such a contrast: one team celebrating as if they had won the World Cup and the other standing and forming a tunnel to show respect and gratitude to the winning team. What an act of sportsmanship. I would like to thank the parents for their ongoing support throughout the year.

■ **TEAM:** N. Allison, X. Ngxangane, C. Watson, Y. Ahmed, J. Crafford, C. Crawford, Devan Botha, A. Graaff, S. Griffiths, Z. Heyns, R. Horton, T. Jacobs, C. Jenman, KM. Joseph, Z. Koor, J. Marcopoulos, D. Marshall, N.

**Chahwahwa, B. Norton, L. Patterson, E. Probert, T. Stewart, A. Williams-Ashman**

*Grant de Sousa*

## U11B

The 2016 rugby season was a very tough one for the boys. Some of the games that we played were extremely close and could have gone either way. The reality was that in the majority of the games we were dominated by bigger and quicker opposition. The team improved as the season progressed and it was pleasing to see a number of the boys represent the A team. A big thank you to Matt Brodziak for leading the boys through the season. Congratulations to **Yusuf Ahmed** and **Daanyaal Hendricks** for being the most improved players in the group, and to **Austin Graaff, Andrew William-Ashman, Zayan Koor** and **Ben Norton** for representing the A team.

■ **TEAM:** Matt Brodziak, Yusuf Ahmed, Lihle Ngxakaza, Thomas Callum, Andrew William-Ashman, Zac Heyns, Josh Gevisser, Cayden Smith, Nick Macdonald, Ben Norton, Anthony Smith, Austin Graaff, Jake Phillips, Zayan Koor, Tye Stuart, Andrew Dallas, Thomas Rowand, Oscar Blatch, Daanyaal Hendricks

*Trento Lambrechts.*

## U11C

The team really impressed me with their determination, enthusiasm and positive attitude towards all aspects of rugby. This was most clearly displayed at practice sessions where they gave every single drill and exercise 100%. They are a competitive group and

there was very 'little love lost' when playing mini-games during practice sessions. This team earned themselves the title 'The Giant Slayers' by being the only team to beat Durbanville, DPHS and Paarl Boys. Ball retention was most definitely this team's strength and we always looked best with ball in hand. We spent a great deal of time working on defensive lines and although some progress has been made, it remains a facet of the game that will need more attention next season. They must be congratulated on their determined attitude on the field and their excellent behaviour and manners during the season. Many thanks to Mr Bradley and Mr Goodall for their dedication, enthusiasm and valuable contributions towards making this an exciting and enjoyable rugby season. I must also thank all the parents for their loyal support and words of encouragement from the touchlines.

■ **TEAM:** Nikolaos Augoustatos, Sam Berrisford, Oscar Blatch, Luke Bolus, Dean Cooper, Liam Day, Luke Elliott-Jaaback, Daniel Fletcher, Andrew Kleye, Nicholas Macdonald, Joshua Petersen, Johann Steyn, Benjamin Swift, Joshua Traut, Timothy Walsh, Andrew Dallas, Ryan Ferreira, Stuart Whitelaw.

*Greg Shuttleworth*

## U10A

The 2016 season was an eye opener for the little guys. It was a year of significant transition for them. They not only moved from ten-man rugby to full-field 15-man rugby, but needed to learn the various roles their new positions entailed. As coaches, our biggest challenge each year is getting boys accustomed to these



*Great step by Lucca Mynhardt*

positions. We do not always get it perfect out of the gate, but with time and patience we tend to get it right. It was a successful season, maybe not in the traditional measure of win/loss ratio, but in terms of player and team development. The boys showed a lot of growth this season, including how well they could play as a team. No better game could illustrate that than the away matches vs Durbanville and SACS. The boys threw everything at their opponents and were unlucky to fall short of a win in both matches. There is no doubt that there is enough talent in this age group to trouble any opposition. Belief in themselves and their abilities as well as consistency of playing as a team will be their biggest challenge going forward. A few of the boys also had the opportunity to participate in the Rondebosch Sevens Festival, playing against five schools from the Southern Suburbs area. They showed some great individual efforts that day, and succeeding in beating four of the competing schools. The skills they exhibited at the festival will serve them well going forward in their rugby career. We would like to take this opportunity to say thank you to all of

the U10 parents for their support throughout the season. To the boys, next year, U11 will come with its own set of challenges, but we are confident this group is poised to face them head on. We wish all of this year's players the best in your rugby careers. Remember: hard work pays off.

■ **TEAM:** Ross Walker, Josh van Wyk, Robert Forrest, Alexander Smith, Jack Campbell, Christopher Gray, Albert Steyn, Jordan de Sousa, Thomas Ludlam, Toran Head, Avumile Mngxekeza, Michael Voogt, David Handley, James Kotze, Lucca Mynhardt, Arran Muir, Jacob Oelz.

*Khwezi Mqomboti and Matthew Boshoff*

## U10B

It was a pleasure coaching the U10Bs this season. As a coach I had loads of fun watching these boys grow as rugby players, they grew after every game and learnt new lessons as we went on. I was very proud of the boys for coming out week in and week out and trying their best on game day. The whole season was a learning curve for the team and I am sure they will take these lessons into next year and grow as rugby players. I wish every single boy that played in the B team the best for next year and hope to see you in the A team soon. Thanks for a great season!

■ **TEAM:** Ambethe Liwani, James Gibbs, Nicholas Basson, Aya Dyaphu, Max Escourt, Ben Karlein (Captain), Michael Kotze, Jacob Oelz, Adam Constant, Daniel Malan, Joseph Lapan, Luke Johnstone, Tiaan Louw, Tristan Wilson, Josh Anderson, Carwyn Davies, Zack Berman, Caden Ridgway.

*Luke Jacobs*

## U10C AND D

This year our group consisted of 26 regular players. Too many players to field one team, yet too few to field two teams - especially when key players are suddenly called up to the B team for Saturday matches due to injuries or sickness in higher teams. Our C side had regular games and the boys gradually improved in their new 15-man structure as well as in passing and catching. The results show that the boys really struggled against all opposition. Despite regular rucking and tackling skills sessions, the boys let themselves down in these two areas. Most boys were not determined enough in trying to bring their opponent down and just too gentle to stake a claim for possession of that precious ball. We regularly fielded a squad of 19 players so that more boys got a chance to experience the excitement of representing Bishops on a Saturday morning.

Our D side played very few matches because, apart from SACS, no other school had a D side. On one or two occasions we organized an extra mid-week fixture for the D side and filled the gaps with C team players. The team did not gel well and lost to opponents who were just too strong. Against Durbanville, they were mis-matched against the same side which later beat the C team! Despite the losses, this group of 26 boys kept its enthusiasm throughout the season and in all weathers. I hope that they will build on the foundation we have laid and become more successful in their matches in years to come. Many thanks to all the parents who came out to watch and encourage their sons. Thanks, too, to the three other coaches who assisted during the season.

*Tom Campbell*





*Great run by Jo Bolus*



*William Prestage  
evading the opposition*



*Wall of defence*

## U9

Fifty-five energetic young rugby players arrived for the first U9 practice of the season, eager to take on the exciting challenge of tackle rugby for the first time. From the beginning of the season, the boys were very excited to get stuck in and learn the fundamental skills of the game. The basics and safety of making a tackle, passing both directions and support play and offloading in the tackle were focused on, key starting points to produce skilful rugby players. Learning about the different positions in a rugby side, how those positions fit into a team structure and receiving a position is another fascinating task that the U9s take on. It's very common for a boy to play a variety of positions during a season at this level, frequently getting a taste for life in the backline as well up front in the forwards, which is beneficial for their skills' development and healthy for their experience of the wonderful game of rugby.

As a coaching group our emphasis was on avoiding setting up rucks whenever possible, but instead to look for continuity through offloads and popping off the ground to a teammate in support. This attractive style of rugby certainly paid off with many brilliant team tries with slick interplay being scored

throughout the season. Rugby at this level is about learning about the game and how to work as a team, as well as developing skills, but most importantly, it is about enjoyment and having fun. It is safe to say that this U9 group had plenty of fun on the rugby field in matches and practices this season, which was delightful to see. There is a lot of depth in this age group. We fielded five teams from the A to the E side and the results were very good throughout the season with some memorable wins being recorded, while important lessons were learnt in defeat. The boys were always eager to learn at practices, and the progress made in the boys' skills level and understanding of the game throughout the season was wonderful to witness. This year the inaugural U9 Sevens Festival was hosted at Lutsgensvale. The festival, which comprised the A and B teams of Bishops, as well as five neighbouring schools, gave boys at this age group the chance to experience the game of rugby sevens for the first time. It was a great success with some wonderful skills displayed by our boys and an enjoyable afternoon was had by all. Thanks to the parents for their enthusiastic support throughout the season.

*Matthew Riches*

## SOCCKER

A soccer coaching clinic was held for all the Prep staff during the second week of term 3. This provided the staff with coaching points on the technical side of the game plus a good source of drills to enhance the boys' skills. The soccer season started in Term 3 with the boys playing Inter Class soccer during the lunch breaks, which they thoroughly enjoyed. This was followed by a week of skills-based practices run by Mr Siko and Matthew Bramwell. The boys then moved onto Inter House fixtures which were very competitive and proved to be a great deal of fun with every boy involved in matches.

### Inter House Soccer

*Junior: 2nd Brooke* Winner: **Bramley**

*Senior: 2nd Charlton* Winner: **Van der Bijl**

Following this competition the age groups had practices with their respective coaches and teams were selected for the matches against Rondebosch, Wynberg, Red River, Blue Downs and Mfuleni. Each age group provided an A, B and C team to take on Wynberg Junior and Rondebosch Prep. Those boys not involved in the teams played internal matches against each other. The final fixtures saw the respective A, B and C sides face teams from Red River Primary in Mannenberg, and teams from Mfuleni and Blue Downs sponsored by Africa Bank. The boys found this soccer season to be very enjoyable. It was great to see the development of their skills and game structure as the season progressed.



*Mpfana Skwatsha takes the corner kick*



*Luca Bottega on the move*



*Fancy moves by Troy Geyer*

**BISHOPS PREP VS RONDEBOSCH - 19 & 21 September 2016**

<b>Under 13A</b>	Wynberg	<i>Lost</i>	1-2
<b>Under 13B</b>	Wynberg	<i>Drew</i>	0-0
<b>Under 13C</b>	Wynberg	<i>Lost</i>	0-2
<b>Under 12A</b>	Wynberg	<i>Drew</i>	1-1
<b>Under 12B</b>	Wynberg	<i>Drew</i>	2-2
<b>Under 12C</b>	Wynberg	<i>Won</i>	3-2
<b>Under 11A</b>	Wynberg	<i>Drew</i>	0-0
<b>Under 11B</b>	Wynberg	<i>Drew</i>	0-0
<b>Under 11C</b>	Wynberg	<i>Drew</i>	0-0
<b>Under 10A</b>	Wynberg	<i>Won</i>	1-0
<b>Under 10B</b>	Wynberg	<i>Won</i>	2-0
<b>Under 10C</b>	Wynberg	<i>Drew</i>	1-1
<b>Under 9A</b>	Wynberg	<i>Won</i>	4-1
<b>Under 9B</b>	Wynberg	<i>Won</i>	2-0
<b>Under 9C</b>	Wynberg	<i>Drew</i>	0-0

**Played: 15****Won: 5****Drew: 8****Lost: 2****BISHOPS PREP VS RED RIVER, BLUE DOWNS - 28 September 2016**

<b>Under 13A</b>	Rondebosch	<i>Drew</i>	1-1
<b>Under 13B</b>	Rondebosch	<i>Won</i>	0-1
<b>Under 13C</b>	Rondebosch	<i>Won</i>	2-1
<b>Under 12A</b>	Rondebosch	<i>Won</i>	2-1
<b>Under 12B</b>	Rondebosch	<i>Won</i>	2-1
<b>Under 12C</b>	Rondebosch	<i>Won</i>	3-1
<b>Under 11A</b>	Rondebosch	<i>Drew</i>	1-1
<b>Under 11B</b>	Rondebosch	<i>Won</i>	2-1
<b>Under 11C</b>	Rondebosch	<i>Lost</i>	0-2
<b>Under 10A</b>	Rondebosch	<i>Won</i>	5-0
<b>Under 10B</b>	Rondebosch	<i>Won</i>	2-1
<b>Under 10C</b>	Rondebosch	<i>Lost</i>	0-4
<b>Under 9A</b>	Rondebosch	<i>Lost</i>	0-2
<b>Under 9B</b>	Rondebosch	<i>Won</i>	2-0
<b>Under 9C</b>	Rondebosch	<i>Won</i>	2-1

**Played: 15****Won: 10****Drew: 2****Lost: 3**

### BISHOPS PREP VS RED RIVER, BLUE DOWNS - 28 September 2016

<b>Under 13A</b>	Blue Downs	<i>Lost</i>	0-1
<b>Under 13B</b>	Red River	<i>Drew</i>	0-0
<b>Under 13C</b>	Red River	<i>Lost</i>	0-2
<b>Under 12A</b>	Blue Downs	<i>Won</i>	1-0
<b>Under 12B</b>	Red River	<i>Won</i>	4-1
<b>Under 12C</b>	Red River	<i>Lost</i>	0-3
<b>Under 11A</b>	Blue Downs	<i>Lost</i>	1-2
<b>Under 11B</b>	Red River	<i>Drew</i>	2-2
<b>Under 11C</b>	Red River	<i>Won</i>	1-0
<b>Under 10A</b>	Blue Downs	<i>Drew</i>	2-2
<b>Under 10B</b>	Red River	<i>Lost</i>	1-2
<b>Under 10C</b>	Red River	<i>Lost</i>	0-2
<b>Under 9A</b>	Red River	<i>Won</i>	2-0
<b>Under 9B</b>	Red River	<i>Lost</i>	0-1

**Played: 14**

**Won: 4**

**Drew: 3**

**Lost: 7**



*Zain Dawood dribbles ahead*



## SQUASH

Our six teams had excellent results in the leagues this last term. All our teams won their respective A-F leagues – a first for Bishops. Congratulations to all our boys who have played league matches this year. Our A and E teams remained unbeaten the whole year. Many thanks: to the coaches from WPCC who helped the boys tremendously

to advance their games; to the teachers who organised the daily ladders and kept a check on the healthy competition for ladder positions and team selections; and to the team managers and parents who lifted, coached and supported the boys at their matches. It was a real team effort by all of you. Well done everyone.

*Bruce Mitchell*



*Chris Macdonald about to hit a winner*

### BISHOPS PREP SQUASH RESULTS

DATE	A League	B League	C League	D League	E League	F League
22 June	Sweet Valley B cancelled	Sweet Valley A cancelled	Llandudno Bishops won 9-3	Kirstenhof Draw 6-6	Fish Hoek C Bishops won 12-0	SACS Bishops won 9-3
29 June	WPPS A cancelled	WPPS B cancelled	Kirstenhof cancelled	Fish Hoek B cancelled	Camps Bay A cancelled	bye
12 Aug	WPPS A Bishops won 12-0	Sweet Valley B Lost 5-7	Sun Valley B Bishops won 8-0	Wynberg Lost 3-6	Rondebosch C Bishops won 11-1	C Creek B Lost 6-7
19 Aug	bye	Beaumont A Bishops won 8-2	Reddam Bishops won 8-0	Llundudno Drew 98-98	Herschel A Bishops won 8-4	C Creek A Bishops won 6-3
26 Aug	Beaumont A Bishops won 12-1	WPPS B Bishops won 12-0	SACS cancelled	Rondebosch B Bishops won 8-4	SACS Bishops won 11-1	bye



*Brian Daniel from the left court*



*Khaleel Hassan serves*

