

Dear Parents

The use of mouthguard is compulsory for rugby and hockey. We are once again at the stage where these need to be sorted before the winter season. There are four easily accessible options for Bishops parents.

1. OPRO Bishops branded self-fit mouthguard

- The OPRO mouthguard is a technically advanced mouthguard, offering a unique personalised fit and patented Power-Cage technology.
- At the School Shop ranging from **R250.00 – R400.00**

For more information, please contact the School Shop directly or info@schoolshop.co.za

2. MAX mouthguard:

- MAX Mouthguards is a Custom-fit mouthguard with a 1-year Limited Dental Warranty.
- You pay **R980.00** (Full Retail Price R2000 - 51% Discount). Don't forget your spare for **R490.00**.
- **Order on our website** <https://maxmouthguards.co.za/product/bishops-preparatory-school/>
- using discount code **bps**.
- Phone 021 683 0273 / 082 076 6222 to make an impression appointment at our lab in Observatory
- You will be notified when to collect your mouthguard.

Impressions for mouthguards will be taken on:

Wednesday 4th February 12:30 – 14:30, Jagger Hall (Grade 3)

Thursday 5th February 12:30 – 14:30, Jagger Hall (Grade 6 & 7)

Tuesday 10th February 12:30 – 14:30, Jagger Hall (Grade 4 & 5)

3. JME Mouth Guards

At Bishops the use of mouthguards is compulsory for participation in hockey and rugby to assist in the prevention of tooth damage as well as concussion. Our supplier, Jeanne-Marie Engelbrecht also produces mouthguards for Somerset House, Somerset College and Paul Roos Gymnasium, amongst others. The mouthguards are custom fitted, with individually chosen colours and provided in hygienic carrying cases.

Costs

Cost for single colour: R740.00 (normal & braces)

Cost for 2-colour (Blue & White only): R850 (normal & braces)

(2nd Mouthguard in single colour for R540.00 if on the same order)

Impressions for mouthguards will be taken:

Please complete the Order Form: [JME MOUTHGUARD ORDER FORM 2026 \(This is not a MAX Mouthguard\) – Fill out form](#)

Wednesday 4th February 12:30 – 14:30, Jagger Hall (Grade 3)

Thursday 5th February 12:30 – 14:30, Jagger Hall (Grade 6 & 7)

Tuesday 10th February 12:30 – 14:30, Jagger Hall (Grade 4 & 5)

Collection: 2nd March 2026 between 12:30 - 14:30 (Sports Office)

Payment in advance by EFT.

Bank: CAPITEC

Branch No: 470010

Account: Savings a/c No: 115 689 0312

Payment Reference: DCJ – “Surname, Initial” (payment confirmation via email: jmemouthguards@gmail.com)

If you have any queries, please contact Jeanne-Marie Engelbrecht 083 997 2097.

Proof of payment to accompany each learner when impression is taken. No impressions will be taken without proof of payment.

4. Own Dental Practice

You can also order a mouthguard through your own dentist.

Kind regards,

Jamie Southgate

Prep Sports Coordinator