

Substitute Meals

Please pack substitute meals in 3 different containers/ cooler bags for each of your son's three base camps: Sanddrif/ Jamaka/ E'fontein/ Waterbase

Please indicate, with stickers on each meal, the base camp, which meal it is and what day it is for:

e.g.

Sanddrif

Lunch

Day 1

When you contact me, I will send you the menus for the bases.

2025	WATERBASE	SANDDRIF	ELIZABETHFONTEIN	JAMAKA	HIKING	HIKING
18-21 Nov	Sneeuberg	Tafelberg	Krakadouw		Apex	Wolfberg
21-24 Nov	Apex	Wolfberg	Sneeuberg		Tafelberg	Krakadouw
24-27 Nov	Tafelberg	Krakadouw	Apex		Wolfberg	Sneeuberg
27-30 Nov	Wolfberg	Sneeuberg		Tafelberg	Apex	Krakadouw
30-3 Dec	Krakadouw	Apex		Wolfberg	Sneeuberg	Tafelberg
Last Night	Krakadouw	Apex		Wolfberg		
		Tafelberg		Sneeuberg		