



inspires individuals

**An Anglican Boys' School, rooted in Africa,
providing a holistic and relevant education in
a nurturing, and transforming environment.
We are committed to developing men of
principle and compassion.**

Pre-Prep, Prep & College Intern Strength and Conditioning Coach/Kinderkineticist

The position is effective from January 2026.

The Intern Strength and Conditioning coach/Kinderkineticist will form part of the Bishops Sports Performance and Wellness (SPW) programme.

Duties:

The successful candidate will play a vital role in supporting the physiotherapist, Biokineticist and Strength and Conditioning coaches by aiding in the development, coordination, execution, and management of recommended and approved fundamental skills and physical activity programmes for Bishops Pre-Prep, Prep, and College. This role will primarily involve developing and implementing Pre-Prep physical literacy and gross motor sessions, as well as assisting with conditioning sessions in the gym and on the field for Prep and College. This role will further involve conducting sports-specific testing to assess and improve the learners' athletic capabilities. Accommodation is available as a stooge with applicable duties.

Skills:

- Excellent verbal and written communication skills
- Excellent computer skills (MS Word, Excel, PowerPoint, and Outlook)
- Excellent interpersonal skills
- The ability to work effectively as part of a multi-disciplinary team, as well as independently.
- Strong administration skills
- Excellent time management skills

Minimum Job Requirements

- A relevant degree or advanced qualification in Strength and Conditioning or a postgraduate degree in Kinderkinetics.

- Previous experience in working with young children is advantageous.
- Passion for physical activity, fundamental movement skills, and sports, as well as a commitment to promoting holistic learner development.

Interested applicants should complete this [form](#) and email a short CV, along with a cover letter in ONE PDF format, to Chris Ekron at cekron@bishops.org.za by 25 September 2025.

Please use the reference *Intern Strength and Conditioning Coach/Kinderkineticist* and your name in the subject line.

**Only short-listed contacts will be contacted by 29 September 2025.
www.bishops.org.za**

Bishops, in line with POPIA (Protection of Personal Information Act), will attempt to ensure the confidentiality of all applicants for this role. All reasonable measures will be in place to protect personal information but will be used in the recruitment, selection, and reporting process. By submitting your application for this position, you are recognising and accepting this disclaimer.

Bishops is committed to transformation. In accordance with our Employment Equity Plan, preference shall be given, but not limited to, candidates from the designated groups.