Substitute Meals

Please pack substitute meals in 3 different containers/ cooler bags for each of your son's three base camps: Sanddrif/ E'fontein/ Waterbase

Please indicate, with stickers on each meal, the base camp, which meal it is and what day it is for:

e.g.
Sanddrif
Lunch
Day 1

When you contact me, I will send you the menus for the bases.

ROTATIONS								
Rotations	**2026**	**Waterbase**	**EF**	**Jamaka**	**Sanddrif**	**Hike**	**Hike**	**Rotations**
1	**17-20 Nov**	SB	KR		TB	WB	AP	**1**
2	**20-23 Nov**	AP	SB		WB	KR	TB	**2**
3	**23-26 Nov**	TB	AP		KR	SB	**WB**	**3**
4	**26-29 Nov**	WB	TB		SB	**KR**	**AP**	**4**
5	**29-2 Dec**	KR	WB		AP	**TB**	**SB**	**5**
Last Night		Krakadouw		Tafelberg	Apex			**Last Night**
Last Night				Wolfberg	Sneeu			**Last Night**

Groups
AP – Apex
KR – Krakadouw
SB – Sneeuberg
TB – Tafelberg
WB - Wolfberg