

BISHOPS PREP SPORTS DAY: 2026

Order of Events

1.	8:50	400m u9	Record: R. Piorkowski	2016	1:14,5
2.	8:55	800m u10	Record: L. Alexander	1999	2:41,8
3.	9:00	800m u11	Record: J. Buchanan	2013	2:34,0
4.	9:05	800m u12	Record: N. Koster	2001	2:29,9
5.	9:10	800m u13	Record: N. Koster	2002	2:20,3

6.	8:40	Shot Put u13: site A	Record: L. Da Graca	2010	10,64m
7.	8:40	Ball Throw u10	Record: R. Pfaff	2022	49,73m
8.	8:40	High Jump u13: site A	Record: M. Nel	2002	1,65m
9.	8:40	Long Jump u12: site A	Record: M. Nel	2001	4,72m
10.	8:40	High Jump u11: site B	Record: T. Walsh	2016	1,37m
11.	8:40	Long Jump u10: site B	Record: B. Koenig	2017	4,25m

12.	9:25 9:30	100m u9 Races with Friends 100m u9 Championship Race	Record: A. Sylvester	1983	14,5
13.	9:35 9:40	100m u10 Races with Friends 100m u10 Championship Race	Record: M. Bayly A. Sylvester B Alheit	1975 1984 1999	14,2 14,2 14,2
14.	9:45 9:50	100m u11 Races with Friends 100m u11 Championship Race	Record: A. Collins	1979	13,4
15.	9:55 10:00	100m u12 Races with Friends 100m u12 Championship Race	Record: M. Bayly A. Sylvester	1977 1986	13,2 13,2
16.	10:05 10:10	100m u13 Races with Friends 100m u13 Championship Race	Record: M. Nel	2002	12,3

17.	10:15	Shot Put u12: site B	Record:	M. Ledwidge	1999	10,71m
18.	10:15	Long Jump u13: site A	Record:	M. Nel	2002	5,34m
19.	10:15	High Jump u12: site A	Record:	M. Nel	2001	1,50m
20.	10:15	Long Jump u11: site B	Record:	P. Stephens	1973	4,57m
21.	10:15	Shot Put u11: site A	Record:	J. Gush	2006	9,81m
22.	10:15	High Jump u10: site B	Record:	M. Nel	1999	1,27m

10:15 - 10:30 TRACK BREAK

23.	10:30	400m u12	Record:	M. Simpson	1988	64,9
24.	10:35	400m u13	Record:	P. Todd	1982	58,6

25.	10:40	200m u10	Record:	B. Alheit	1999	30,4
26.	10:44	200m u11	Record: :	P. Stephens J. Buchanan	1973 2013	28,9 28,9
27.	10:48	200m u12	Record:	B. Alheit	2001	28,3
28.	10:52	200m u13	Record:	P. Todd	1982	26,5

29.	11:00	75m u6	Record:	T. Curriere	1992	13,3
30.	11:04	75m u7	Record:	R. Goodwin	2006	11,8
31.	11:08	75m u8	Record:	B. Alheit	1997	11,4

32.	11:30	4 x 100m u10 L1 C L3 vdB L5 By L7 Bk	Record:	Brooke	1998	62,8
33.	11:35	4 x 100m u11 L1 Bk L3 C L5 vdB L7 By	Record:	Birt	1979	57,4
34.	11:40	4 x 100m u12 L1 By L3 Bk L5 C L7 vdB	Record:	Van der Bijl	2001	57,5
35.	11:45	4 X 100m u13 L1 vdB L3 By L5 Bk L7 C	Record:	Birt	1981	55,1