



*inspires individuals*

**An Anglican Boys' School, rooted in Africa, providing a holistic and relevant education in a nurturing, and transforming environment. We are committed to developing men of principle and compassion.**

## **College**

### **Intern Strength and Conditioning Coach**

**The position is effective from January 2026.**

The Intern Strength and Conditioning coach will form part of the Bishops Sports Performance and Wellness (SPW) programme and has an interest in studying towards a PGCE for Life Orientation (Part-time/Online).

#### **Duties:**

The successful candidate will play a vital role in supporting the Physiotherapist, Biokineticist, and Strength and Conditioning coaches with developing, coordinating, executing, and managing recommended and approved strength and conditioning programmes for Bishops College. Furthermore, the duties include implementing both gym and field-based conditioning, conducting Grade 8 and 9 physical literacy sessions, and assisting with gym management. Accommodation is available as a stooge with applicable duties.

#### **Skills:**

- Excellent verbal and written communication skills
- Excellent computer skills (MS Word, Excel, PowerPoint, and Outlook)
- Excellent interpersonal skills
- The ability to work effectively as part of a multi-disciplinary team and independently.
- Strong admin and excellent time management skills.
- Active supervision skills
- Inclusive learning – create unique, captivating lessons.

#### **Minimum Job Requirements**

- A relevant degree or advanced qualification in Strength and Conditioning with an interest in studying

towards a PGCE.

- Previous experience in working with young children is advantageous.
- Passion for physical activity, fundamental movement skills, and sports, as well as a commitment to promoting holistic learner development.

**Interested applicants should complete this [form](#) and email a short CV, along with a cover letter, in ONE PDF format to Chris Ekron at [cekron@bishops.org.za](mailto:cekron@bishops.org.za) by 25 September 2025.**

**Please use the reference *College Intern Strength and Conditioning* and your name in the subject line.**

**Only short-listed contacts will be contacted by 29 September 2025.  
[www.bishops.org.za](http://www.bishops.org.za)**

Bishops, in line with POPIA (Protection of Personal Information Act) will attempt to ensure the confidentiality of all applicants for this role. All reasonable measures will be in place to protect personal information but will be used in the recruitment, selection, and reporting process. By submitting your application for this position, you are recognising and accepting this disclaimer.

*Bishops is committed to transformation. In accordance with our Employment Equity Plan, preference shall be given, but not limited to, candidates from the designated groups.*