



Dear Parents

Our existing Term 1 extracurricular activities, except for paid extra-murals such as judo and fencing, will change to a revised schedule from Monday, 9th March, to prepare the boys for rugby and hockey. Specific details surrounding Rugby, Hockey & SPW will be shared in the weekly newsletter. Here's the schedule:

**Friday, 6<sup>th</sup> March:**

07h30: Normal Day (Boys to arrive in House shirts, sports kit and packed swimming togs)

08h00: Test Period

09h30: Inter-House Tug-of War

11h00: Inter House Relay Gala (House Directors will inform boys of who will be swimming)

12h55: School day ends (Extra-Murals to continue as normal)

**Saturday 7<sup>th</sup> March:**

08h00: Cricket Fixtures vs Rondebosch (refer to MyBishopsLife)

17h00: All Term 1 Extra-Murals Finish

**Monday, 9th March:**

13h15 – 15h00: U9 SPW Testing at Rossall Field (All Boys to wear Phys Ed Kit)

14h30 – 16h15: Rugby (U10 & U11) at Lutgensvale

14h30 – 16h00: Hockey (U12 & U13) at Woodlands

**Tuesday, 10th March:**

14h15 – 16h00: U9 Rugby at Avenue Field

14h30 – 16h15: Rugby (U12 & U13) at Lutgensvale

14h30 – 16h00: Hockey (U10 & U11) at Woodlands

**Wednesday, 11th March:**

14h15 – 16h00: U9 Hockey at Stanmore & Rossall

14h30 – 16h15: Rugby (U10 & U11) at Lutgensvale

14h30 – 16h00: Hockey (U12 & U13) at Woodlands

**Thursday, 12th March:**

14h15 – 16h00: U9 Rugby at Avenue Field

14h30 – 16h15: Rugby (U12 & U13) at Lutgensvale

14h30 – 16h00: Hockey (U10 & U11) at Woodlands

**Saturday, 14th March:**

08h00 – 10h00: U9-U13 Rugby Practice

10h00 – 10h30: Age Group Rugby Parent Meetings

(u9 – Rossall, u10 – u13 Lutgensvale)

**Monday, 16th March:**

13h15 – 14h30: U9 Hockey at Woodlands

14h00 – 16h00: U10 SPW Testing at Rossall Field (All Boys to wear Phys Ed Kit)

14h30 – 16h15: U11 Rugby at Lutgensvale

14h30 – 16h00: Hockey (U12 & U13) at Woodlands

*Inspires Individuals*



**Tuesday, 17th March:**

- 14h15 – 16h00: U9 Rugby at Avenue Field
- 14h00 – 16h00: U11 SPW Testing at Rossall Field (All Boys to wear Phys Ed Kit)
- 14h30 – 16h15: Rugby (U12 & U13) at Lutgensvale
- 14h30 – 16h00: U10 Hockey at Woodlands

**Wednesday, 18th March:**

- 14h15 – 16h00: U9 Hockey at Stanmore & Rossall
- 14h00 – 16h00: U12 SPW Testing at Rossall Field (All Boys to wear Phys Ed Kit)
- 14h30 – 16h15: Rugby (U10 & U11) at Lutgensvale
- 14h30 – 16h00: U13 Hockey at Woodlands

**Thursday, 19th March:**

- 14h15 – 16h00: U9 Rugby at Avenue Field
- 14h30 – 16h15: Rugby (U12 & U13) at Lutgensvale
- 14h30 – 16h00: Hockey (U10 & U11) at Woodlands

**KIT REQUIREMENTS LIST**

<b>HOCKEY</b>	<b>RUGBY</b>
Blue shorts	Blue Rugby shorts
Hockey shirt <i>Phys Ed Whites – Practice</i> <i>Blue Shirt – Match</i>	Rugby Jersey <i>Rugby Shirt – Match</i>
White takkies	U9 No boots (barefoot) (boys to walk to field and practices wearing white takkies)  U10 – U13 Predominantly black boots
Hockey blue socks	Mouthguard <b>(boys will NOT be allowed to play without one)</b>
Shin guards <b>(boys will NOT be allowed to play without them)</b>	
Gum guard <b>(boys will NOT be allowed to play without one)</b>	
Hockey stick	

We look forward to a successful transition to the rugby and hockey season.  
Boys will be walked to their practice venues after school and may be collected from them after the session.  
These practices will be loaded onto our online platforms.

Kind regards  
Jamie Southgate