

## BISHOPS PREP









## **CONTENTS**

PREPARATORY NEWS		PREPARATORY SPORT	
HEADMASTER'S NEWS	80	CROSS COUNTRY	
CHESS	80	HOCKEY	84
EARLY ACT	80	RUGBY	94
		COTTACTT	















### HEADMASTER'S REPORT



Early this year Prep and Pre Prep staff embarked on an iPad-in-education research programme led by the Academic Heads and the school's IT Departments. A few schools around the country had already implemented what are called one-on-one iPad programmes, where every pupil uses an iPad (belonging to him or her). This is a huge undertaking and a bold, not to mention expensive, step for any school. So, we decided to research its potential advantages for teaching and learning fully – how could teachers use it as part of their

*Greg Brown* teaching and boys as part of their learning?

The last 9 months has proved an interesting journey for staff; first of all investigating the range of Apple education products, but most importantly going beyond these to the use of a portable device such as an iPad both for administration and teaching. For instance, a sports coach can now enter his cricket team's results from the side of the field using any smart device. With the right connections a teacher with an iPad can teach using the Smartboard from any position in the classroom. In recent weeks we have experimented with the use of smart devices as part of the learning experience; not just iPads, but a "Bring Your Own Device" (BYOD) strategy. I have seen these devices used as part of scientific investigations and a 3D shape lesson in Grades 5 and 6. So much is possible, but we feel strongly that any extra technology has to add to the learning and teaching process, actually fundamentally improve it; it is so easy to impress with the add-in of technology without really enhancing the learning experience. What is clear though, is that the use of smart devices in the classroom will grow; what exact device we use will become apparent with time. *Greg Brown* 

### **CHESS**

	1st	2nd	3rd	4th
House	Bramley	Brooke	Van der Bijl	Charlton
Points	19	7	6	5

A great season for all the Chess players with the Bishops A team winning the league! Congratulations! Thank you to Mr Ortel for coaching the boys and for his passion for this wonderful game. Thank you to all the parents for their support too. Well done to Bramley for taking first place in Inter House Chess Competition.

## **EARLYACT**

In the last report it was predicted that the rest of this year would be even busier than the extremely hectic first term. This has certainly been the case. Besides the usual collections of small change for the Peninsula School Feeding Association and Mdzananda Animal Clinic in Khayelitsha and school shoes for St Paul's Primary in the Bokaap, a number of projects and events have taken place.



Waves for Change: Bishops boys join children from Masiphumelele at Muizenburg for a surf.

We have had three civvies days, one in aid of U-Turn which supports Cape Town's homeless, one for Waves for Change and the other to raise funds for a rhino orphanage in Limpopo. Having raised money for Waves for Change which teaches township children to surf, a group of our boys joined some children from Masiphumelele at Muizenburg for a surf. On Madiba Day pupils from St Paul's joined us for a morning of games, singing and reading. Later that day teams of keen boys and moms made plastic and newspaper sleeping bags for The Haven. This is the second time we have made these. For Mother's Day we filled goody bags for the moms of children in the paediatric ward at Victoria Hospital and mid-year also held our annual pup idols competition to raise funds for the SA Guide Dog Association. Our two biggest projects so far this year have been collecting books and adopting four orphaned rhino. We filled three large bookcases donated to us by Rotary and delivered them to the KwaFaku reading group, St Michael's Primary in Khayelitsha and Dalukhanyo Preschool in Langa. We joined forces with The Rhino Orphanage in Limpopo to help rehabilitate calves who have lost their mothers to poaching. Our boys did 'chores for a cause' to raise money to buy food troughs, buckets for milk, and baby care products. At the time of this report going to print the Prep boys were heavily involved in making eight hundred and fifty Christmas crackers for St Paul's. And then there is the toy collection at the upcoming annual carol service. There's never a dull moment in the community service rendered by the boys of the Prep. Sue Kieswetter









# PREPARATORY SPORT

















### PREPARATORY SPORT

### CROSS COUNTRY





Josh Lander leads the field.

Shaun O'Brien out on his own in front.

Cross Country at Bishops is divided into two sections: the zonal races that are run on Fridays; and the Pentangular race that is run in the third term. The Cross Country captain for 2013 was Thomas Barty. He was instrumental in making this season one of the best for Bishops Prep through his qualitative leadership skills in both the Zonal races and the Pentangular competition.

In the Zonal races we had a balanced team, of 27 members, that was able to produce: 10 qualifiers for the Zonal Championships; 5 qualifiers for the Western Province Championships; 2 qualifiers for the Western Province Championships; and Josh Lander was the only qualifier that made it to the South African Cross Country Schools Championships. Well done Josh Lander!

In the Pentangular Schools Competition, Bishops Prep, with its squad of 40 members, was able to

In the Pentangular Schools Competition, Bishops Prep, with its squad of 40 members, was able to attain an overall position of second.

Thanks to the boys for their commitment and dedication and I wish all our Grade 7 runners farewell and the best for their futures at the College. A special mention must be made to our assistant coaches, Ms Judge and Ms Neefs, for their commitment to Cross Country.

Also, thanks to the parents for the lifts to all the races that took place this season.

### 2013 CROSS COUNTRY RACES QUALIFICATION SUMMARY

Championships	Zonal	Western Province	Western cape	South African
Under 10	Josh Lander,	Josh Lander	Josh Lander	Josh Lander
	Matthew Byron,	Matthew Byron		
	Matthew Tripe			
Under 11	Ciaran Winstain,	Ciaran Winstain		
	Cameron Parker-Forsyth	Cameron Parker-Forsyth		
Under 12	Shaun O'Brien	Shaun O'Brien	Shaun O'Brien	
	Karl Weinert			
	Drew Burton			
	Francois Breytenbach			
Under 13	Thomas Barty			

### HOCKEY

VS. REI	DDAM, RONDEBOSCH	I AND SACS 25 - 26/7	
Under 13A	Reddam	Won	3-0
Under 13B	Reddam	Drew	1-1
Under 13C	SACS	Won	3-0
Under 13D	Rondebosch	Won	3-1
Under 12A	Reddam	Won	4-2
Under 12B	Reddam	Won	9-0
Under 12C	Reddam	Won	4-0
Under 12D	Rondebosch	Lost	0-2
Under 11A	Reddam	Won	2-0
Under 11B	Reddam	Won	3-0
Under 11C	Reddam	Won	7-0
Under 11D	Rondebosch	Won	2-1
Under 10A	Reddam	Won	8-1
Under 10B	Reddam	Won	9-0
Under 10C	Reddam	Won	6-1
Under 10D	Reddam	am Won	
Under 10E	Reddam Won		5-1
Played: 17	Won: 15	Drew: 1	Lost: 1
Played: 17	VS. RONDEBOSCH	31/7 - 1/8	Lost: 1
	VS. RONDEBOSCH	31/7 - 1/8	
Under 13A	VS. RONDEBOSCH  Rondebosch	<b>31/7 - 1/8</b> Drew	0-0
Under 13A Under 13B	VS. RONDEBOSCH  Rondebosch  Rondebosch	31/7 - 1/8  Drew Lost	0-0 1-5
Under 13A Under 13B Under 13C	VS. RONDEBOSCH  Rondebosch  Rondebosch  Rondebosch	31/7 - 1/8  Drew  Lost  Lost	0-0 1-5 0-3
Under 13A Under 13B Under 13C Under 13D	VS. RONDEBOSCH  Rondebosch  Rondebosch  Rondebosch  Rondebosch	31/7 - 1/8  Drew  Lost  Lost  Drew	0-0 1-5 0-3 0-0
Under 13A Under 13B Under 13C Under 13D Under 12A	Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch	31/7 - 1/8  Drew  Lost  Lost  Drew  Won	0-0 1-5 0-3 0-0 1-0
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B	Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch	31/7 - 1/8  Drew  Lost  Lost  Drew  Won  Won	0-0 1-5 0-3 0-0 1-0 2-0
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C	Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch	Drew Lost Lost Drew Won Lost Lost	0-0 1-5 0-3 0-0 1-0 2-0 0-1
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C Under 12D	Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch Rondebosch	Drew Lost Lost Drew Won Lost Won Lost Won	0-0 1-5 0-3 0-0 1-0 2-0 0-1 3-1
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C Under 12D Under 11A	Rondebosch	Drew Lost Lost Drew Won Lost Won Lost Won Won Lost Won Won	0-0 1-5 0-3 0-0 1-0 2-0 0-1 3-1 5-0
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C Under 12D Under 11A Under 11B	Rondebosch	Drew Lost Lost Drew Won Lost Won Lost Won Won Lost Won Lost	0-0 1-5 0-3 0-0 1-0 2-0 0-1 3-1 5-0
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C Under 12D Under 11A Under 11B Under 11C	Rondebosch	Drew Lost Lost Drew Won Lost Won Lost Won Lost Lost Lost Lost	0-0 1-5 0-3 0-0 1-0 2-0 0-1 3-1 5-0 1-2
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C Under 12D Under 11A Under 11B Under 11C Under 11D	Rondebosch	Drew Lost Lost Drew Won Lost Won Lost Won Lost Lost Lost Lost Lost Lost Lost	0-0 1-5 0-3 0-0 1-0 2-0 0-1 3-1 5-0 1-2 1-2
Under 13A Under 13B Under 13C Under 13D Under 12A Under 12B Under 12C Under 12D Under 11A Under 11B Under 11C	Rondebosch	Drew Lost Lost Drew Won Lost Won Lost Won Lost Lost Lost Lost	0-0 1-5 0-3 0-0 1-0 2-0 0-1 3-1 5-0 1-2

Under 10C	Rondebosch	Lost	0-10
Under 10D	Rondebosch	Lost	3-7
Under 9 Blue	Rondebosch Lost		0-8
Under 9 Blue	SACS Lost		2-3
Under 9 Green	Rondebosch	Lost	1-5
Under 9 Green	SACS	Won	1-0
Under 9 Red	Rondebosch	Drew	1-1
Under 9 Red	SACS	Won	1-0
Under 9 Yellow	Rondebosch	Won	4-1
Under 9 Yellow	SACS	Won	3-2
Played: 24	Won: 9	Drew: 4	Lost: 11
	VS. WPPS 5 -	8/8	
Under 13A	WPPS	Won	2-0
Under 13B	WPPS	Won	3-1
Under 13C	WPPS	Won	5-0
Under 12A	WPPS	Drew	0-0
Under 12B	WPPS Lost		0-2
Under 12C	WPPS Won		3-1
Under 12D	WPPS Drew		0-0
Under 11A	WPPS	Won	4-0
Under 11B	WPPS	Drew	2-2
Under 11C	WPPS	Won	6-0
Under 10A	WPPS	Won	8-5
Under 10B	WPPS	Won	6-1
Under 10C	WPPS	Lost	3-5
Under 10D	WPPS	Won	12-2
Played: 14	Won: 9	Drew: 3	Lost: 2
	VS SACS 14-1	15 / 8	
	v 5 5AG5 14-1		
Under 13A	SACS	Won	3-1
Under 13B	SACS	Drew	1-1
Under 13C	SACS	Won	1-0
Under 13D	SACS	Lost	3-4
Under 12A	SACS	Won	1-0

Under 12B Under 12C				
Under 12C	SACS Won			
	SACS	Won	3-0	
Under 12D	SACS	Won	6-0	
Under 11A	SACS	Won	4-0	
Under 11B	SACS	Won	6-2	
Under 11C	SACS	Drew	1-1	
Under 11D	SACS	Won	4-1	
Under 10A	SACS	Won	2-1	
Under 10B	SACS	Won	5-2	
Under 10C	SACS	Won	3-1	
Under 10D	SACS	Won	3-1	
Under 10E	SACS	Won	2-0	
Played: 17	Won: 14	Drew: 2	Lost: 1	
VS. FISH	HOEK AND MUIZI	ENBERG 19 - 22/8		
			•••••••••••••••••••••••••••••••••••••••	
Under 13A	Fish Hoek Won			
Under 13B	Muizenberg	Won	5-1	
Under 12A	Fish Hoek Won		9-1	
Under 10A	Fish Hoek	Won	13-0	
Under 10B	Fish Hoek	Won	14-0	
Played: 5	Won: 5 Drew: 0		Lost: 0	
	VS. WYNBERG	27- 29/8		
•••••			•••••••••••••••••••••••••••••••••••••••	
Under 11A	Wynberg	Won	10-0	
Under 11A Under 11B	Wynberg Wynberg	Won Won	10-0 6-3	
	, ,			
Under 11B	Wynberg	Won	6-3	
Under 11B Under 11C	Wynberg Wynberg	Won Won	6-3 1-0	
Under 11B Under 11C Under 11D	Wynberg Wynberg Wynberg	Won Won Won	6-3 1-0 3-0	
Under 11B Under 11C Under 11D Under 10A	Wynberg Wynberg Wynberg Wynberg	Won Won Won Won	6-3 1-0 3-0 4-1	
Under 11B Under 11C Under 11D Under 10A Under 10B	Wynberg Wynberg Wynberg Wynberg Wynberg	Won Won Won Won	6-3 1-0 3-0 4-1 6-2	
Under 11B Under 11C Under 11D Under 10A Under 10B Under 10C	Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg	Won Won Won Won Drew	6-3 1-0 3-0 4-1 6-2 2-2	
Under 11B Under 11C Under 11D Under 10A Under 10B Under 10C Under 10D	Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg	Won Won Won Won Drew Won	6-3 1-0 3-0 4-1 6-2 2-2 8-2	
Under 11B Under 11C Under 11D Under 10A Under 10B Under 10C Under 10D	Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg Wynberg	Won Won Won Won Drew Won	6-3 1-0 3-0 4-1 6-2 2-2 8-2	



PUSHING THE LIMIT, MANAGING YOUR WEALTH.



WEALTH MANAGEMENT . FIDUCIARY SERVICES
PORTFOLIO MANAGEMENT . FINANCIAL SERVICES
RISK MANAGEMENT . CASH MANAGEMENT

Since 1990, Private Client Holdings has been assisting families define and implement strategies for managing their wealth. We take on the tasks associated with a traditional family office including; investment and portfolio management, tax and administrative services, estate and succession planning – ensuring that the family wealth successfully grows from generation to generation.

So if you're looking for independent advice from a team of men and women who offer the personal touch of a family member plus the independent thinking of a wealth manager, speak to us about how best you can preserve wealth and create a lasting family legacy.

Tel: 021 671 1220 | info@privateclient.co.za | www.privateclient.co.za

### 1ST XI

Our season came to a rather abrupt and flat ending at the Top Schools' Tournament where we struggled to display any of the skill, spark and team play that this side had consistently produced over the season. It was on the back of an incredibly busy week at the Prep where our boys had been pulled in many directions to fulfil numerous House activities, but excuses apart, we just didn't perform on the night. This can and does happen to the best of teams, but was nonetheless extremely disappointing as Bishops has such an excellent record and formidable reputation at this tournament.

After an exciting 3-all draw with Rondebosch in the first fixture of the year and a frustrating and uncharacteristic loss to SACS the following week, we started to play some excellent attacking hockey which culminated in a magnificent 2-1 win against an unbeaten Wynberg team that sported many provincial players whom processed electric speed and silky skills. The team's commitment had never been in doubt, but tactically we turned the corner with that performance. In all my years at Bishops, I have not often seen such a complete first half display of dominant, well-controlled, tactical implementation against such quality opposition. This combined with a gutsy defensive display in the second half and a last minute goal secured a memorable win that we could build upon. This we did in Durban on the Grade 7 tour where we grew immensely as a team. Touring is a great way of building team spirit, but it also teaches you valuable lessons of playing in unfamiliar territory, challenging conditions and unpredictable opponents while dealing with off the field circumstances that can disrupt a team's routine and energy levels. By the end of the tour I was extremely satisfied of where



Jayden Rossouw making a save vs SACS.

the team was at.

During the third term, we remained unbeaten in league fixtures, reversing the SACS result of the first term in convincing fashion. We played with flair and started to utilise the left hand side of the field more effectively. We were confident going into the Top Schools' Tournament. but as mentioned earlier, our rhythm, structure and form seemed to elude us for those few miserable hours. A lesson in itself.

James Price captained the team, leading by fine

example on and off the field while scoring 19 out of the 44 goals scored this year. Many of these goals were fine individualistic efforts and his team talks and tactical awareness was excellent. He has a bright future in the game. Victor Allen was the vice-captain who led through example and worked tirelessly in the midfield creating many attacking movements. Jayden Rossouw had a wonderful season in goal and I will never forget his super stick save against Rondebosch. He must be commended for an outstanding season. Scott Jeffery was solid on defence and used his powerful hit to good effect. Alex Castle marshalled the defensive midfield and distributed well. Chris Kotze tackled and channelled the opposition well and is a person to watch as he matures as a player in College. Matthew van Westenbrugge played as a utility back using his long reach and tackling skills on defence to good use. Tom Burton gave us thrust down the right and has good ability and is strong on the ball. Tim Sharples was our playmaker and engine room who supplied superb ball for our strikers while also working so hard in helping in the defence. Luke Ranoszek was excellent as a defensive left hand side midfielder who could destroy opposition attacks. John van Niekerk honed his excellent close quarter skills well and is a most dedicated player. What a vital goal he scored against Wynberg! Michael van der Merwe is a player to watch next year. He has skill coupled with very good finishing ability from close range. His "never say die" attitude was much appreciated. Luke Wessels was our main attacking option down the right and he used his speed to good effect to round off our attacks. When Luke played well, the team played well, that's how crucial his position was.

I would like to thank James Drummond for his assistance on the coaching side this year. He has been an inspiration and mentor to our boys and a fantastic sounding board for me on tactical and short corner detail. I would also like to thank the parents for their magnificent support at matches this year. I look forward to monitoring your son's hockey careers at the College and watching them play on Friday evenings from the stands of a new pavilion. *Murray Anderson* 

### **U13B**

The team produced a mixed bag of results this year: 6 wins, 7 losses, 4 draws. We played some fine, constructive hockey, but also proceeded to let ourselves down at critical times. Nevertheless, the boys were committed to their play and endeavoured to give of their best. A particular fault was the tendency to hold the ball for too long, invariably resulting in a loss of possession, usually in midfield. This prevented meaningful build up and meant we were not able to dominate the midfield as we should have. Our forwards were quite effective once they were put in possession. It was pleasing to note the development of some boys on the KZN Tour, to the extent that they were promoted for the third term's matches. This ensured more constructive play down the right and better goal scoring opportunities. The tour also showed that the boys were more than ready for the full-field game. This group had a great spirit about them and was a wonderful group to coach.

TEAM: K. Bell (goalkeeper), T. Barty, W. Raine, D. Stehlik, T. Bakre, J. Grieve. M. Gordon, B. Rubin, R. Wonfor (also Cs), J. Graham (also Cs). R. Lawson, L.





Ben Rubin vs SACS.

Ryan Lawson vs Rondebosch.

**Solomons** and **R. Hanekom** also represented the team with distinction.

Richard Goedhals

#### **U13C**

It was an absolute pleasure coaching the u13C hockey team this season. There were many memorable moments and many unforgettable highlights, one of them being unbeaten in the 8-a-side format. Another highlight was playing SACS u13C four times, winning three of the games and drawing one. I am very proud of all the boys, who were led by an exceptional captain, Ryan Solomons. I urge the boys to continue playing hockey next year in College and wish them all the best.

■ TEAM: Court, D; Lawson, R; Minyi, O; Perlman, C; Sacranie, K; Shuttleworth, J; Wonfor, R; Young, R. Justin Haynes

Richard Goedhals

### **U13D**

The team must be congratulated on a thoroughly enjoyable season. All coaching sessions were fun and productive. I am sure that the boys have learnt a great deal throughout this exciting season. The highlight must be the final match of the season versus SACS. Everything came together in this match and the boys produced some of their best hockey ever resulting in an emphatic victory. Many thanks must go to Kate Goddard who coached the team with great expertise and enthusiasm.

■ TEAM: Luca Taverna-Turisan, David Court, Mark Bergh, Travis Bradfield, Stefano Fernandes, Nicholas Peile, Kamal Sacranie, Julian Steyn, Keelan Vanmali, Andrew Bassett.

Greg Shuttleworth

### U12A AND U12B

If Bishops hockey were to be measured by the strength of the u12 age group this year, it would certainly make for good reading. The U12B team boys all pushed very hard for a place in the A team; such was their level of expertise that they only lost one match this year and managed to win most of their games by large goal differences. Such was their ability and determination, that they often beat the A team in practice matches causing great consternation. The A team went through a process of learning a new pattern and in many cases the boys had to adapt to new positions on the field. Once this adaption had taken hold, the boys played very well and were able to spread the ball quickly and confidently. The A team also recorded only one loss during the season. Once again Bishops managed to lift the coveted Day/ Night Hockey Tournament trophy. After winning all their pool matches they went on to thrash SACS in the semi final, but had to work really hard to beat Sweet Valley in the final.

Mark Erlangsen

### U12C AND U12D

The U12Cs and U12Ds need to be congratulated on the commitment and dedication that they showed during the course of the season and were coached by committed and helpful coaches. The teams initially lacked the cohesion that is needed in a team sport. This was more so in the U12Cs. There were more individual brilliances that sometimes led to our downfall. We started on a winning note, but the movements of the ball and the execution of progressive passes were a major challenge. The boys' excellent attendance in training sessions made it easy for the coaches to minimize the effect, therefore, both the U12Cs and U12Ds were unbeaten towards the end of the season. Thanks to Mr Chenery and to the teams for all their hard work.

TLG SIKO

#### **U11A**

This has been yet another unbelievable season with a team of boys who have been unbeaten for two years running. They have shown great passion and commitment and have used the skills that they have been taught to the fullest. There is a unique team dynamic within the group that has shown in the results. I have been privileged to coach these boys for the past two years and wish them well in their hockey careers.

■ TEAM: Jock Buchanan, Ben Cheminais, Connor Dempers, Sam Hanssen, Timothy Kotze, Mitchell Labberte, Caleb Oliphant, Jordan Watson, Connor White.

Farryd Cunnold

### **U11B**

Wow! What an exciting season it has been! It has been an absolute pleasure coaching this group of players. They made great progress over the season and showed that they were always prepared to listen to coaching and put in the effort needed to make progress. They played with great skill and were unselfish when moving the ball around the astro. Matthew Pettit proved to be an agile and courageous goalkeeper and cleared most that came his way. Liam Hoffman and Zakaria Ahmed were excellent defenders, but both loved the opportunity to push forward once the result was secured. Jonathan Mopp and Aidan Collins had great pace on the right wing and provided our strikers, Declan Watling and James van Wyk, with a glut of goal scoring opportunities. Anton Coutts-Trotter proved to be an excellent left wing who managed to pick up the 'scraps' and score many goals of his own. Sebastian Allison was the perfect centre link who controlled the pace and structure of every game. The highlight of the season must be their outstanding performance playing in the A league SACS festival. Well done, boys! Congratulations to this team on an excellent and enjoyable season. Thanks to all the parents for being so helpful, supportive and encouraging from the sidelines.

■ TEAM: Matthew Pettit, Zakaria Ahmed, Liam Hoffman, Jonathan Mopp, Aidan Collins, Declan Watling, James van Wyk, Anton Coutts-Trotter, Sebastian Allison.

Greg Shuttleworth

### **U11C AND U11D**

The U11C and D teams had a wonderful season. They played well together and the boys showed their potential throughout the season. The C team played 11 league matches. They won 7, lost 3 and drew 1. The D team played 9 league matches. They won 6, lost 2 and drew 1. Both teams showed growth and they practised what was taught in their matches. They played in an A and B tournament at SACS. They never gave up and were determined to play to the best of their abilities. They achieved some great results and learnt a great deal. Their coaches are very proud of their performances and wish them well for next year.

### **U10**

The u10 group has enjoyed a most successful season. The boys' enthusiasm has been particularly noticeable, as well as their determination to win! The overall standard of play was high, and the A and B teams were well matched at practices. This augurs well for the group as a whole and they will bear close watching as they progress through the ranks.

The 'A' team managed to remain unbeaten for the season, an outstanding achievement at any level. They played 15 matches, one of which was a draw on grass against Eikestad. In the process they scored 119 goals while conceding just 17. The boys always worked hard, both in attack and defence, and a feature of their play was their determination and their ability to play as a team. They never gave up trying their best, even when they were well in front. It is important to develop a 'killer instinct' at 'A' team level and a couple of boys in this team have shown that. They also mastered the basics of the pattern that we play, with

great success. This resulted in some superb hockey, sweeping from defence into scoring goals with just 3 or 4 passes. Also pleasing was the development of individual flair within certain players.

It was an incredibly successful season for the 'B' team. The boys all played exceptional hockey with great determination and sportsmanship. The level of skill was high and the boys put what they learnt at our sessions into practice at the weekly matches. It was wonderful to watch them dribbling the ball down the side lines and passing deftly to a team mate in the centre and then finishing it off with a superb goal. Their commitment to the team was outstanding and they should all be commended on their fine performances. They finished the season unbeaten having scored 99 goals and only allowing 18 into our defending goal. Well done to all of the boys, you can be justifiably proud of your achievements!

We had a very enthusiastic squad of boys who played in matches for the 'C', 'D' and 'E' teams. Their skills developed well throughout the season and the boys showed good sportsmanship when playing in matches. We were particularly impressed with their willingness to play in different teams and positions throughout the season. The 'C' team won 7 games, drew 2 and lost 3. The 'D' team won 8 games and lost 2, and the 'E' team won 8 games and lost 2. Well done to all the boys who played in these teams. We had a most enjoyable hockey season.

The under 10s have enjoyed the coaching expertise of Messrs O'Mahoney and Ferrandi this year and we are grateful for the effort they have put into their coaching. A special thank you to Mr Anderson for his outstanding leadership of Hockey at the Prep, and for the many hours that he puts into the sport at all levels to ensure that we are successful.

- A TEAM: R. Campbell, R. Howard, I. Khan, C. MacDonald, J. Lander, L. Parker
- B TEAM: O. Kennedy-Smith, G. Walsh, L. Harrison, G. John, L. Solomons, J. Fisher, A. Clarke
- CTEAM: S. van der Westhuizen, Smith, C. Musselwhite, E. Voogt, J. Bull
- D TEAM: D. Davidson, A. Lee, J. Walker, T. Byron, A. Crosthwaite-Eyre, B. Graaff
- E & F TEAMS: G. Fogarty, M. Tripe, K. Hassan, M. Reid, C. Carter, S. Nieburg, D. Vavatzanidis, H. Steele, C. Warner, L. Foxcroft, M.Warner.

P. Graney, C. Anstey, R. Goedhals

### U9

The boys had a fun, action-packed season. This is the first year that they play Inter Schools fixtures and we had weekly matches against SACS, Rondebosch and Western Province. This was a new set up and the boys really enjoyed the competition. Each week our boys were dedicated and they showed great team spirit. We saw improvements in all four teams. During practices they learnt many new things and the coaches were proud to see them putting these new skills to use in the matches. There is a great deal of potential in this age group and we look forward to seeing them succeed in the upcoming years.

### RUGBY

	VS DPHS 18	/07		
Under 13A	DPHS	Won	14-12	
Under 13B	DPHS	Lost	14-35	
Under 13C	DPHS	Lost	7-10	
Under 12A	DPHS	Won	19-12	
Under 12B	DPHS	Lost	0-37	
Under 12C	DPHS	Lost	0-36	
Under 11A	DPHS	Lost	17-24	
Under 11B	DPHS	Lost	5-45	
Under 11C	DPHS	Lost	7-50	
Played: 9	Won: 2	Drew: 0	Lost: 7	
VS	FISH HOEK AND KIR	STENHOF 20/8		
Under 13A	Kirstenhof A	Won	47-10	
Under 13B	Nico Brummer A	Lost	22-48	
Under 13C	Fish Hoek A Drew		33-33	
Under 12A	Fish Hoek Won		52-5	
Under 12B	Kirstenhof A Lost		0-5	
Under 12C	Fish Hoek B Won		41-10	
Under 11A	Fish Hoek Won		19-5	
Under 11B	Nico Brummer A Lost		0-24	
Under 11C	Fish Hoek B	Lost	0-30	
Under 10A	Fish Hoek	Won	20-0	
Under 10B	Kirstenhof A	Won	17-12	
Under 10C	Fish Hoek B	Won	26-15	
Under 9A	Fish Hoek	Won	25-10	
Under 9B	Kirstenhof A	Drew	15-15	
Under 9C	Fish Hoek B	Won	15-10	
Played: 15	Won: 9	Drew: 2	Lost: 4	
V	S SUN VALLEY AND A	FLANTIC 27/8		
Under 13A	Sun Valley	Won	47-0	
Under 13B				

Under 12A	Sun Valley	Won	29-0
Under 12B	Atlantic A	Won	17-0
Under 11A	Sun Valley	Won	14-0
Under 11B	Atlantic A Won		26-0
Under 10A	Sun Valley		
Under 10B	Atlantic A	Won	35-0 43-0
Under 9A	Sun Valley	Lost	0-15
Under 9B	Atlantic A	Won	65-15
Under 9C	Atlantic B	Won	25-0
Under 9D	Sun Valley B	Lost	0-35
Under 9E	Sun Valley C	Lost	35-50
Chaci 3L	buil valley G	Lost	33-30
Played: 13	Won: 10	Drew: 0	Lost: 3
		220117	
	VS SACS 3	/8	
Under 13A	SACS	Won	7-5
Under 13B	SACS Lost		10-22
Under 13C	SACS	Lost	12-24
Under 13D	SACS	SACS Lost	
Under 12A	SACS	ACS Drew	
Under 12B	SACS	Lost	0-36
Under 12C	SACS	Won	19-17
Under 12D	SACS	Lost	0-30
Under 11A	SACS	Won	19-14
Under 11B	SACS	Lost	12-20
Under 11C	SACS	Lost	5-12
Under 10A	SACS	Lost	12-26
Under 10B	SACS	Lost	7-10
Under 10C	SACS	Lost	0-43
Under 10D	SACS	Lost	0-25
Under 9A	SACS	Lost	0-5
Under 9B	SACS	Drew	20-20
Under 9C	SACS	Drew	5-5
Under 9D	SACS	Lost	5-25
Under 9E	SACS	Lost	5-25
Played: 20	Won: 3	Drew: 3	Lost: 14

	VS WPPS 7-8/	/8	
Under 13A	WPPS	Won	38-7
Under 13B	WPPS	Won	33-19
Under 12A	WPPS	Won	39-7
Under 12B	WPPS	Won	34-22
Under 11A	WPPS	Lost	10-27
Under 11B	WPPS	Won	19-5
Under 10A	WPPS	Won	15-10
Under 10B	WPPS	Won	27-21
Under 10C	WPPS	Won	20-5
Under 9A	WPPS	Lost	5-20
Under 9B	WPPS	Won	40-5
Under 9D	WPPS C	Lost	0-15
DI 1.10	TAY O	Drew: 0	T . 0
Played: 12	Won: 9	Drew: 0	Lost: 3
	VS WYNBERG 1	17/8	
Under 13A	Wynberg	Lost	7-21
Under 13B	Wynberg	Wynberg Lost	
Under 13C	Wynberg	Wynberg Won	
Under 12A	Wynberg	Wynberg Won	
Under 12B	Wynberg	Won	
Under 11A	Wynberg	Won	10-0
Under 11B	Wynberg	Won	36-5
Under 11C	Wynberg	Lost	5-25
Under 10A	Wynberg	Won	7-0
Under 10B	Wynberg	Won	10-0
Under 9A	Wynberg	Lost	10-25
Under 9B	Wynberg	Won	15-5
Under 9C	Wynberg	Won	25-20
Under 9D	Wynberg	Drew	20-20
Under 9E	Wynberg	Drew	25-25
Played: 15	Won: 9	Drew: 2	Lost: 4
	VS RONDEBOSCH	H 24/8	
Under 13A	Rondebosch	Lost	15-29

Under 13B	Rondebosch	Lost	12-34
Under 13C	Rondebosch	Lost	0-34
Under 13D	Rondebosch	Drew	34-34
Under 12A	Rondebosch	Won	40-7
Under 12B	Rondebosch	Lost	10-14
Under 12C	Rondebosch	Won	26-12
Under 12D	SACS	Lost	7-25
Under 11A	Rondebosch	Won	49-10
Under 11B	Rondebosch	Won	19-12
Under 11C	Rondebosch	Won	42-12
Under 10A	Rondebosch	Won	19-12
Under 10B	Rondebosch Lost		5-25
Under 10C	Rondebosch	Lost	10-12
Under 10D	Rondebosch	Lost	10-30
Under 9A	Rondebosch	Lost	5-20
Under 9B	Rondebosch	Lost	10-20
Under 9C	Rondebosch	Lost	0-25
Under 9D	Rondebosch	Lost	0-55
Under 9E	Rondebosch	Won	25-20
Played: 20	Won: 6	Drew: 1	Lost: 13

### **U13A**



Victor Allen looking to side step his opponent, Zulu style!

The 2013 rugby season was a most enjoyable and rewarding one. The Skeeles 7s set the tone for the year, a well-organized and enjoyable event. The first few games showed a set of backs with skill, speed and a willingness to move the ball around; the forwards lacked cohesion and avoided rucking, but had good individual skills! Once this was sorted out they produced very good ball for the backs to run onto which in turn allowed them (the forwards) opportunity to run with the ball. The game against Eikestad was for me the turning point, up at half time playing some excellent rugby; they changed the game plan in the second half and demolished our forwards! Full credit to our boys who rallied around and become a formidable unit! Always smaller than the opposition, however always giving an excellent account of themselves. The loss to SACS got them to believe that

they had the makings of a good side. The last second try by SACS; gut-wrenching, but good for us! We then had 10 wins in a row, against some very good opposition. Most memorable games:





Jorden Meyer on the attack vs Dale.

Ross Hanekom about to slot another vs Fish Hoek.

RBPS, Westville, Merchinston, DPHS and SACS. They began playing good total rugby, good set pieces, good inter-linking between forwards and backs, some good kicking, sound defence and indications of a good tactical understanding of the game. The tour was a resounding success, the boys a credit to the school, their families and they did the game of rugby proud. The SACS and DPHS games required a massive team effort; each boy played a memorable part in the wins, on the field or coming off the bench or his support on the side lines. Wonderful and we hope that they will wrap those moments up, remember them but more importantly use the experiences in later life. We do wonder looking back if maybe we spent our all in these two games? Certainly the tough rugby, cross county and hockey fixtures did begin to take their toll as did some rather worrying injuries! We would say only once in the season did we fail to pitch up and that was against Grey! We lost our nerve and had a long day at the office! Despite Dale trouncing us, I felt that we gave a good account of ourselves, never giving up and trying our best against arguable the best Prep side in the country! The Dale boys and staff had only praise for our boys. Losses to Rondebosch and Wynberg were disappointing as we knew we could have done better. On the day, just too many mistakes, certainly no lack of effort! Sadly the SACS 7s was cancelled due to poor weather. A good season, however it could and should be turned into an outstanding season, if the boys take the passion, discipline, rugby and mental skills learnt into other areas of their lives, academic work and other sporting codes, we will then know that some real lessons have been learnt! Shortly our boys will depart for College, new challenges, new friends, new teams away from the comfort of being at the top of the food chain, exciting times! What is vital is that they continue playing a team sport, its where we get to learn so much about team work, sacrifice and a realization that we are only as good as those around us. Working hard on the mantra of trying to make others look good, working our team mate into space, setting up the goal/try, covering for each other on defence, these are key indigents to success in later life! This poem represents so much of what we want our boys to

get out of a rugby season. The poem is by the great Greek poet Nikos Kazantzakis, also author of Zorba the Greek:

I am but a bow in thy hand Lord,
Use me or I will rot;
Do not bend me beyond my strength
For I will break –
But bend me beyond my resistance
And let me break!

We hope our boys experienced some of the above; we hope they gained from playing this wonderful game. We enjoyed the season; very rewarding watching them win their own 'little battles' that then resulted in an improved team performance. We wish them well for their future sporting endeavors and look forward to them gracing the College sports fields.

Brendan Fogarty and Khwezi Mqomboti

### **U13B**

From the beginning of the season it was evident that this was a group of boys with great team spirit who would go the extra mile for each other. On several occasions we had to fight back in the second half after a slow start, and after a while we managed to string two good halves together. The defensive display against SACS was up there with the best I have seen in a very long time, hence the disappointment when they scored in the last seconds of the game to take the honours. The boys displayed obvious disappointment, but were gracious in defeat and promised themselves that they would bounce back the next week. What made this loss hard to swallow was the fact that it came after two narrow defeats. Lesser men would have dropped their heads, instead all turned up on the Tuesday in order to work hard to be able to go that one step further. On the Saturday against Wynberg they defended with great determination in the first half, and unlocked defences in the second with a beautiful display of fifteen man rugby. You can imagine the joy when we scored the winning try from our own half in the dying minutes. This was a clear case of what you can achieve if you learn from past events. This win kick-started a run of good performances in the latter half of the first term. We came back from holiday a bit underdone, hence the below par display against Durban Prep. In the second half of the season we had injuries in some crucial positions, but the boys who came in from the C team established themselves and certainly made a big impression. On more than a few occasions the boys had to punch above their weight, but they came through it with flying colours. This was a season where we learnt valuable rugby and life lessons that will stand us in good stead in the future. I would like to extend a big thank you to all parents for all their support throughout the season. I thoroughly enjoyed coaching these boys, and it was pleasing to see how they developed as the season progressed.

■ TEAM: M. Lupini; J. Maree; T. Sides; D. Stehlik; L. Agnew; T. Barty; T. Psillos; S. Vine; H. Janssens; M. Gordon; J. Mol; B. Snider; R. Wonfor; J. Young; C. Kotze; R. Labberte; O. Minyi; T. Smith; J. Grieve; D. Kapoutsis; O. MacRobert; C. Manca; F. Spencer

Willem Louw

#### **U13C**



David Court on the charge: U13C vs Durban Prep.

This was a team that simply played for the sheer enjoyment of representing your school every Saturday and having the time of your life. We lost about as many games as we won, but that didn't matter. This team always attracted the biggest audiences with huge numbers gathered behind the poles during the matches just so they could share in the joy and amusement of what was unfolding between the four white lines. Our tour match against St Charles in Pietermaritzburg was a highlight. We had travelled most of the day from northern Zululand; had to defend our line with

everything we had for the first 10 minutes. We weathered the storm and then ran in three brilliant tries in the second half to record our most memorable victory of the season. Another highlight was our dominant scrum at Wynberg in the rain and mud as we racked up tighthead after tighthead to set up the win. It has been a pleasure coaching these boys who simply love the game and will be the backbone of club rugby one day. Every practice was such fun as our boys really wanted to be there and to play. This attitude makes coaching so easy. Thank you to the merry band of parents who supported us all over the peninsula often at first light on chilly, wet, winter Saturday mornings and always with smiles on their faces.

■ TEAM: J. Young, R. Lawson, A. Babade, O. Minyi (Capt.), T. Sides, L. Gordon-Turner (V Capt.), T. Bradfield, F. Spencer, M. Wilson-Trollip, J. Maree, J. Pletts (V Capt.), D. Kingdom, J. Rossouw, C. Haller, F. Davis, J. Graham, T. Smith, R. Wonfor (V Capt.), O. MacRobert, M. Hooper, S. Jeffery, A. van Voore, B. Rubin (V Capt.), G. Border, L. Jameson, C. Perlman, D. Court, A. Ngcwangu, J. Paine Bruce Mitchell

### **U12A**

Fun, enjoyment, passion and a never-say-die attitude are some of the words that resonate with me as I look back on a very successful rugby season. From the outset, it was very evident to me that this group was very talented and they did not disappoint, losing only one match against the touring Selborne team from East London. At the start of Term 2 I introduced the style of play that I wanted to play. The boys adapted very well to the expansive style of play and scored some amazing tries after taking their opponents from one side of the field to the other. For such a pattern of play to succeed, great emphasis was put on handling, continuity, decision making and defensive skills. The forwards were very effective as a unit – they scrummed, rucked, mauled and carried well and always managed to get us over the gain line so that we could spread the ball wide. The backs under the guidance of Grant Griffiths grew in confidence as the season progressed – their defence, decision making and counter attack skills developed throughout the winter and it was good to see

them play the situation in front of them towards the end of the season. Although there were many highlights, the one that stands out for me was the impressive away win against SACS – the boys kept possession of the ball for long periods of time and went on to win a very tough match 7-0. The team was very well captained by Michael Van Der Merwe – he certainly led from the front defensively and was a good communicator at 10. Michael was well supported by our Vice Captain, Thomas Liefeldt. Thank you boys for giving me so many hours of pleasure this season. It was an honour coaching you and I enjoyed watching you grow and develop as rugby players and young men of Bishops. You boys have incredible inner strength that will stand you in good stead as your rugby careers continue. Many thanks to all the parents for their support this year – your sons are very fortunate to have wonderful role models like yourselves.

■ TEAM: Michael van der Merwe (Captain), Thomas Liefeldt (Vice Captain), Aaron Woodman, Slaide Marquis, Jack Hampshire, Jono Bird, Isaiah Wharton, James Howard, Matthew Smith, Mbongeni Mavuso, James Koster, Matthew Lennett, Michael Wesson, Sam Elliott, Ross Hyne, Ross Tudhope, Nicolas Cattell, Ryan Campbell, Ryan Sneddon, Tristan Le Fleur, Marek Kanigowski, Drew Burton. Chris Groom

### **U12B**

A tough, but well fought, season from the boys. This squad of 22 boys was up and down between the A, B and C teams, throughout the season, as injury played its part. Many of the results did not go our way, but the ability of the boys to arrive week in and week out with a positive attitude and the willingness to learn was outstanding. They showed true determination with two consecutive wins against both WPPS and Wynberg and narrowly lost to RBPS in the dying seconds. It has been a great experience to be involved with these boys and a special mention to Ryan Sneddon who led the boys under very difficult circumstances and who believed in his boys. I wish them well in the remainder of their school rugby careers. U12B motto: Our ball is our ball; Their ball is our ball!

■ TEAM: Burton, Drew; Byron, Tom; Campbell, Ryan; Clark, Christopher; Good, Cameron; Hamilton-Russell, William; Kanigowski, Marek; Le Fleur, Tristan; Meyer, Kieraan; Murphy, Aiden; Murphy, Sean; Njoroge, Joshua; Rackstraw, Andrew; Sneddon, Ryan; Woodman, Aaron

Mac Kahla

### U12C AND U12D

Great fun was had by both teams and I am confident that we achieved the goals that we set for ourselves. After the necessary trials at the start of the season, all players spent time in small groups being coached by all the coaches in the age group to ensure uniformity. The Ds were very well coached by Andrew Loizou and certainly enjoyed his passion and positive approach to the game. Although the Ds did not have matches every Saturday, they remained positive throughout the winter. The Cs certainly grew as a group as the season progressed and many of the players ended up in the B team. The highlight of the season was the win against Rondebosch in the final game. It was awesome seeing the boys play with such determination and passion.

■ TEAM: Agnew, B; Beaumont, D; Bullough, B; David, P; Holtmann, W; Hughes, A; Le Fleur, T; Naude, D; Numanoglu, S; Orpen, L; Perlman, D; Babade, A; Casey-Smith, F; Davies, M; Foxcroft, L; Gannon, C; Good, C; Hollingum, B; Kingdom, T; Lee, T; Meyer, K; Njoroge, J; O'Brien, S; Rowand, J; Warner, T; Brasher, J; Fletcher, F; Macha, I; Koster, J; McKenzie, H; Musselwhite, E; Naude, J; Richardson, L; Simpson, J; Worthington-Smith, P; Turner, T; Florin, R.

Michael Hampton

### **U11A**

The team enjoyed a memorable season of Bishops rugby that included home and away wins against SACS, Rondebosch and Wynberg. The boys embraced the "Quick TAP" (Tackle/Anything Goes/Pass) philosophy and did well to embody the maxim of playing for each other, and the love of the game. They can be very proud of their all-round effort and the improvements they have made as individuals and as a team. This is an exciting group of players to watch and we look forward to following their progress, both on and off the pitch... 'Knock & Lock – Drop & Drive!'

■ TEAM: A. van der Leek, Z. Ahmed, U. Ngxangane, A. Collins, S. Allison, M. Labberte, L. Hoffman, G. Medcalf, J. Watson, J. Buchanan, A. Suliaman, S. Hanssen, S. Feinberg-Mngomezulu, M. Mawela, M. Meyer, N. Christodoulou, J. Mopp, L. Shuttleworth, T. Kotze, M. Wolfson

#### **U11B**

It was a very slow start to the season and it took a good month or two for our boys to find the correct cohesion and synergy. However, we, as coaches, finally found the best and most effective way to get through to the guys. This came after Charlie and I realised that we weren't coaching the Springboks. This would actually turn out to be a great lesson for both of us. They then started growing with confidence; showed some backbone and played some fantastic rugby. This was evident in their complete turnaround in results from the first half of the season culminating in a clinical and satisfying victory over the old foes across the way, Rondebosch. They were able to, at times, play rugby the way Bishops boys are famous for, consisting of all out 15-man rugby with swift inter-passing and backing up, but also having the ability to keep it tight when necessary. Long live off-load touch. The only thing you can ask for as coaches is a group of youngsters who are eager to not only learn, but also listen and when they got that right it was hugely rewarding to see them playing with not only smiles on their faces, but great pride and passion for the Bishops jersey! We really grew fond of these scruffy little guys arriving late for practice every week, but it's these unique characters that make being part of a rugby team so special. Unforgettable moments in the season: Jake's try in the corner against SACS when it must have touched every player's hand on the field from Bishops; Jackson's 20metre run down the touchline to finally score in the corner with no more fuel in his tank and then getting up with players all over him with joy; Cameron's two tries against Rondebocsh in the final game! Who could forget Beefy's great kick against Wynberg? Every boy that played a part in the B team's end-ofyear success should be proud of himself and we wish them well for the future.

■ TEAM: The Jokers: Jackson, Aya and Jakey; The Hard Men: Nick, Kodoo (Luke), Stuart and Saddoc; The Brains: Tim and Ben; The Happy-Go-Lucky: Connor Dempers; The Hairstylist: Jonty Wright; The Match Winners: Luke Shuttleworth and Cameron: The Story-Teller: Max; The Forever Panting: Beefy; The Fire: Connor White on the wing; The Mongrel at the back: Jonathon Mopp.

Charlie Purdon and Luke Jacobs

### U11C



Rayan Hendricks in possession vs SACS.



Joshua Seymour on the way to the tryline vs SACS.

We are the C team, but really . . . we are the Mustangs, always known for our 'never give up' attitude. Our team has talented individuals, but we are the strongest as a team. We also have new teammates join in who have proved themselves worthy of being in the Mustangs. We have always been able to give one another constructive criticism, on and off the field, never having to use the saying 'there is no I in TEAM'. We have tried hard in every game and you could see when every single player's heart and mind was set on winning the game. When the final whistle of the season sounded we once again had something to be proud of (47-7 win vs Bosch). So, from now on we can carry the Mustang name far, whether we are in the C or A team supporters will always see the Mustang attitude bubbling deep inside us. A special thank you to our inspiring coach, Mr De Sousa, for motivating and transforming us into the ferocious unforgiving Mustang team - 1-2-3-MUSTANGS!

TEAM: R.Naidoo; B. Gukelberger; L. van Schalkwyk; L. Haarburger; J Steyn; J Seymour; F. Brooks; M. Bradley; D. Howard; L. Bradley; C. Morkel; N.Tiaden; J.Border; R. Hendricks; S. Magai; D. Watling; F. Thomas (V/C); Z.Chenia; J. Herbert; D. Boyes; Z. Mahlati; L. Masha; C. Pandiani

Declan Watling (Captain)

### **U11D**

The boys were outstanding this season and they taught me so much about passion, fun and pure enjoyment. Sometimes as coaches we get caught up in coaching young boys as if they were Super 15 players or robots. The Mustangs started the season with a squad of 18 players and ended up taking 25 to matches. The super "gees" was growing. The boys always showed me so much "guts" and determination. I believe the key to this season was to improve each boy's skills level and allow each boy time to develop at his own rate. I often spoke to each boy about their own small battles during rugby matches. I do agree that we lost more than we won, but each boy achieved small victories in his own personal game. To me that's a fantastic season. At the end of the day it does not matter in which side you play, but more about your personal rugby journey. Boys, always remember the Mustangs motto: 'I love being part of Bishops rugby, no matter what the weather is or the score, just so long as I'm having fun. I love the game of rugby and playing the game makes me proud.'

Grant De Sousa

### **U10A**



Imad Khan vs Wynberg.

The 2013 season was an eye opener for the little guys. It was a year of significant transition, for them. They not only moved from 10-man rugby to full-field 15-man rugby, but needed to learn the various roles their new positions entailed. As coaches, our biggest challenge each year is getting boys accustomed to these positions. We do not always get it perfect out of the gate, but with time and patience we tend to get it right. As this season went on it was pleasing to see how the boys took ownership of their new positions and grew into them with confidence. It was a successful season, maybe not in the traditional measure of win/loss ratio, but in terms of player and team development. The boys showed a lot of growth this season, including how well they could play as a team. No better game could illustrate that than the return match vs WPPS, at home, after having been beaten when playing away in the second term. At the rematch, the

boys demonstrated both the mental and physical strength that was needed to put one over their arch rivals. There is no doubt that there is enough talent in this age group to trouble any opposition. Belief in themselves and their abilities as well as consistency will be their biggest challenge going forward. They will need to prove that they can bring that same mental and physical prowess to the field on a weekly basis. This year a few of the boys also had the opportunity to participate in the Rondebosch Sevens Festival, playing against six schools from the Southern Suburbs area. They showed some great individual efforts that day, and succeeded in beating five of the competing schools. The skills they exhibited at the festival will serve them well going forward in their rugby career. Thank you to all the parents for their support throughout the season.

■ TEAM: JP Freddy; Benji Voogt; Gray Fogarty; Marc Nelson; Rowan Howard; Josh Carnell; Oliver Kennedy-Smith; Luke Solomons; Luke Parker; John Fisher; Imad Khan; Callum Musselwhite; Bruce Campbell; Liam Harrison; Berkley Graaff; Josh Lander; Phillip Smith; Ilyaaz Arnold

Khwezi Mgomboti and Rob Field

### **U10B**

Through hard work and a growth in confidence we went from winning 1/5 in the 2nd term, to winning 4/5 in the 3rd term. Our forwards were pivotal to our success this season; their scrummaging was the reason our backs could shine. One of my highlights was winning two tight heads in a game against Sweet Valley U11A. Our loose forwards were fast, intelligent and tough. Our tight five were rock solid, and rucked very well. Our backline was quick and had great ability. We had speedsters, side steppers, boys with incredible hands and great passers. Defensively tackling improved continuously through the season. The highlight of the season was coming back from 0-21 down at half time against WPPS, to winning 27-21. This showed great determination, and emphasized their ability never to give up. Finally, a special thanks to all the parents and other supporters that came out to cheer the boys on in all the conditions Cape Town has to offer.

Mr Doli and Mr Southgate

### U10C AND U10D

This group of boys improved in leaps and bounds as they participated in the fifteen man game for the first time. The scrums looked solid when the boys all worked as a unit and the lineouts became seamless as the boys learnt to support the jumper. At the breakdown the boys began perfecting their technique in securing the ball and the backline learnt how to use switch and skip passes to confuse their opposition. The captaincy of the team rotated in every match, giving nearly every boy an opportunity to lead as captain or vice-captain. Our numbers of players dictated that we could never field two full sides for matches but we were determined that every boy get a chance to compete against other schools. We doubled players up in order to play extra fixtures and we often played C team matches with a large 'string' of reserves. This led to some lack of structure and mixed results against the various schools. Our final match of the season against Rondebosch was most satisfying. Having lost to them by several tries in the second term, it was great that we lost by just one try in a nail-biting 10-12 finish. The boys showed great determination to play their best, enjoy their games and give the opposition a run for their money. The parents were most supportive on match days which added spirit to the side.

■ TEAM Archie Crosthwaite; Benjie Audinwood; Boyd Gannon; Brian Daniel; Chris Scheepers; Clayton Warner; Dylan Davies; Ethan Topat; Irshaad Abrahams; Jack Walker; James Bull; Laine Ridgway; Liyema Liwani; Manga Nogantshi; Matthew Byron; Max Rebe; Mbfana Skwatsha; Mohammed Desai; Mohammed Koor; Nicholas Pabst; Peter Njoroge; Seb Sturrock; Sergei Huish; Seth Nieburg; Solomzi Tshiki; Thomas Newton; Zaine Dawood.

Tom Campbell and Dave Jenkins

### U9

This year's group was an enthusiastic set of young rugby players eager to get stuck into their first season of 'tackle rugby' and learn the basics of the great game. Practice sessions were split into two parts. Firstly, the whole age group would work together with all the coaches on the vital fundamentals such as passing, tackling, rucking, ripping in the tackle, popping the ball off the ground as well as many other little skills and drills. The second half of the practice saw the individual teams work with their coach on specific





Bryce Herbert well supported by three of his friends, vs Rondebosch (U9B).

Dean Sneddon makes the break, U9B vs Kirstenhof.

structure, moves and tactics that they would implement on match days. This age group was physically one of the smallest that Bishops has seen in a long time, which meant we were often outmuscled in our games. However, this didn't stop some great "Bishops rugby" tries being scored throughout the age group from the As to the Es by keeping the ball alive, supporting the ball carrier, as well as using 'feet' to breach the opposition defences. Attitude when on defence is also important when taking on bigger boys, and there was a great approach of commitment and courage in the tackle from all the teams, which was promising to see. Most importantly though, rugby at this level is about enjoyment, learning to work as a team, listening to your coach(!), having fun with your teammates and always making sure you never give up at any stage. The boys must be commended for their hard work at practices and for absorbing their coaches' advice as there was a huge and tangible improvement in their ball skills and all-round feel for the game week-by-week as the season progressed.

### VUSA RUGBY AND ACADEMIC ACADEMY

At long last the vision has become a reality! The Vusa Rugby and Academic Academy is in full operation. At the end of 2012 Bryn Ressell of Calulo Shipping come on board and sponsored the Academy. This sponsorship allowed us to implement the programme and we started in April 2013. Forty boys from Langa and Bonteheuwel are bussed in three times a week to Bishops where they receive English and Maths tuition. The academic programme is "top up" and does not replace the work done at school. There has been a marked improvement in their ability as their English comprehension has improved. We have been most fortunate to have had parents coming down and helping with the tuition. This has allowed for a better pupil student ratio. The lessons have taken place in the Skeeles Pavilion. There has been a steady improvement in the rugby. These boys have a natural feel for the running game. They are graceful runners and have a natural ability to use their feet to avoid contact and make space. It has taken some time to get the laws of the game understood. We have been most fortunate in have College 1st XV players helping at the coaching sessions. This has given them a chance to give back to the game and allowed the Vusa boys to receive top coaching. The idea of creating role models is an important one. The boys have played games with and against our Bishops U12B and C sides. The highlight was the mixed team games – boys from different backgrounds mixing, talking and bound in a collective goal, rugby and beating the opposition. The Vusa boys have been to a Western Province game at Newlands – this was

a first for them and showed them what possibilities lie ahead in sport. Scarra Mtombeni the Western Province and Stormers hooker made a welcome appearance at one of our sessions. He spoke to the boys about the life skills, attitude and commitment that are needed to make it to the top in life and rugby. His message has inspired many of the boys to strive for that success. The boys have done sessions in the Prep computer lab and in the music block learning to play the marimbas. We are planning a visit to the Two Oceans Aquarium and the Cape Town museum. The first year has been most successful, with the same boys returning in 2014; we will be able to enhance their rugby and academics and hope that this will give them opportunities to further studies and rugby. It is through creating ventures such as Vusa that we hope to see our youth reach their full potential.

### **SQUASH**





Brandon Snider in Inter House action.

Inter House squash action - VDB vs Bramley.

We added an E and an F side to the leagues this term so more of our boys could play matches on Fridays. We have nearly 60 boys playing squash who are all desperate to make the Friday match teams. The daily ladder positions are fiercely competed for with all the boys wanting to climb up the ladders to qualify for a match position. Our A team won almost all their matches and our C team only lost one match. Our B, D, E and F

teams were all unbeaten in their respective leagues. This proves the good depth we have with so many boys playing this popular winter sport. Brandon Snider was ranked second in the country after the Inter Provincial Tournament. Jonathan Greyling also performed well for the WP 'A' side winning most of his matches. Luke Shuttleworth and Greg Medcalf represented the WP U11A team and were undefeated at the national tournament. Congratulations to these four boys who also made up our Prep First squash team. Thank you to the staff and parents for all the lifting and coaching this last term.

### RESULTS

DATE	A League	B League	C League	D League	E League	F League
19 July	Beamont A	bye	Villagers A	Beaumont C	Wynberg B	Herschel A
	Won 12-3		Won 11-2	Won 7-5	Won 12-0	Won w/o
26 July	Fish Hoek A	Eikestad A	bye	Reddam A	Beaumont D	Kirstenhof B
į	Won w/o	Won 7-5		Won 11-1	Won 7-5	Won 12-0
2 August	Rondebosch A	Llundudno A	Sweet Valley B	Sun Valley A	Rock Acad A	Villagers B
	Lost 5-10	Won 9-3	Won 7-6	Won 7-6	Won 7-3	Won 12-0
16 August	WP Prep A	SACS B	WP Prep C	Rondebosch C	WP Prep D	St Georges B
1	Lost 4-9	Won 10-2	Won 11-1	Won 7-5	Won 12-0	Won w/o
23 August	SACS A	Springfield A	Rondebosch B	Llundudno B	Springfield B	SACS D
	Won 11-3	Won 9-3	Won 9-3	Won w/o	Won w/o	Won 8-4
30 August	Sweet Valley A	Camps Bay A	Kirstenhof A	Wynberg A	Fish Hoek B	Rondebosch D
	Won 9-0	Won 10-2	Lost 6-7	Won 11-1	Won 8-4	Won 12-0